## **Department of Psychology**

Academic year 2020. / 2021.

## **Studies**

# University undergraduate single major study Psychology

#### 1. semester

#### **Mandatory courses**

95301	Biological psychology I	7	45/0/30
35826	Introduction to methodology of experimental psychology	4	30/0/0
35829	Perception and memory	6	45/15/0
39622	Physical Education 1	0	0/0/30
35825	Psychology as a science and profession	1	15/0/0
35827	Statistics in psychology I	6	30/0/30
Foreign la	nguage for special purposes - choose one foreign language (4024)		
53322	English for Psychology 1	2	0/0/30
			0, 0, 0
78163	French for Academic Purposes 1	2	0/0/30
	French for Academic Purposes 1 German for Academic Purposes 1	2 2	
	*	2 2 2	0/0/30
78162	German for Academic Purposes 1	2 2 2 2	0/0/30 0/0/30
78162 78165	German for Academic Purposes 1 Italian for Academic Purposes 1	2 2 2 2 2 2	0/0/30 0/0/30 0/0/30

Elective courses - during course of study choose a min. of 34 ECTS credits among elective courses - Students should have at least 34 ECTS credits from elective courses in the course of undergraduate study (11800)

#### **Courses from this department**

46815	Communication skills	5	30/0/30
42429	Community work	2	0/0/60
36854	Information resources and literature search in psychology	2	0/0/15
36853	Measuring techniques in psychology	3	15/0/15
52602	Personality theories	4	15/30/0
51227	Psychology of pain	3	30/0/0
80915	Psychology of sex and gender	4	30/15/0
95304	Self-concept and self-presentation	4	30/15/0
36858	Tehnology and sustainable development	3	30/0/0

#### **Courses from other departments**

#### **Mandatory courses**

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35831	Biological psychology II	6	45/15/0
35832	Learning and higher cognitive processes	6	30/30/0
39624	Physical Education 2	0	0/0/30
35833	Practicum in psychology I	7	0/0/75
35830	Statistics in psychology II	6	30/0/30
Foreign la	nguage for special purposes - choose same language as in 1st semester (4025)		
53323	English for Psychology 2	2	0/0/30
78175	French for Academic Purposes 2	2	0/0/30
78174			
	German for Academic Purposes 2	2	0/0/30
78181	German for Academic Purposes 2 Italian for Academic Purposes 2	2 2	0/0/30 0/0/30
78181 78182	<u> </u>	2 2 2	

Elective courses - during course of study choose a min. of 34 ECTS credits among elective courses - Students should have at least 34 ECTS credits from elective courses in the course of undergraduate study (11800)

0/0/30

#### Courses from this department

78180 Spanish for Academic Purposes 2

36855	Accademic reading and writing	4	30/15/0
42429	Community work	2	0/0/60
36856	Fundamentals of biology	3	30/0/0
58503	Health care of preschool children	4	15/15/0
52607	Introduction to cross-cultural psychology	4	30/15/0
132496	Psychology of language	4	30/15/0
77850	Psychology of music	4	30/15/0
51236	Psychology of religion	3	30/0/0
52609	Psychology of trauma	4	30/15/0
36858	Tehnology and sustainable development	3	30/0/0
131594	Use of computers in data analysis	5	15/0/45

#### **Courses from other departments**

#### **Mandatory courses**

51222	Emotion and motivation	7	45/30/0
51224	Introduction to developmental psychology	6	30/15/15
50927	Physical Education 3	0	0/0/30
186864	Practicum in psychology II	7	0/0/75

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#### Courses from this department

46815	Communication skills	5	30/0/30
42429	Community work	2	0/0/60
36854	Information resources and literature search in psychology	2	0/0/15
36853	Measuring techniques in psychology	3	15/0/15
52602	Personality theories	4	15/30/0
51227	Psychology of pain	3	30/0/0
80915	Psychology of sex and gender	4	30/15/0
95304	Self-concept and self-presentation	4	30/15/0
36858	Tehnology and sustainable development	3	30/0/0

### **Courses from other departments**

#### **Mandatory courses**

51232	Child and adolescent psychology	6	30/15/15
51231	Introduction to test theory	6	30/0/30
50932	Physical Education 4	0	0/0/30
51230	Psychology of Personality	7	45/30/0
51233	Social perception and attitudes	6	30/15/15

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### Courses from this department

36855	Accademic reading and writing	4	30/15/0
42429	Community work	2	0/0/60
36856	Fundamentals of biology	3	30/0/0
58503	Health care of preschool children	4	15/15/0
52607	Introduction to cross-cultural psychology	4	30/15/0
132496	Psychology of language	4	30/15/0
77850	Psychology of music	4	30/15/0
51236	Psychology of religion	3	30/0/0
52609	Psychology of trauma	4	30/15/0
36858	Tehnology and sustainable development	3	30/0/0
131594	Use of computers in data analysis	5	15/0/45

#### Courses from other departments

#### **Mandatory courses**

52595	Interpersonal and intragroup relations	6	30/15/15
52604	Introduction to clinical psychology	4	30/0/0
52594	Psychology of adulthood and aging	5	30/15/0
97279	Quantitative test interpretation	6	30/0/30

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#### Courses from this department

46815	Communication skills	5	30/0/30
42429	Community work	2	0/0/60
36854	Information resources and literature search in psychology	2	0/0/15
36853	Measuring techniques in psychology	3	15/0/15
52602	Personality theories	4	15/30/0
51227	Psychology of pain	3	30/0/0
80915	Psychology of sex and gender	4	30/15/0
95304	Self-concept and self-presentation	4	30/15/0
36858	Tehnology and sustainable development	3	30/0/0

### **Courses from other departments**

#### **Mandatory courses**

52597	History of psychology and psychological systems	4	15/15/0
131499	Intelligence	4	30/0/0
52596	Introduction to Psychopatology	4	30/0/0
52605	Introduction to school and preschool psychology	4	15/0/15
52606	Introduction to work psychology	5	30/0/15
215558	Non-experimental methods in psychology	6	30/15/15

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#### Courses from this department

36855	Accademic reading and writing	4	30/15/0
42429	Community work	2	0/0/60
36856	Fundamentals of biology	3	30/0/0
58503	Health care of preschool children	4	15/15/0
52607	Introduction to cross-cultural psychology	4	30/15/0
132496	Psychology of language	4	30/15/0
77850	Psychology of music	4	30/15/0
51236	Psychology of religion	3	30/0/0
52609	Psychology of trauma	4	30/15/0
36858	Tehnology and sustainable development	3	30/0/0
131594	Use of computers in data analysis	5	15/0/45

#### Courses from other departments

## University graduate single major study Psychology

#### 1. semester

#### **Mandatory courses**

117742	Clinical assessment of psychological disorders	7	30/30/30
117744	Educational psychology: learning and teaching	5	30/0/30
117743	Motivation and work behavior	6	30/15/15
117745	Psychometrics	5	30/0/30

## Practice and Participation in research - take both courses during course of study - choose both courses during course of study (12448)

198864	Participation in research	2	0/0/60
124471	Practice	6	0/0/75

Elective courses - during course of study choose a min. of 33 ECTS credits - choose a min. of 33 ECTS credits during course of study (10709)

#### Courses from this department

118179	Basic counselling skills	5	30/0/30
184952	Career management	6	30/0/45
142658	Cognitive training and rehabilitation	5	30/15/15
42429	Community work	2	0/0/60
184951	Computer use in psychology	3	15/0/15
142680	Consumer psychology	5	30/30/0
198882	Multivariate methods: models of dimensionality	5	30/15/15
125499	Organizational psychology	6	45/0/30
118176	Practicum in methodology of teaching	6	0/0/60
198911	Prevention and Promotion in Mental Health	5	30/30/0
118183	Psychology of parenting	6	45/30/0
131607	Psychology of sexuality	5	30/0/30
184949	Structural equation modeling	5	30/0/30
142704	Theory and practice of vocational guidance	4	30/0/15

#### **Courses from other departments**

#### **Mandatory courses**

124473	Educational psychology: motivational and social factors	6	30/15/15
186888	Practicum in psychology III	7	15/0/60
124470	Selecting and developing employees	7	30/0/45

## Practice and Participation in research - take both courses during course of study - choose both courses during course of study (12448)

198864	Participation in research	2	0/0/60
124471	Practice	6	0/0/75

## Elective courses - during course of study choose a min. of 33 ECTS credits - choose a min. of 33 ECTS credits during course of study (10709)

#### Courses from this department

118179	Basic counselling skills	5	30/0/30
42429	Community work	2	0/0/60
125493	Current issues in work psychology	5	30/0/30
184950	Enterprenurial skills	6	30/0/45
125494	Group treatment	5	30/0/30
125504	Health psychology	5	30/0/30
125497	Methodology of teaching psychology	5	30/30/0
125503	Military psychology	3	30/0/0
142661	Movies and mental illness	4	15/30/0
198884	Multivariate methods: prediction and classification models	5	30/15/15
160825	Psychodiagnostic methods	5	30/15/15
160756	Psychological assessment of children	5	30/15/15
118181	Psychological disorders - theories and diagnostic procedures	5	30/0/30
198863	Summer school of psychology	5	0/30/45

#### Courses from other departments

#### **Mandatory courses**

117741	Ethics in psychological research and practice	2	30/0/0
124472	Personality assessment	4	15/0/30
117746	Psychotherapy schools	4	30/0/0
117747	Social identity and intergroup relations	6	30/15/15

## Practice and Participation in research - take both courses during course of study - choose both courses during course of study (12448)

198864	Participation in research	2	0/0/60
124471	Practice	6	0/0/75

## Elective courses - during course of study choose a min. of 33 ECTS credits - choose a min. of 33 ECTS credits during course of study (10709)

#### Courses from this department

118179	Basic counselling skills	5	30/0/30
184952	Career management	6	30/0/45
142658	Cognitive training and rehabilitation	5	30/15/15
42429	Community work	2	0/0/60
184951	Computer use in psychology	3	15/0/15
142680	Consumer psychology	5	30/30/0
198882	Multivariate methods: models of dimensionality	5	30/15/15
125499	Organizational psychology	6	45/0/30
118176	Practicum in methodology of teaching	6	0/0/60
198911	Prevention and Promotion in Mental Health	5	30/30/0
118183	Psychology of parenting	6	45/30/0
131607	Psychology of sexuality	5	30/0/30
184949	Structural equation modeling	5	30/0/30
142704	Theory and practice of vocational guidance	4	30/0/15

#### Courses from other departments

#### **Mandatory courses**

127524	Graduation thesis	15	0/0/0
124468	Individual work with the mentor	5	0/0/30

## Practice and Participation in research - take both courses during course of study - choose both courses during course of study (12448)

198864	Participation in research	2	0/0/60
124471	Practice	6	0/0/75

Elective courses - during course of study choose a min. of 33 ECTS credits - choose a min. of 33 ECTS credits during course of study (10709)

#### Courses from this department

118179	Basic counselling skills	5	30/0/30
42429	Community work	2	0/0/60
125493	Current issues in work psychology	5	30/0/30
184950	Enterprenurial skills	6	30/0/45
125494	Group treatment	5	30/0/30
125504	Health psychology	5	30/0/30
125497	Methodology of teaching psychology	5	30/30/0
125503	Military psychology	3	30/0/0
142661	Movies and mental illness	4	15/30/0
198884	Multivariate methods: prediction and classification models	5	30/15/15
160825	Psychodiagnostic methods	5	30/15/15
160756	Psychological assessment of children	5	30/15/15
118181	Psychological disorders - theories and diagnostic procedures	5	30/0/30
198863	Summer school of psychology	5	0/30/45

#### Courses from other departments

## Courses

## Accademic reading and writing

Name Accademic reading and writing

Organizational unit Department of Psychology

ECTS credits 4

ID 36855 Semesters Summer

**Teachers** Anita Peti Stantić, PhD, Full Professor (primary)

Hours Lectures 30

Seminar 15

Prerequisites None

Goal

**Teaching methods** 

**Assessment methods** 

#### Learning outcomes

- 1.
- 2.
- 3.
- 4.

- 1. Introduction
- 2. Croatian Language. Croatian Standard Language.
- 3. Public Language. Responsibility in Public Language.
- 4. Functional Styles in Standard Language.
- 5. Scientific Functional Style. Instructions for Writing a Biobliography
- 6. Academic Vocabulary. Spoken and Written
- 7. Review of a Popular Science Book Following the Instructions
- 8. Writing a biography. Excercise in Critical Reading and Writing
- 9. Writing a Motivation Letter.
- 10. Oral excercise: Public Presentation
- 11. Oral excercise: Public Presentation
- 12. Revision of the Presentation of a Popular Science Book
- 13. Open Topics
- 14. Open Topics
- 15. Final Grading

### **Basic counselling skills**

Name Basic counselling skills
Organizational unit Department of Psychology

ECTS credits 5

**ID** 118179

**Semesters** Winter, summer

**Teachers** Lidija Arambašić, PhD, Full Professor (primary)

Hours Lectures 30

Practicum 30

**Prerequisites**To enrol course it is necessary to pass course Communication skills

Goal Students will be able to explain the factors that make it difficult / easier to establish

a relationship between the counselor and the client. They will recognize their own characteristics that can make them (un) successful counselors. They will be able to recognize the signs of the client and their own resistance in the counseling process and the ways in which the client checks whether he can trust the counselor. They will be able to apply the basic communication skills needed in the counseling process: understanding verbal communication, recognizing signs of nonverbal communication, actively listening and asking questions. They will be able to list

and describe the individual stages of the counseling process.

Teaching methods Lectures, discussions, exercises

Assessment methods Checking the acquisition of skills is carried out during classes through

demonstration exercises and role-playing. Assessment of knowledge, attitudes and beliefs about the counseling process is carried out during classes through discussions and demonstration exercises, written (homework) assignments and a

written exam after the subject.

#### Learning outcomes

- 1. Describe the factors that make it difficult / easier to establish a relationship between the counselor and the client.
- 2. Identify their own traits that can make them (un) successful counselors
- 3. Recognize the signs of clients and their own resistance in the counseling process
- 4. Identify ways in which the client checks to see if the counselor can be trusted Demonstrate basic communication skills needed in the counseling process: understanding verbal communication, recognizing signs of nonverbal communication, silence, active listening and asking questions
  - Distinguish individual stages of the counseling process
- 5. Demonstrate basic communication skills needed in the counseling process: understanding verbal communication, recognizing signs of nonverbal communication, silence, active listening and asking questions
- Distinguish individual stages of the counseling process

- 1. Definition of psychological counseling.
- 2. Difference to psychotherapy.
- Objectives and outcomes of counseling.
- 4. Prerequisites for successful counseling.
- 5. Difficulties in establishing a counselor-client relationship.
- 6. Counselor characteristics important for the counseling process.
- 7. Client trust in counselor.
- 8. Client resistance.
- 9. Basic communication skills in the counseling process.

- 10. Verbal and nonverbal communication
- 11. Listening skills, active listening, questioning
  12. Problems assessment
  13. Phase of setting goals
  14. Intervention phase

- 15. Ending of counseling

### Biological psychology I

Name Biological psychology I

Organizational unit Department of Psychology

ECTS credits 7

ID 95301 Semesters Winter

**Teachers** Ivana Hromatko, PhD, Associate Professor (primary)

Svjetlana Salkičević, Scientific Novice

**Hours** Lectures 45

Laboratory exercise 30

Prerequisites None

Goal Introduce students to the biological basis of mental processes and behaviors, while

mastering basic knowledge of neuroanatomy, neurophysiology and

neurochemistry.

**Teaching methods** Lectures, practicum exercises, blended e-learning, independent assignments,

multimedia and networking, consultations.

**Assessment methods** Teachers continuously monitor students' work. The acquisition of competencies

for recognizing, describing and comparing methodological approaches in the research of biological bases of behavior, structural elements of nerve cells and synapses, neurotransmitters, basic parts of the nervous system, different regions of the cerebral cortex is monitored through the exit checks at the end of each laboratory exercise. The ability to integrate knowledge about the structure and function of the nervous system and to interpret the biological basis of certain forms

of behavior is tested through colloquia and / or a written exam.

#### Learning outcomes

- 1. Describe the structure and explain the function of the synapse
- 2. List and compare the main groups of neurotransmitters
- 3. Describe the parts of the nervous system, their function and the consequences of their dysfunction
- 4. Analyze and compare the functions of different cortical systems
- 5. Differentiate between the consequences of damage to different regions of the cerebral cortex
- 6. Integrate contemporary knowledge about the structure and function of the cerebral cortex
- 7. Explain the importance of understanding biological processes underlying various complex human behaviors
- 8. Describe and compare different methods used in researching the biological basis of behavior
- 9. Describe the structure of a nerve cell and explain the process of nerve excitation

- 1. Biological psychology as part of neuroscience. Subject and methods of biological psychology.
- 2. Nerve cell: structure, function, division. Glia cells: types and function.
- 3. Nervous excitation: membrane potential, formation of action potential, ionic basis of action potential, expansion.
- 4. Synapse: synapse structure, types of synapses, chemical transmission of nerve impulses.
- 5. Neurotransmitters: division, principles of action.
- 6. Basic division of the nervous system: central and peripheral, somatic and autonomic. Phylogenetic and ontogenetic development of the nervous system.
- 7. Spinal cord structure, division, pathways.
- 8. Brain stem. Cerebellum.
- 9. The cerebrum. The structure of the cerebral cortex. Principles of neocortical organization.
- 10. Visual system.
- 11. Hearing, taste, olfactory and somatosensory systems.

- General principles of the function of sensory systems.
   Motor systems: pyramidal and extrapyramidal system.
   Associative areas of the cerebral cortex.
   Synthesis of recent findings about the function of the cerebral cortex.

## Biological psychology II

Name Biological psychology II

Organizational unit Department of Psychology

ECTS credits 6
ID 35831
Semesters Summer

Teachers Ivana Hromatko, PhD, Associate Professor (primary)

**Hours** Lectures 45 Seminar 15

Prerequisites To enroll course it is necessary to pass course Biological psychology I

Goal Connecting different forms of experience and behavior with their biological

substrate, namely underlying nervous and endocrine processes. Introduce students to the biological basis of motivation, emotions, biological rhythms, wakefulness

and sleep, memory, attention and disorders of these processes.

**Teaching methods** Lectures, seminars and workshops, blended e-learning, independent assignments,

multimedia and networking, consultations.

**Assessment methods** Through a series of seminars based on recent empirical research, we evaluate

students' competencies to analyze and critically assess methodological, theoretical and ethical aspects of research into the biological basis of experience and behavior. Through colloquia and / or a written exam, we test whether students can explain the biological basis of certain forms of behavior, or connect certain forms of

behavior with neurophysiological and neurohormonal processes.

#### Learning outcomes

- 1. Describe and explain the structure and function of the autonomic nervous system, limbic system and endocrine system and their role in mental processes.
- 2. Describe and explain the functioning of different regulatory systems in the body (homeostasis, regulation of body temperature, feeding, drinking, biological rhythms and sleep)
- 3. Describe and explain the processes of sexual differentiation and the biological basis of sexual behavior
- 4. Describe and explain the biological basis of emotion
- 5. Describe and explain the biological basis of learning and memory
- 6. Explain the concept of brain lateralization and describe the methods of its study
- 7. Describe the neurophysiological basis of speech comprehension and production and speech dysfunction
- 8. Analyze papers in the field of biological psychology
- 9. Assess the extent to which certain behaviors can be explained by known biological factors

- 1. Autonomic nervous system: structure and function of the sympathetic and parasympathetic nervous systems. Hypothalamus.
- 2. Limbic system: structure and basic functions.
- 3. Endocrine system: glands and their function and the consequences of their dysfunction, the interaction of the endocrine and nervous systems.
- 4. Biotic needs. Thermoregulation.
- 5. Regulation of feeding and drinking. Disorders.
- 6. Gender differentiation and sexual needs.
- 7. Biological rhythms neural mechanisms of cyclic alternation of wakefulness and sleep.
- 8. Sleep: slow and REM sleep, sleep theories, sleep disorders.
- 9. Emotions: peripheral changes, central structures involved in emotion regulation, emotion theories.
- 10. Areas of positive and negative reinforcement.
- 11. Attention and awareness.
- 12. Learning and memory: neurophysiological basis of sensory, short-term and long-term memory

- The role of certain parts of the nervous system in learning and memory, memory disorders. 13.
- Lateralization of cerebral hemisphere functions: methods of lateralization examination and basic findings.

  Speech neurophysiological basis of speech understanding and production, disorders of speech functioning.

### Career management

Name Career management

Organizational unit Department of Psychology

ECTS credits 6

ID 184952 Semesters Winter

**Teachers** Darja Maslić Seršić, PhD, Full Professor (primary)

Jasmina Tomas, PhD, Postdoctoral Researcher

Hours Lectures 30

Field exercises 45

Prerequisites None

Goal The aim of this course is to acquaint students with modern trends in the labor

market, to enable them to acquire the skills of successful management of their own careers and the skills of implementing interventions designed to increase the

employability of the unemployed.

**Teaching methods** Lectures, exercises, socially responsible learning method, field work, mentorship

Assessment methods Students earn ECTS by regularly attending classes, participating in exercises and

the final presentation of interventions conducted on marginalized unemployed people. Instead of the final exam, the student submits: (1) a personal career plan that includes practical tasks conducted in methodological exercises and a brief analysis of the results of applied self-assessment techniques; (2) a socially useful learning project report describing the experience of working with a person with difficulty in employability; analyzes the specific needs, obstacles and resources of career development of a specific group or individual; states and documents the

results of the intervention in the specific case.

#### Learning outcomes

- 1. Describe contemporary trends in the labor market and critically analyze their consequences on work motivation and people's well-being.
- 2. Compare and evaluate approaches in defining individual employability.
- 3. Using active job search skills and self-presentation skills in terms of career competences.
- 4. To identify negative consequences of (long-term) unemployment.
- 5. Identify and analyze needs of unemployed people and to identify career resources of various persons.
- 6. Create and implement interventions aimed at encouraging employability and employment of unemployed persons from marginalized groups.
- 7. Critically analyze social programs aimed at encouraging employability, especially of marginalized groups.

- 1. Long-term unemployment and social exclusion
- 2. Support for social inclusion and access to the labor market for marginalized groups
- 3. Terminology, concepts and theoretical background of socially responsible learning in higher education.
- 4. Methods of socially responsible learning, national and international cases
- 5. Challenges of the modern labor market: work mobility and flexibility, job insecurity. Traditional and contemporary career models.
- 6. Dispositional employability as an individual resource for career management. Psychosocial interventions for improving employability of unemployed persons.
- 7. Vocational identity development. Self-perception of one's own career development.
- 8. Career adaptability. Assessment of career adaptability with the aim to improve employability of unemployed person.
- 9. Career decision making. Career goals setting.

- 10. Career plan. Appling career plan in psychosocial interventions with unemployed persons.
- 11. Acquisition of social capital. Interventions intended to increase the social capital of unemployed persons.
- 12. Job search resources, predictors, strategies and outcomes. Creating CV and presenting to employers. Applying skills of CV creating in interventions with unemployed persons.
- 13. Job interview. Applying skills of job interview in interventions with unemployed persons.
- 14. Generic work competences work in team and team roles.
- 15. Work well-being.

### Child and adolescent psychology

Name Child and adolescent psychology

Organizational unit Department of Psychology

ECTS credits 6
ID 51232
Semesters Summer

**Teachers** Gordana Keresteš, PhD, Full Professor (primary)

Hours Lectures 30

Seminar 15 Practicum 15

**Prerequisites**To enroll course it is necessary to pass course Introduction to developmental

psychology

Goal To describe key changes in different areas of individual development, from

conception to adulthood, and explain mechanisms producing these changes.

**Teaching methods** Lectures, seminars, test demonstrations

**Assessment methods** During the semester, the quality of seminar presentation is evaluated, and

understanding of key topics and concepts is examined by two written exams. On the final written and oral exam, factual knowledge, critical evaluation of research findings, sensitivity to ethical issues in child and adolescent psychology, and application of knowledge about child and adolescent development is evaluated. The final grade consists of two components: seminar presentation (20%) and

written and oral exam (80%).

#### **Learning outcomes**

- 1. To describe typical characteristics, behaviors, and abilities of children and adolescents of different ages, as well as individual differences within the normal range
- 2. To analyze mechanisms causing developmental changes and contexts in which development occurs
- 3. To critically think about strengths and weaknesses of instruments for assessing abilities and behaviors of children and adolescents
- 4. To critically evaluate scientific literature in the field of child and adolescent psychology
- 5. To protect and promote children's rights and ethical standards in research and professional work with children and adolescents

- 1. Phases and risks of prenatal development
- 2. Birth and perinatal period.
- 3. Physical and motor development in infancy
- 4. Perceptive, cognitive and language development in infancy
- 5. Emotional and social development in infancy
- 6. Physical and motor development in early and middle childhood
- 7. Perceptive, cognitive and language development in early and middle childhood
- 8. Emotional and social development in early and middle childhood
- 9. Physical development in adolescence
- 10. Cognitive development in adolescence
- 11. Emotional and social development in adolescence
- 12. The basics of developmental psychopathology
- 13. Tests for examining early development
- 14. Tests for examining cognitive development in childhood and adolescence
- 15. Development and mental health of children and adolescents in crisis

## Clinical assessment of psychological disorders

Name Clinical assessment of psychological disorders

Organizational unit Department of Psychology

ECTS credits 7

ID 117742 Semesters Winter

Teachers Nataša Jokić-Begić, PhD, Full Professor (primary)

Tanja Jurin, PhD, Assistant Professor

Hours Lectures 30

Seminar 30 Practicum 30

Prerequisites None

Goal The aim of the course is to acquire competence in the implementation of clinical

processes and professional interpretation of findings obtained using psychodiagnostic techniques and instruments in individuals with mental disorders.

**Teaching methods** Lectures, seminars, exercises, observation in a psychiatric hospital, conducting

interviews and psychological assessment in the psychiatric hospital "St. John" in

Zagreb

Assessment methods The final grade represents the sum of points collected on the basis of attendance at

classes, activity and fulfillment of obligations at seminars, submitted and graded

five tasks and the final exam.

Percentages of points for individual elements in the calculation of the final grade:

1. Attendance at classes, activities and fulfillment of obligations at seminars 8%

2. Five (individual and group) mandatory works - 15%

3. Final exam - 76%

a. written part 50 points (70% of the total number of points required for passing) -

50% of the final exam

b. practical part - finding and opinion of a psychologist - 5% of the final exam

c. oral part of the exam - 45% of the final exam

#### Learning outcomes

- 1. Describe clinical pictures of various mental disorders
- 2. Identify and discuss problems in the classification and diagnosis of disorders.
- 3. Plan a clinical assessment process appropriate for a client with a mental disorder or disorder.
- 4. Conduct an interview for psychodiagnostic purposes and critically generate hypotheses about the client's current condition/problem.
- 5. Select, apply and professionally interpret appropriate psychodiagnostic instruments needed for psychological assessment
- 6. Write the findings and opinion of the clinical evaluation
- 7. Critically evaluate the application of psychodiagnostic instruments in clinical practice
- 8. Create a research design in clinical psychology
- 9. Know and apply ethical principles of working with people suffering from mental disorders through clinical assessment

#### Content

1. lectures: Introductory introduction to the course

Exercises: How are people suffering from mental disorders? - an exercise in evoking thoughts and feelings associated with states of emotional

2. lectures: Classification systems

exercises: Clinical assessment practice - interviewing

seminars: Interview in clinical assessment

3. lectures: Anxiety Disorders - Panic and Phobias

Exercises: Attending an interview in a psychiatric ward (in small groups) and a critical review of the interview

seminars: Observation in clinical assessment

4. lectures: Anxiety Disorders - PTSD and Acute Stress Disorder

exercises: Clinical assessment practice - observation

seminars: Generating hypotheses from interviews and observations

5. lectures: Anxiety disorders - GAD and OKP

Exercises: Attending interviews and observations in the psychiatric ward (in small groups) and a critical review of the observations

seminars: Intelligence concept, method of measurement (tests) and limitations

6. lectures: Somatoform and dissociative disorders

Exercises: Exercising Clinical Assessment - Attending Clinical Assessment in the Psychiatric Department and Discussing the Generation of Hypotheses Based on Clinical Assessmen

seminars: Assessment and measurement of other cognitive abilities

7. lectures: Mood disorders and suicide

exercises: Introduction to intelligence tests in clinical psychology and practice of applying tests seminars: Personality assessment - Objective personality questionnaires

8. lectures: Disorders that occur in women

exercises: Introduction to other tests of cognitive abilities in clinical psychology and practice of application of tests

seminars: Projective personality tests

9. lectures: Psychoorganic disorder

exercises: Introduction to personality questionnaires in clinical psychology and practice training seminars: Data integration obtained by different clinical assessment techniques

10. lectures: Schizophrenia

exercises: Self-completion of psychological tests and questionnaires

seminars: Writing opinions and findings of psychologists - the adoption of the concept, basic features, and parts of the findings

11. lectures: Addictions

exercises: Participation in the overall clinical assessment (in groups of 3 students) with clinical psychologists employed in psychiatric institutions with special emphasis on the selection and application of tests and questionnaires.

seminars: Writing opinions and findings - practicing terminology and writing findings independently

12. lectures: Personality disorders - division

exercises: Practice writing findings and opinions of psychologists.

seminars: Specifics of research in clinical psychology - introduction to the basic types of methodological designs in the field

13. lectures: Personality disorders - clusters

Exercises: Participation in all phases of clinical assessment in psychiatric wards with an emphasis on combining all knowledge and skills and practicing writing findings and opinions of psychologists seminars: Work on a specific research project

14. lectures: Disorders in childhood

Exercises: Discussion and selection of adequate methodology for selected research in the field of clinical psychology (in small groups)

seminars: presentations of research drafts in groups and discussion and critical review of each presented drafts.

15. lectures: Impulse control disorders

Exercises: Presentations of research projects in a clinical evaluation with discussion and critical review of the same

seminars: presentations of research drafts in groups and discussion and critical review of each presented draft.

## Cognitive training and rehabilitation

Name Cognitive training and rehabilitation

Organizational unit Department of Psychology

ECTS credits 5

ID 142658 Semesters Winter

**Teachers** Andrea Vranić, PhD, Associate Professor (primary)

Marina Martinčević, M.Sc., Assistant

Hours Lectures 30

Seminar 15 Practicum 15

Prerequisites None

**Goal** The broader aim of the course is to provide insight into the possibility of practical

application of cognitive psychology findings. The specific goal is to acquaint students with the possibilities of cognitive training and cognitive rehabilitation programs. After completing the course, students will be able to clearly describe and explain the interaction of cognitive and metacognitive factors in maintaining cognitive functionality in adulthood and old age. They will be able to recognize the importance of different cognitive empowerment programs and acquire fundamental knowledge for independent planning, development and evaluation

of these programs.

**Teaching methods** Lectures, field seminars, individual laboratory exercises

**Assessment methods** Student work is monitored via the implementation of individual field tasks

(participation in the training program, development of tasks adequate for the training of specific cognitive abilities, implementation of cognitive training with specific population) and individual laboratory exercises. At the end of the semester, students write a report (proposed training program) and participate in

the oral exam.

#### Learning outcomes

- 1. Evaluating psychosocial interventions with regard to the relevance of procedures and techniques used, the appropriateness of goals and the efficiency of outcomes.
- 2. Creating and developing services and products designed for clients/users, psychologists or other experts all founded on psychological theories and methods.
- 3. Identifying, designing, and implementing psychosocial interventions suitable for attainment of specific goals in environments relevant for specific situation.
- 4. Critically evaluating psychological findings in the context of social change and contributing creatively to the development of psychology in general and one's own work in particular.
- 5. Assessing and professionally interpreting findings about relevant characteristics of individuals, groups, and organizations with suitable methods (interviews, testing, observation etc.).
- 6. Communicating conclusions and recommendations to clients/users and experts in a clear and justified manner, by using adequate professional terminology both in Croatian and in a foreign language

- 1. Models of attention, memory and executive function
- 2. Cognitive plasticity (cognitive reserve and lifespan development)
- 3. Lifestyle factors (nutrition, sleep, living environment) and cognitive abilities.
- 4. Normative and nonnormative cognitive development

- 5. Traumatic brain injury (mechanisms of injury)
- 6. Dysexecutive syndrome
- 7. Cognitive rehabilitation, goal setting and impairment assessment
- 8. Rehabilitation of attention, memory and executive function
- 9. Cognitive training: possibilities and limits
- 10. Neural stimulation and cognitive training (tDCS)
- 11. Cognitive training with specific populations (children, elderly)
- 12. Multimodal trainings
- 13. Non-invasive brain stimulation
- 14. Analysis of results of working memory trainings
- 15. Maintenance effects and efficacy of rehabilitation programs

#### **Communication skills**

Name Communication skills

Organizational unit Department of Psychology

ECTS credits 5
ID 46815
Semesters Winter

**Teachers** Željka Kamenov, PhD, Full Professor (primary)

Aleksandra Huić, PhD, Assistant Professor

Jasmina Mehulić, Assistant

Hours Lectures 30

Exercises 30

Prerequisites None

Goal Students will be able to recognize and describe the fundamentals of successful

communication. They will also be able to efficiently apply skills and techniques needed to engage in successful communication with individuals, groups and in front of an audience. Finally, students will become acquainted with and learn how

to adhere to the rules of academic writing and presenting.

**Teaching methods** Interactive lectures

Group discussions and student interaction.

Seminars and practical work. Individual and group assignments.

**Assessment methods** written and oral exams

various individual assignments and a written seminar

#### Learning outcomes

- 1. Apply the principles of clear and direct verbal communication and recognize communication distortions and barriers in own and other's communication.
- 2. Able to argue their opinion.
- 3. Apply rules of synchronized conversation in interpersonal relations.
- 4. Express their needs assertively.
- 5. Describe the rules of active listening and apply them in interpersonal communication.
- 6. Individually write an academic seminar.
- 7. Plan, form and conduct a presentation in front of an audience.
- 8. Name principal rules of communication and discuss practical consequences of using these rules in interpersonal communication.
- 9. recognize nonverbal signs and interpret their meaning while communicating.

- 1. Information on the course requirements and student obligations. Communication skills in interpersonal relations with individuals.
- 2. Communication types and goals.
- 3. Elements of the communication process. Communication rules.
- 4. Non-verbal communication.
- 5. Verbal communication.
- 6. Argumentation.
- 7. Academic writing.
- 8. The importance of communication for interpersonal relations.
- 9. Barriers to communication.
- 10. Assertiveness.
- 11. Active listening.
- 12. Communication within small groups. Conducting group discussion. Debate.

- Introduction to presentation skills. Presentation preparations and structure. Creating and finishing the presentation
  Public speaking. Presenting in front of an audience 13.
- 15.

## **Community work**

Name Community work

Organizational unit Department of Psychology

ECTS credits 2

**ID** 42429

Semesters Winter, summer

**Teachers** Damir Ljubotina, PhD, Full Professor (primary)

**Hours** Field exercises 60

**Prerequisites** None

Goal

**Teaching methods** 

**Assessment methods** 

Learning outcomes

1.

2. 3.

4.

5.

### Computer use in psychology

Name Computer use in psychology
Organizational unit Department of Psychology

ECTS credits 3

ID 184951 Semesters Winter

**Teachers** Damir Ljubotina, PhD, Full Professor (primary)

Hours Lectures 15

Practicum 15

**Prerequisites** None

Goal Students will get acquainted with the use of information technologies in research

and applied psychology. Students will be able to search various sources of scientific information for their own, as well as to choose a suitable software

support.

**Teaching methods** 1 hour of lectures and 1 hour of practical work which include individual work on

the computer and demonstrations of computer use in psychology. Part of the lectures will be organized via web page including students' individual work and a

continuous observation of their activities.

Assessment methods Student grades will be based on in-class activity assessments, project

accomplishment, and final written exam.

#### **Learning outcomes**

1. Cite and critically evaluate the possibilities of computer and modern technology use in research and applied psychology

- 2. Describe the Possibilities of computer usage in psychodiagnostics and analyse the possibilities of using additional information available when using computers in testing
- 3. Describe the Possibilities of computer usage in psychological counselling and therapy, education and research
- 4. Evaluate different systems of online data collection and make a simple application for conducting a survey and identify methodological issues that can affect online data collection validity
- 5. Describe the possibilities and advantages of Computer use with disabled people
- 6. Describe the perspectives on using Expert systems and artificial intelligence in psychology

- 1. Computer use in psychodiagnostics: computers in testing, possibilities of stimulus administration, additional information available when using computers in testing and its psychometric value 1st part
- 2. Computer use in psychodiagnostics: computers in testing, possibilities of stimulus administration, additional information available when using computers in testing and its psychometric value 2nd part
- 3. Equivalence between classical and computerised tests
- 4. Computerised adaptive testing (CAT);
- 5. Surveys via computers: Use of information technology in conducting a survey (e.g., Limesurvey, SurveyMonkey, CATI), methodological issues in online research 1st part
- 6. Surveys via computers: Use of information technology in conducting a survey (e.g., Limesurvey, SurveyMonkey, CATI), methodological issues in online research 2nd part
- 7. Using computers in interviews and behavior analysis (digital trace)
- 8. Possibilities of computer usage in education and lectures (e-learning), programmed learning via computer, distance learning systems, Multimedia presentation; knowledge examination systems;
- 9. Computer use with disabled people; programmes for blind and partially sighted
- 10. Possibilities of computer and Internet use in counselling and psychotherapy
- 11. Use of computers in experiments;

- 12. Overview of specific applications for use in psychological research (psychometrics, Methodology,
- Expert systems and artificial intelligence; Specific psychological contents on the Web 13.
- 15. Perspective of further development of application of digital technology in psychology

### **Consumer psychology**

Name Consumer psychology
Organizational unit Department of Psychology

ECTS credits 5

ID 142680 Semesters Winter

Teachers Zvonimir Galić, PhD, Associate Professor (primary)

Nikola Erceg, Assistant

Hours Lectures 30

Seminar 30

Prerequisites None

Goal The aim of this course is: to get acquainted with the concept of consumer

behavior and its meaning for individuals and organizations; consider methods and techniques of consumer behavior research; get acquainted with the main psychological determinants of consumer behavior; consider the main influences on the consumer decision-making process and get acquainted with the models,

procedures and results of promotional activities

The purpose of this course is to acquaint students with another area of application of psychological knowledge and provide them with some basic knowledge that

will increase their practical professional usefulness after graduation.

**Teaching methods** Lectures and seminars

**Assessment methods** Students were evaluated on the basis of success in project assignments (30%),

activities in teaching and virtual seminar (20%) and success in the final test (40%).

#### Learning outcomes

- 1. To define consumer behavior and describe the importance of psychology in understanding it
- 2. To explain the main psychological determinants of consumer behavior
- 3. To describe the consumer decision-making process and list the factors that influence it
- 4. To demonstrate how social science methods are used in market research
- 5. to illustrate the application of psychological principles in promotional activities
- 6. to create a market research project

- 1. Definition of consumer behavior psychology
- 2. Perception and consumer behavior
- 3. Learning and memory and consumer behavior
- 4. Motivation and consumer behavior
- 5. Market research design 1
- 6. Market research design 2
- 7.
- 8. Personality, lifestyles and consumer behavior;
- 9. Group influence on consumer behavior
- 10. Consumer decision making
- 11. Psychological aspects of promotion
- 12. Designing a promotion 1
- 13. Designing a promotion 2
- 14. Brand management 1
- 15. Brand management 2

#### Current issues in work psychology

Name Current issues in work psychology

Organizational unit Department of Psychology

ECTS credits 5

ID 125493 Semesters Summer

**Teachers** Zvonimir Galić, PhD, Associate Professor (primary)

Hours Lectures 30

Practicum 30

Prerequisites None

Goal To introduce students to current and relevant problems in the field of work

psychology, approaches to their research and ways to solve them. Improve

students' professional and research competencies.

**Teaching methods** Lectures, e-learning, online virtual seminar.

Teaching is of the "seminar" type, combined through teamwork, individual work, joint meetings and an online virtual seminar, with maximum activity of the students themselves in researching the topic and informing each other about the results achieved. In didactic terms, the emphasis is on active learning with the help of computer-mediated discussions (so-called computer conferencing). An asynchronous discussion model was applied, which allows for an individual pace of work: each discussion topic is open for some time (15 days), so students have enough time to schedule reading literature and writing contributions in days and

hours that suit them.

**Assessment methods** Students should actively participate in lectures and virtual discussions. In each of

the four topics of discussion, the student should appear with at least three larger (2500-3000 characters) and two smaller (up to 500 characters) contributions, and once be part of the team that writes the introduction to the topic (5-6000 characters) and once a part of the team that gives an overview of the discussion and a summary of the discussion (5-6000 characters long). Contributions must be relevant to the topic of discussion and instructive for other participants in the discussion. Each contribution to the discussion in each of the four mandatory topics is evaluated individually. The final grade is the average grade of all contributions to the

discussion.

#### Learning outcomes

- 1. to describe and explain the theoretical basis of the examined phenomenon
- 2. to identify the main determinants of the examined phenomenon
- 3. to select appropriate research methodology and / or measurement procedures
- 4. to identify the advantages and disadvantages of different ways of resolving the negative consequences that the phenomenon could have for an individual, organization or society as a whole
- 5. to search psychological literature and databases by key terms and authors and find articles relevant to the topic
- 6. Content
  - 1. Introduction to the course: Defining obligations Introduction to Topic 1: Reading Literature
  - 2. Online discussion Topic 1: Nature of managerial work. Management and leadership. Psychology of derailed managers.
  - 3. Online discussion Topic 1: Nature of managerial work. Management and leadership. Psychology of derailed managers. Review of Topic 1
  - 4. Introduction to Topic 2: Reading Literature
  - 5. Online discussion Topic 2: How do we measure implicit motives?

What is the conditional reasoning approach and how can we use it to predict managerial performance?

- 6. Online discussion Topic 2: How do we measure implicit motives? What is the conditional reasoning approach and how can we use it to predict management performance?
- 7. Review of Topic 2
- 8. Introduction to Topic 3: Reading Literature
- 9. Online discussion Topic 3:

How do we measure individual differences in decision making? What is the difference between intelligence and rationality? How can individual differences in decision making be used for the purpose of selecting and developing managers?

10. Online discussion - Topic 3:

How do we measure individual differences in decision making? What is the difference between intelligence and rationality? How can individual differences in decision making be used for the purpose of selecting and developing managers?

- 11. Review of Topic 3
- 12. Introduction to Topic 4: Reading Literature
- 13. Online discussion Topic 4: Development of a research project and / or design of a practical intervention aimed at improving human resource management of managers.
- 14. Online discussion Topic 4: Development of a research project and / or design of a practical intervention aimed at human resource management of managers.
- 15. Presentations of research designs and practical interventions.

## Educational psychology: learning and teaching

Name Educational psychology: learning and teaching

Organizational unit Department of Psychology

ECTS credits 5

ID 117744 Semesters Winter

**Teachers** Nina Pavlin Bernardić, PhD, Associate Professor (primary)

Aleksandra Huić, PhD, Assistant Professor

Hours Practicum 30

Lectures 30

**Prerequisites** None

Goal Students will be able to use relevant knowledge of educational psychology needed

by school psychologists, as well as in other learning and teaching situations.

**Teaching methods** Lectures and exercises, independent work and team work, fieldwork.

**Assessment methods** The grade includes points earned through two written reports, two tests during the

semester, a written exam and an oral exam.

#### Learning outcomes

1. Comparing theoretical models and applying appropriate research methods in the field of learning and teaching.

- 2. Explaining the relationships between students' and teachers' characteristics, teaching approaches, school context, and educational outcomes.
- 3. Analyzing the relationships between the teaching process and learning outcomes in different academic domains.
- 4. Applying some of the main psychological instruments for determining the characteristics of students and creating and applying instruments for assessing school achievement.
- Creating procedures for encouraging the development of learning strategies and techniques, and teaching skills.

- 1. Introductory lecture, outcomes and contents of the course, preparation for fieldwork.
- 2. Determinants of educational outcomes.
- 3. Students' characteristics important for educational outcomes.
- 4. Students with special needs.
- 5. Gifted students.
- 6. Behaviorists, social learning theories and education.
- 7. Cognitive theories and education.
- 8. Constructivism.
- 9. Teachers' characteristics and learning outcomes.
- 10. School characteristics and learning outcomes.
- 11. Teaching process and learning outcomes.
- 12. Teaching methods.
- 13. Internal and external evaluation in education.
- 14. Knowledge exams.
- 15. Evaluation of teachers' work.

## Educational psychology: motivational and social factors

Name Educational psychology: motivational and social factors

Organizational unit Department of Psychology

ECTS credits 6

ID 124473 Semesters Summer

**Teachers** Nina Pavlin Bernardić, PhD, Associate Professor (primary)

Vanja Putarek, Assistant

Hours Lectures 30

Seminar 15 Practicum 15

Prerequisites None

Goal The aim of the course is that students can explain the possibilities of applying

theoretical models and research methods in the field of motivation and social processes in the school context, the relationship between school environment and learning and teaching processes, and the relationship between motivational and socio-emotional variables and school achievement. The aim is also for students to be able to plan and apply procedures for determining and encouraging motivation to learn as well as appropriate procedures for establishing and improving social

relations in the classroom and establishing classroom discipline.

**Teaching methods** Lectures, seminars and workshops, exercises.

**Assessment methods** The grade is formed on the basis of the grade of group seminar work and points on

two tests or final exam.

### Learning outcomes

- 1. Describing and comparing different theoretical models of motivation in education.
- 2. Explaining the possibilities of applying theoretical models and research methods in the field of motivation and social processes in the school context.
- 3. Explaining the relationship between the characteristics of the school environment and the learning and teaching process, as well as the relationship between motivational and socio-emotional variables and school achievement.
- 4. Planning and implementing procedures for determining and encouraging motivation to learn, as well as appropriate procedures for establishing and improving social relations in the classroom and establishing classroom discipline.
- 5. Applying counseling approaches in working with students, parents and teachers in solving educational problems.
- 6. Conducting a semi-structured interview with participants in the educational process.

- 1. Determining learning motivation.
- 2. Regulatory theories of motivation in an educational context.
- 3. Theories of achievement motivation in school; expectations and values as sources of learning motivation.
- 4. Attributions of school success and failure and the role of self-efficacy.
- 5. Setting goals and achievement goals.
- 6. Intrinsic and extrinsic motivation for learning theory of self-determination.
- 7. Self-regulated learning motivation component.
- 8. The role of interests and emotions in school learning.
- 9. Approaches and classroom management skills.
- 10. Class discipline models and rules.
- 11. Characteristics of the classroom environment.
- 12. Academic dishonesty.

- 13. School violence sources and planning of interventions.14. 1st test.
- 15. 2nd test.

## **Emotion and motivation**

Name Emotion and motivation
Organizational unit Department of Psychology

ECTS credits 7

ID 51222 Semesters Winter

Teachers Tena Vukasović Hlupić, PhD, Assistant Professor (primary)

Hours Lectures 45

Seminar 30

Prerequisites To enrol course it is necessary to pass course Biological psychology II

To enrol course it is necessary to pass course Learning and higher cognitive

processes

Goal Students will learn about classic and contemporary theories and research methods

in the field of emotion and motivation. Special attention will be given to understanding of biological, behavioral, cognitive, and social aspects of emotion and motivation, as well as a close relationship between emotions and motivation. The role of this course in the curriculum: this course gives students basic knowledge about the contemporary emotion and motivation psychology, and is a prerequisite for future critical thinking, evaluating, understanding, and application of this knowledge in different areas of applied psychology, as well as in related

social sciences and humanities.

**Teaching methods** Oral lectures accompanied by visual PowerPoint presentations, group discussions,

seminars, combined e-learning methods, and multimedia.

**Assessment methods** Student oral seminar presentations.

Two written midterms.

Written exam.

### Learning outcomes

- 1. To name and explain historical development and name authors of theoretical development and theories in the fields of emotion.
- 2. To analyze contemporary theoretical systems in the field of emotion.
- 3. To name and explain historical development and name authors of theoretical development and theories in the fields of motivation.
- 4. To analyze contemporary theoretical systems in the field of motivation.
- 5. Using scientific research methodology appropriate for solving problems in fields of emotion and motivation in social affairs.
- 6. Critically evaluating scientific findings from emotion and motivation psychology and other similar and complementary scientific disciplines.
- 7. Using foreign language in professional communication in the field of emotion and motivation.

- 1. Initial meeting and agreement about work plan, seminar groups, and deadlines.
- 2. Introduction in the psychology of emotions (historical overview of the field, and research methods).
- 3. What are emotions (definition; affect; mood; different categorizations)
- 4. Origin and number of emotions (definition and comparison of different perspectives; basic emotions; classical papers)
- 5. Function of emotions (coping; socialization; emotions vs. mood)
- 6. Biological aspect of emotions (classical and contemporary theories)
- 7. Cognitive, social, and cultural aspects of emotions (knowledge, attributions, social interaction, emotion regulation)
- 8. First midterm.

- 9. Introduction in the psychology of motivation (historical overview of the field, and research methods).
- 10. Motivation theories (definition and comparison of different classical theories; contemporary motivation theories)
- 11. Physiological and psychological needs (definitions, hunger, thirst, sexuality, autonomy, competence, relatedness)
- 12. Cognition and motivation (plans, goals, feedback)
- 13. Intrinsic and extrinsic motivation (definition, rewards, CET, SDT)
- 14. Second midterm.
- 15. Student feedback and course evaluation.

## **Entrepreneurial skills**

Name Entrepreneurial skills

Organizational unit Department of Psychology

ECTS credits 6

ID 184950 Semesters Summer

**Teachers** Zvonimir Galić, PhD, Associate Professor (primary)

Nikola Erceg, Assistant

Hours Lectures 30

Field exercises 45

Prerequisites None

Goal The aim of this course is to strengthen the employability of graduate students by

developing personal initiative, financial literacy and decision-making skills. Also, with this course we want to develop the competencies of students for the development and management of education and interventions aimed at improving entrepreneurial skills in marginalized groups through the application of socially

useful learning programs.

**Teaching methods** Teaching in this course is performed as a combination of lectures, exercises and

field exercises conducted in accordance with the method of socially useful

learning.

**Assessment methods** For the purpose of assessment, we will evaluate the following elements of the

course:

Psychological analysis of an entrepreneurial example: 20% of the total grade Team business initiative: 40% of the total grade Participation in social useful learning activities: 30% of the total grade

Class activities: 10% of the total grade

### Learning outcomes

- 1. to describe and plan a method of socially useful learning
- 2. to describe key entrepreneurial skills
- 3. to list the elements of personal initiative
- 4. to define the concept of financial literacy
- 5. to describe how personal initiative, financial literacy and decision-making contribute to success in the labor market
- 6. to develop and implement interventions to improve personal initiative among marginalized groups in the labor market

- 1. Introduction to Entrepreneurship; Psychology and Entrepreneurship; Starting an entrepreneurial venture; Socially useful learning
- 2. Basic business concepts; Traits of successful entrepreneurs
- 3. Personal initiative I: setting goals, gathering information and forecasts,
- 4. Personal Initiative II: planning and executing plans, monitoring and collecting feedback.
- 5. Business plans and financial aspects of an entrepreneurial project
- 6. Intro to business management
- 7. Entrepreneur visit 1
- 8. Marketing and consumer behavior; Sales and negotiation
- 9. Decision making 1
- 10. Decision making 2
- 11. Specific communication skills
- 12. Financial literacy

- 13. Networking and social capital
  14. Entrepreneur visit 2
  15. Closing conference: presentations of team entrepreneurial ideas

## Ethics in psychological research and practice

Name Ethics in psychological research and practice

Organizational unit Department of Psychology

ECTS credits 2

ID 117741 Semesters Winter

**Teachers** Dinka Čorkalo Biruški, PhD, Full Professor (primary)

Hours Lectures 30

Prerequisites None

Goal Introducing students to fundamental ethical concepts and sensitize them for ethical

issues and ethical dilemmas in psychological research and practice. It is expected for students to gain knowledge and skills needed for identifying and recognizing ethical concerns, making ethical decisions and prepare them for ethical

professional conduct.

**Teaching methods** Lectures, discussions.

**Assessment methods** Evaluation of students is made based on their participation in group discussions

and based on final term-paper describing a professional ethical dilemma and its

resolution.

#### Learning outcomes

- 1. Critically analyzing and creating professional and ethically informed solutions.
- 2. Analyzing ethical aspects in professional settings.
- 3. Enlist ethical principles, guidance and standards in psychological research and professional settings.
- 4. Comparing similarities and differences in major ethical codes of conduct (CPC, EFPA, APA).
- 5. Analyzing ethical dilemma and identify appropriate solution based on decisions making process.
- 6. Evaluating an outcome of ethical dilemma resolution and make appropriate corrections if needed.
- 7. Differentiating ethical and unethical behaviors in one's own professional conduct and in professional setting in general.

- 1. Analysis of students' beliefs on research and professional ethics.
- 2. Fundamental concepts in ethics. Ethical principles and value systems.
- 3. Ethics in psychological research and professional practice.
- 4. Ethical principles in code of conduct: principles of respect, competence, responsibility and integrity. Development of ethical code of conduct on the example of APA Code.
- 5. Analysis of ethical codes of major professional associations: CPC, EFPA and APA.
- 6. Analysis of ethical codes of major professional associations: practical examples.
- 7. Ethical issues in psychological research: informed consent. Deception as a procedure in psychological research: obligation of researchers and rights of the participants. Debriefing.
- Analysis of research ethical issues: examples from major psychological research and contemporary studies.
- 9. Professional ethics in practice: principles of privacy, confidentiality and record keeping. Multiple roles in professional settings; setting and preserving the boundaries.
- Ethical dilemma in professional settings. Strategies for identifying, analyzing and resolving ethical dilemma.
- 11. Psychological assessment and ethical issues: examples from professional practice.
- 12. Ethical issues in working with vulnerable groups: examples from professional practice.
- 13. Ethical issues in academia.
- 14. Psychologist as a member of a professional team and ethical judgements.
- 15. A role of psychologists in public.

# **Fundamentals of biology**

Name	Fundamentals of biology	
Organizational unit	Department of Psychology	
<b>ECTS</b> credits	3	
ID	36856	
Semesters	Summer	
Teachers	Domagoj Đikić, PhD, Full Professor (primary) Damjan Franjević, PhD, Associate Professor Vesna Benković, PhD, Full Professor	
Hours	Lectures	30
Prerequisites	None	
Goal		
Teaching methods		
Assessment methods		
Learning outcomes  1. 2. 3. 4. 5.		
Content		
1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12.		

14.

## **Graduation thesis**

Name Graduation thesis Department of Psychology Organizational unit 15 **ECTS** credits ID 127524 Summer **Semesters Teachers** Damir Ljubotina, PhD, Full Professor (primary) Ana Butković, PhD, Associate Professor Aleksandra Huić, PhD, Assistant Professor Anita Lauri Korajlija, PhD, Associate Professor Andrea Vranić, PhD, Associate Professor Blaž Reberniak, PhD, Assistant Professor Denis Bratko, PhD, Full Professor Dinka Čorkalo Biruški, PhD, Full Professor Dragutin Ivanec, PhD, Full Professor Darja Maslić Seršić, PhD, Full Professor Gordana Keresteš, PhD, Full Professor Gordana Kuterovac Jagodić, PhD, Full Professor Inja Erceg, PhD, Senior Assistant Ivana Hromatko, PhD, Associate Professor Jasmina Tomas, PhD, Postdoctoral Researcher Lidija Arambašić, PhD, Full Professor Margareta Jelić, PhD, Associate Professor Maja Parmač Kovačić, PhD, Assistant Professor Meri Tadinac, PhD, Full Professor Mirjana Tonković, PhD, Associate Professor Nina Pavlin Bernardić, PhD, Associate Professor Nataša Jokić-Begić, PhD, Full Professor Svjetlana Salkičević, Scientific Novice Tanja Jurin, PhD, Assistant Professor Tena Vukasović Hlupić, PhD, Assistant Professor Una Mikac, PhD, Postdoctoral Researcher Vesna Buško, PhD, Full Professor Vesna Vlahović Štetić, PhD, Full Professor Zvonimir Galić, PhD, Associate Professor Željka Kamenov, PhD, Full Professor Hours Seminar **Prerequisites** None Goal **Teaching methods** Assessment methods Learning outcomes 1. 2. 3. 4.

5. 6.

## **Group treatment**

Name Group treatment

Organizational unit Department of Psychology

ECTS credits 5

ID 125494 Semesters Summer

**Teachers** Margareta Jelić, PhD, Associate Professor (primary)

Hours Lectures 30

Practicum 30

Prerequisites None

Goal Developing generic and specialist competencies related to working with groups

**Teaching methods** Lectures and exercises. Teaching is based on a model of experiential learning.

Assessment methods Assessment of knowledge takes place during classes where each student is

required to prepare and present in their educational group some of the activities

relevant to group leadership.

The final assessment of knowledge is an oral exam.

#### **Learning outcomes**

- 1. Students will be able to explain the specifics of group treatment from a psychosocial perspective.
- 2. They will be able to describe the dynamics of development and outcomes of informal roles in the group.
- 3. They will be able to plan and lead group treatment groups, assess and evaluate group treatment outcomes.
- 4. They will gain experience with an interactive model of group leadership and will be able to apply it in practice.

- 1. Relationship between individual and group treatment.
- 2. Classification of group treatment.
- 3. Group treatment planning.
- 4. Stages of treatment group development.
- 5. Motivating group members Specificity of group treatment with involuntary clients.
- 6. The role and functions of leaders double focus on the socio-emotional relationships of members and the realization of individual and group goals
- 7. Co-leading the group
- 8. Levels of interventions in treatment groups intrapersonal, interpersonal, interventions in the environment.
- 9. Creative techniques in group treatment.
- 10. Specifics of group structure and process. Informal roles of group members.
- 11. Conflicts in the treatment group.
- 12. Evaluation of group treatment as an intervention.
- 13. Introduction to the application of group treatment in practice.
- 14. Presentations experience of leading the group
- 15. Presentations experience of leading the group

## Health care of preschool children

Name Health care of preschool children

Organizational unit Department of Psychology

ECTS credits 4

ID 58503 Semesters Summer

**Teachers** Romana Gjergja Juraški, Assistant Professor (primary)

Hours Lectures 15

Seminar 15

Prerequisites None

Goal To formulate themes from medical health, particularly psychosomatic illnesses. To

connect emotional, physical, social and educational aspect of health. To represent methodology of critical research of medical data basis. To identify factors of wider society context on early growth and development. To identify major public health issues and parameters of health assessment. To show examples of interdisciplinary

preventive programs.

**Teaching methods** Lectures, field exercises, demonstrations, individual assignments

**Assessment methods** Class attendance and preparation for the classless is recorded and they are

prerequisites for the final exam. learning of the method of observation is assessed through observation report (20%). Student's activity is assessed by individual

written assignment (20%) and oral exam (60%).

### Learning outcomes

- 1. To recount and describe fundamental approaches and principles of child health care, basic needs and attributes of child growth and development and their most common health issues particularly those which include simultaneous disorders of physical, mental, social and educational health.
- To recognize deviations in growth and development, most often illnesses and conditions which call for interdisciplinary care.
- 3. To recognize the need of inclusion of other professionals in everyday problems solutions,
- 4. To search and critically analyse medical professional and scientific literature.
- 5. To create interdisciplinary preventive programs.

- 1. Health concept, interdisciplinary, holistic approach, role of local community, cross-sectoral cooperation, centers for coordination of health care, salutogenesis
- 2. Preventive and social pediatrics, major public-health child health issues. Hospital-child's friend
- 3. Growth and development of a child, percentile growth curves
- 4. Nutrition for pregnant women and children
- 5. The influence of external stimulation on early brain development
- 6. Physiology and sleep disorders, OSA
- 7. Cerebral attacks
- 8. Eating disorders, obesity
- 9. Primary enuresis nocturna
- 10. Functional constipation
- 11. Affective respiratory crisis
- 12. Infections of children's respiratory passages
- 13. Major infection child diseases, vaccination
- 14. Major innate disorders
- 15. Preventive interdisciplinary health programs

## Health psychology

Name Health psychology

Organizational unit Department of Psychology

ECTS credits 5

ID 125504 Semesters Summer

Teachers Anita Lauri Korajlija, PhD, Associate Professor (primary)

Hours Lectures 30

Practicum 30

**Prerequisites** None

Goal The aim of the course is to acquire competencies in the field of health psychology

- to conduct assessment in individuals with various physical illnesses and to

understand the connection between physical health and mental processes.

Teaching methods Teaching takes place through lectures, exercises and visits to hospital wards

where health psychologists are employed - field teaching.

**Assessment methods** The knowledge is tested during classes through mandatory short seminars (30% of

the grade), and at the end of the class with a written essay (60% of the grade). Class attendance and active participation carry the other 10% of the total grade.

### Learning outcomes

1. Explain the field of health psychology

- 2. Compare traditional and modern models of health
- 3. Explain the physiological mechanisms in the development of stress and the responses of the immune system to stress
- 4. Plan the tasks of a health psychologist and explain the basic principles of providing support to patients in different hospital contexts
- 5. Plan preventive activities by applying the model of changing health behaviors

- 1. Definition of Health psychology
- 2. Biopsychosocial model of health and disease
- 3. Beliefs and attitudes toward health.
- 4. Physiology of stress. Stress and health outcomes.
- 5. Psychological reactions to disease.
- 6. Theoretical models of health behaviors.
- 7. The work of a health psychologist in the field of pediatrics.
- 8. The work of a health psychologist in the field of dermatology.
- 9. The work of a health psychologist in the field of pediatric oncology.
- 10. The work of a health psychologist in the field of cardiology.
- 11. The work of a health psychologist in the field of oncology.
- 12. The work of a health psychologist in the field of pulmology.
- 13. The work of a health psychologist in the field of rehabilitation.
- 14. Health psychology and the possibility of preventive activities (lifestyle changes and harmful lifestyle habits as a form of prevention).
- 15. Health behaviours.

## History of psychology and psychological systems

Name History of psychology and psychological systems

Organizational unit Department of Psychology

ECTS credits 4

ID 52597

Semesters Summer

Teachers Andrea Vranić, PhD, Associate Professor (primary)

Marina Martinčević, M.Sc., Assistant

Hours Lectures 15

Seminar 15

Prerequisites To enrol course it is necessary to pass course Emotion and motivation

Goal Introduction to fundamental information regarding the history of modern

psychology as a science. Additional aim of the course is to inform the students about the most important features and authors of most prominent psychological systems, with special reference to trends in modern psychology (cognitive

psychology, neuroscience).

Teaching methods Lectures and seminars

**Assessment methods** Written and oral exam

#### Learning outcomes

- 1. Comparing the history of psychology in relation to the history of other scientific disciplines, and especially in relation to the history of other social sciences and humanities
- 2. Evaluating the role of the main figures important for the development of psychology as a science (from Aristotle to Wundt and Skinner).
- 3. Critically analyzing the relationship between the development of philosophy, physiology, medicine and psychology.
- 4. Explaining the development of main psychological systems (from structuralism to modern cognitive psychology) and comparing them
- 5. Critically interpreting and discussing contemporary scientific and professional literature in the field of history of psychology and psychological systems.

- 1. Pre-history of psychology
- 2. Aristotle and early Greek philosophy
- 3. Philosophical and scientific roots of psychology
- 4. Early studies of the central nervous system
- 5. Physiology and development of experimental psychology
- 6. Structuralism: Wundt and the Founding of Psychology
- 7. Psychology in Germany in the 19th-20th century
- 8. Functionalism
- 9. Behaviorism and neobehaviorism
- 10. Gestalt psychology
- 11. Clinical psychology and psychoanalysis
- 12. Cognitivism and cognitive psychology
- 13. Development and future of modern psychology; Data-mining
- 14. Contemporary psychology and the future of psychology. Replication crisis
- 15. Ramiro Bujas and psychology in Croatia

## Individual work with the mentor

Name Individual work with the mentor Department of Psychology Organizational unit 5 **ECTS** credits ID 124468 **Semesters** Summer **Teachers** Damir Ljubotina, PhD, Full Professor (primary) Ana Butković, PhD, Associate Professor Aleksandra Huić, PhD, Assistant Professor Anita Lauri Korajlija, PhD, Associate Professor Andrea Vranić, PhD, Associate Professor Blaž Reberniak, PhD, Assistant Professor Denis Bratko, PhD, Full Professor Dinka Čorkalo Biruški, PhD, Full Professor Dragutin Ivanec, PhD, Full Professor Darja Maslić Seršić, PhD, Full Professor Gordana Keresteš, PhD, Full Professor Gordana Kuterovac Jagodić, PhD, Full Professor Inja Erceg, PhD, Senior Assistant Ivana Hromatko, PhD, Associate Professor Jasmina Tomas, PhD, Postdoctoral Researcher Lidija Arambašić, PhD, Full Professor Margareta Jelić, PhD, Associate Professor Maja Parmač Kovačić, PhD, Assistant Professor Meri Tadinac, PhD, Full Professor Mirjana Tonković, PhD, Associate Professor Nina Pavlin Bernardić, PhD, Associate Professor Nataša Jokić-Begić, PhD, Full Professor Svjetlana Salkičević, Scientific Novice Tanja Jurin, PhD, Assistant Professor Tena Vukasović Hlupić, PhD, Assistant Professor Una Mikac, PhD, Postdoctoral Researcher Vesna Buško, PhD, Full Professor Vesna Vlahović Štetić, PhD, Full Professor Zvonimir Galić, PhD, Associate Professor Željka Kamenov, PhD, Full Professor Hours Practicum 30 **Prerequisites** None Goal **Teaching methods** Assessment methods Learning outcomes 1. 2.

3. 4.

## Information resources and literature search in psychology

Name Information resources and literature search in psychology

Organizational unit Department of Psychology

ECTS credits 2
ID 36854
Semesters Winter

**Teachers** Dragutin Ivanec, PhD, Full Professor (primary)

Iva Melinščak Zlodi Marijana Glavica

Hours Exercise 15

Prerequisites None

Goal Students will be introduced to sources of information relevant to the field of

psychology and learn techniques for searching structured specialized databases. They will get acquainted with software tools for organizing bibliographic units. They will learn how to determine the scope of information required, how to critically evaluate sources of information, and use information ethically and legally. Students will be able to apply the acquired practical knowledge and skills during the study of psychology in other courses, but also later in their workplace.

**Teaching methods** Students search databases with psychological literature, first under the guidance of

a teacher and then independently.

**Assessment methods** Evaluation of weekly assignments during classes and the final written report. There

is no grade, it is recorded only whether the student has fulfilled the obligations or

not.

### Learning outcomes

1. Identify types of information - original (primary), referrals (secondary), or derived (tertiary); identify documents in which certain types of information are most often published; distinguish between scientific, professional, and popular information.

- 2. Choose relevant secondary sources of information (catalogs, bibliographic databases, collections of electronic journals and books, citation databases, etc.) for psychology.
- 3. Identify concepts and define search keywords.
- 4. Apply search techniques (Boolean operators, truncation, proximity, ...) when searching databases.
- 5. Use the sauri and classifications when searching.
- 6. Use APA style to cite bibliographic references.
- 7. Use software tools for organizing bibliographic references (Zotero).
- 8. Identify reliable information on the Web.

- 1. Introduction to the course. Defining student obligations. Classification of information by type: original (primary), referrals (secondary) and derived (tertiary). Types of publications and the publication cycle in science.
- Faculty Library orientation. Textbooks, books, reference literature. Basic searching techniques of library catalogs.
- 3. Choosing a topic for student papers. Defining search keywords.
- 4. Introduction to bibliographic databases. Introduction to the contents of the PsycINFO database using APA Classification Categories and terms from APA Thesaurus. Finding review papers.
- 5. Basic search techniques: Boolean operator, phrases as search terms, abbreviations.
- 6. Available collections of electronic journals and books and how to access these collections.
- 7. Collecting and organizing bibliographic references. Using the Zotero tool.
- 8. Citing bibliographic references according to APA style.

- 9. Advanced search techniques: proximity operators, wildcards. Reproducing search strategy from one systematic review paper.
- 10. Using the Zotero tool to cite and create a bibliography when writing seminar papers in MS Word.
- 11. Tips and tricks for using GoogleScholar search engine.
- 12. Citation data and citation databases.
- 13. Functions of scientific journals. Open access to scientific publications and research data.
- 14. Finding information about psychological measuring instruments.
- 15. Searching and evaluating information sources available on the Internet.

## **Intelligence**

Name Intelligence

Organizational unit Department of Psychology

ECTS credits 4

ID 131499 Semesters Summer

**Teachers** Ana Butković, PhD, Associate Professor (primary)

Hours Lectures 30

**Prerequisites**To enrol course it is necessary to pass course Statistics in psychology II

To enrol course it is necessary to pass course Learning and higher cognitive

processes

**Goal** Familiarizing students with the field of intelligence from it's position in cognitive

and complementary scientific fields to different theoretical perspectives, types of intelligence and associations between intelligence with relevant sociodemographic and psychological variables. Students will be able to follow and understand topics covered in general and applied courses throughout graduate studies of psychology.

Teaching methods audio-visual

Assessment methods written exam

### Learning outcomes

- 1. To explain and analyze historical development and theoretical systems of different fields of psychology.
- 2. Interpreting basic psychological processes and traits (perception, memory, learning, motivation, emotion, personality, social behavior), and their neurobiological foundations and developmental mechanisms.
- Using scientific research methodology appropriate for solving problems in different fields of social affairs.
- 4. Independently planning and organizing work assignments in various professional settings.
- Critically evaluating scientific findings from psychology and other similar and complementary scientific disciplines.
- 6. Independently creating, and performing oral and written presentations of results of various types of assignments to both experts and laymen.
- 7. Using foreign language in professional communication.
- 8. Critically interpreting scientific and professional literature.

- 1. History
- 2. Measurement
- 3. Development of theories
- 4. Factor and hierarchical theories
- 5. Hot theories
- 6. Emotional intelligence
- 7. Explicit and implicit theories of intelligence
- 8. Creativity
- 9. Heritability
- 10. Flynn effect
- 11. Race and intelligence
- 12. Gender differences in intelligence
- 13. Intelligence in educational context
- 14. Intelligence in work context
- 15. Intelligence and health

## Interpersonal and intragroup relations

Name Interpersonal and intragroup relations

Organizational unit Department of Psychology

ECTS credits 6
ID 52595
Semesters Winter

**Teachers** Margareta Jelić, PhD, Associate Professor (primary)

Ena Uzelac, M.Sc., Assistant

Hours Lectures 30

Seminar 15 Practicum 15

**Prerequisites**To enrol course it is necessary to pass course Social perception and attitudes

Goal Learn about the processes that underlie interpersonal behaviors, and the traits,

structural characteristics and processes that take place within groups

**Teaching methods** Lectures, seminars, exercises, individual assignments, field observation, hybrid e-

learning

**Assessment methods** Class activity 5%, field observation report 8%, two group seminar assignments

12%, two written colloquia or a written exam with the possibility of taking the oral exam 75%.

### Learning outcomes

1. Evaluate interventions based on intragroup processes.

- 2. Critically interpret the literature in the field of interpersonal and intragroup relations.
- 3. Describe the causes and consequences of interpersonal behavior, especially aggressive and prosocial.
- 4. Analyze the elements of the dynamics of domestic violence.
- 5. Connect interpersonal processes with personal experience.
- 6. Explain the structural characteristics of groups
- 7. Analyze the factors that influence the behavior in the group and the processes that take place in it.

### Content

- 1. Aggressive behavior, definition and types. Theoretical explanations of aggression: aggression as innate behavior (instinct), frustration-aggression theory, aggression as learned behavior.
- 2. Circumstances that increase the likelihood of aggression. Media, pornography and violence. Social influences and aggression.
- 3. Management of aggressive behavior: catharsis hypothesis, the role of social learning, reduction of aggressive behavior.

4.

- 5. Prosocial behavior and altruism. Main theoretical approaches (psychoanalytic, behavioral theories and social learning theory, social exchange theory, evolutionary approach) and modern models (normative approach, cognitive approach decision making process, emotional arousal and empathy).
- 6. Situational predictors of assistance: number of observers, urgency of the situation, modeling, time constraints. Characteristics of people (helpers and victims) that influence altruistic behavior. Ways to increase altruistic behavior.
- 7. Attractiveness in interpersonal relationships. The main determinants of attractiveness. Close relationships: friendship and love relationships.
- 8. Theoretical explanations for the development of love relationships. Different kinds of love. Factors that contribute to the quality of the relationship.

- 9. Definition and composition of the group: the composition of the group as a context and as the cause, size and diversity of the group. Group formation and its structure: group roles, group norms, group status, group cohesion, group communication. Development of intragroup dynamics.
- 10. The influence of a group on an individual's behavior. Social facilitation and inhibition. Social pressure and conformism.
- 11. Manipulative techniques to induce another person to give in. Obedience. Classical research: Sheriff, Asch, Milgram. Group blindness. Group work and achievement, social slacking. Deindividuation.
- 12. Groupthink. Group performance, social loafing. Deindividuation
- 13. Decision making in groups. Group polarization. Information and normative influence. Diffusion of responsibilities.
- 14. Minority influence.
- 15. Authority and leadership. The emergence of leaders in groups. Types of leaders and their roles in the group. Cooperation and competition.

## Introduction to clinical psychology

Name Introduction to clinical psychology

Organizational unit Department of Psychology

ECTS credits 4

ID 52604 Semesters Winter

**Teachers** Nataša Jokić-Begić, PhD, Full Professor (primary)

Tanja Jurin, PhD, Assistant Professor

Hours Lectures 30

**Prerequisites**To enrol course it is necessary to pass course Emotion and motivation

Goal The aim of the course is to acquire competencies for understanding the specifics

of clinical psychology and the application of the biopsychosocial model in the

conceptualization of mental disorders.

**Teaching methods** Lectures, discussions

**Assessment methods** Compulsory class attendance and class activity and access to the written part of the

exam.

#### Learning outcomes

1. Define the field of clinical psychology

- 2. Identify problems and criteria for defining normal and abnormal behavior and experience, and explain the relationship between mental health and mental disorders;
- 3. Describe and apply the biopsychosocial model in explaining the occurrence and maintenance of mental disorders and disorders;
- 4. Describe paradigms in clinical psychology (biological, psychodynamic, humanistic, cognitive, behavioral and social) and predict the consequences of adopting some of the paradigms;
- 5. Critically analyze examples from clinical psychology using a particular paradigm

- 1. Introductory lecture: definition of clinical psychology
- 2. mental health-mental illness and mental disorders-disorders
- 3. criteria of normality and presentation of the biopsychosocial model
- 4. diathesis stress model and reciprocity model
- 5. biological interpretations: genetics
- 6. biological interpretations: biochemical processes
- 7. biological interpretations: neuroanatomy
- 8. evolutionary interpretations
- 9. social interpretations: socialization
- 10. social interpretations: culture
- 11. social interpretations: changes in the environment
- 12. psychological interpretations: psychoanalytic
- 13. psychological interpretations: behavioral
- 14. psychological interpretations: cognitive models
- 15. integrative model in diagnostics and therapy, consequences of accepting one of the models

## Introduction to cross-cultural psychology

Name Introduction to cross-cultural psychology

Organizational unit Department of Psychology

ECTS credits 4

ID 52607 Semesters Summer

**Teachers** Iris Marušić, PhD, Assistant Professor (primary)

Hours Lectures 30

Seminar 15

Prerequisites To enrol course it is necessary to pass course Emotion and motivation

To enrol course it is necessary to pass course Learning and higher cognitive

processes

To enrol course it is necessary to pass course Introduction to developmental

psychology

### Goal

### **Teaching methods**

### Assessment methods

### Learning outcomes

- 1.
- 2.
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## Introduction to developmental psychology

Name Introduction to developmental psychology

Organizational unit Department of Psychology

ECTS credits 6
ID 51224
Semesters Winter

**Teachers** Gordana Kuterovac Jagodić, PhD, Full Professor (primary)

Inja Erceg, PhD, Senior Assistant

Hours Lectures 30

Seminar 15 Practicum 15

Prerequisites None

Goal The goal of the course is to recognize the major physical, cognitive and socio-

emotional hallmarks of human development at each major period of the lifespan.

To recognize and distinguish major developmental theories.

To demonstrate the ability to "think like a developmental scientist", critically evaluate developmental theories, research, and conclusions; understand how

change over time is conceptualized and researched.

**Teaching methods** Lectures

Methodical and field exercises

Field education

Seminars and individual writing assignments

Discussions

Multimedia and internet materials

**Assessment methods** Attending classes regularly and preparing for classes is recorded and it is

obligatory (preconditions for taking exam).

Understanding of observation method is followed by a written report after

conducted observation.

Student work is followed by two written semi-exams (each positively graded semi-exam carries 40% of the final grade or 80% positively graded written and oral exam) while the individual paper carries 20% of the grade. Students, who would like to show higher level of knowledge than that shown in exam, can take

the oral exam.

## Learning outcomes

- 1. To describe the goals and basic problems of developmental psychology, to compare and critically evaluate different views on them.
- 2. To identify and classify biological and environmental factors of development and to explain the mechanisms of their action.
- 3. Knowing the ethical principles of research with children and to be able to identify and discuss their application and ethical issues in research of development.
- 4. To describe and compare specific theories of human physical, cognitive, emotional and social development, and to critically evaluate them.
- 5. To classify developmental theories into fundamental development paradigms.
- 6. To identify applied developmental research methods and designs in developmental research and to assess their suitability.
- 7. To know and to be able to select and apply appropriate systematic observation technique for collecting data in developmental research.

8. To recognize and interpret which developmental problems psychologists deal with in different working contexts and which knowledge from developmental psychology (theoretical, methodological, ethics) they apply.

- 1. History of developmental psychology
- 2. Goals, issues and basic concepts in developmental psychology. Periods of human development and fundamental laws of development.
- 3. Methods of developmental psychology. Ethical issues in research of development.
- 4. Biological and environmental influences on development and mechanisms of their interaction
- 5. Theoretical paradigms in developmental psychology and criteria for evaluation and comparison of developmental theories
- 6. Freud's Psychosexual theory of development
- 7. Ericson's Psychosocial theory of development
- 8. Behavioristic theories of development: Traditional theories of learning
- 9. Behavioristic theories of development: Social-learning theory
- 10. Piaget's theory of cognitive development
- 11. Kohlberg's theory of moral development
- 12. Social-cultural theory of development by Vygotsky
- 13. The ethological approach to development
- 14. Attachment theory by Bowlby
- 15. Bronfenbrenner's theory of ecological systems and bioecological approach to development

## Introduction to methodology of experimental psychology

Name Introduction to methodology of experimental psychology

Organizational unit Department of Psychology

ECTS credits 4

ID 35826

Semesters Winter

Teachers Mirjana Tonković, PhD, Associate Professor (primary)

Hours Lectures 30

Prerequisites None

Goal Acquisition of basic knowledge about the experiment in general and about the

experiment in psychology. Understanding quantitative empirical methods in psychology and acquiring knowledge about cause-and-effect reasoning in

science.

**Teaching methods** Lectures and individual assignments.

As part of the lecture, students are given short individual and group assignments in which they are asked to think of specific examples to illustrate given problem or topic of the lecture. The solutions they come up with are discussed in the

group.

**Assessment methods** Written exam (oral exam is optional).

Students choose the degree in which they want to actively participate in solving individual and group tasks. Their activity during classes is not formally evaluated, and the tasks are designed to facilitate the learning and preparation for the final exam. The final grade is fully based on the results of the written exam.

### Learning outcomes

- 1. Critically analyze simple research designs, naming the main limitations in reasoning about cause-and-effect relationships.
- 2. Recognize the differences between the concept and the variable and the research problem and hypothesis.
- 3. Name and define simple experimental designs.
- 4. Compare non-experimental and experimental quantitative methods.
- 5. Implement methods to control relevant factors.
- 6. Define the elements of the research design: problem, hypothesis, independent and dependent variable, control of external factors.
- 7. Compare between- and within- subjects experimental design, and simple and complex experimental design.

- 1. Definition of science and scientific methods.
- 2. Psychology as a science.
- 3. Key concepts in research.
- 4. Ethics in psychological research.
- 5. Measurement in psychology.
- 6. Between-subjects experimental design.
- 7. Within-subjects experimental design.
- 8. Factorial experiment.
- 9. Mixed factorial design.
- 10. Quasi-experimental research design.
- 11. Non-experimental research.
- 12. Internal and external validity.

- 13. Small N designs.14. Theories in psychology.15. Presenting research and writing a research report.

# Introduction to Psychopathology

Name Introduction to Psychopathology Organizational unit Department of Psychology 4 **ECTS** credits ID 52596 Semesters Summer **Teachers** Dražen Begić, PhD, Full Professor (primary) Hours Lectures **Prerequisites** To enrol course it is necessary to pass course Introduction to clinical psychology Goal **Teaching methods Assessment methods** Learning outcomes 1. 2. 3. 4. 6. Content 1. 2. 3. 4. 5. 6.

7. 8. 9. 10. 11. 12. 13. 14.

## Introduction to school and preschool psychology

Name Introduction to school and preschool psychology

Organizational unit Department of Psychology

ECTS credits 4

ID 52605

Semesters Summer

**Teachers** Gordana Kuterovac Jagodić, PhD, Full Professor (primary)

Aleksandra Huić, PhD, Assistant Professor (primary)

Inja Erceg, PhD, Senior Assistant

Vanja Putarek, Assistant

Hours Lectures 15 Practicum 15

**Prerequisites**To enrol course it is necessary to pass course Child and adolescent psychology

**Goal** Provide students with basic information and orientation in the field of preschool

and school psychology. Explain the work tasks, position and role of psychologists in the preschool and school education system. Instruct students on how to acquire the necessary competencies for the work of preschool and school psychologists through study so that they can make informed decisions when creating their

studies.

**Teaching methods** Classes are held through lectures, exercises, fieldwork, individual and group

assignments, and through multimedia and networking.

**Assessment methods** The grade is formed on the basis of the grade of the project report conducted in the

school and the written assignment from the school part of the course (60%) and the colloquium and grade of the assignment conducted in the preschool institution

(40%).

### Learning outcomes

- Describe the work tasks and the role of school psychologist and psychologist in kindergarten and their position in the education system.
- 2. Explain the method of acquisition and the necessary competencies for the position of school psychologist and psychologist in kindergarten.
- 3. Explain the role of preschool and school psychologist in improving educational work in preschool and school institutions
- 4. Communicate in writing to parents scientific knowledge about child development
- 5. Develop a plan for an interactive parent meeting with parents of preschool children.
- 6. Critically assess the key strengths and challenges and the limitations and obstacles in the work of a school and preschool psychologist.

- 1. Scientific basis of school and preschool psychology
- 2. Relationship between school psychology and educational psychology
- 3. Areas of work of preschool and school psychologist
- 4. Work of preschool and school psychologist with children and youth
- 5. The work of a preschool and school psychologist with educators, teachers and parents.
- 6. Collaborating experts and collaborating institutions
- 7. The position of school and preschool psychologist in the educational system of the Republic of Croatia
- 8. Elementary school psychologist
- 9. High school school psychologist
- 10. Psychologist in kindergarden
- 11. The role of preschool and school psychologists in the improvement of educational work in preschool and school institutions.

- 12. Effects of institutional preschool care on the psychophysical development of the child.

- 13. Adaptation of the child to kindergarten
  14. Key competencies of preschool and school psychologists
  15. The way of acquiring competencies and career development opportunities

## **Introduction to test theory**

Name Introduction to test theory
Organizational unit Department of Psychology

ECTS credits 6
ID 51231
Semesters Summer

**Teachers** Damir Ljubotina, PhD, Full Professor (primary)

Blaž Rebernjak, PhD, Assistant Professor Una Mikac, PhD, Postdoctoral Researcher

Hours Lectures 30

Practicum 30

Prerequisites To enrol course it is necessary to pass course Statistics in psychology II

Goal Learning on fundamental concepts and principles within general theory of

measurement and classical test theory. Student will gain knowledge on the theoretical and practical aspects of measurement reliability and empirical methods

for reliability assessment.

**Teaching methods** 2 hours of lectures along with 2 hours of labs per week within one semester

**Assessment methods** Assessments of students'

Knowledge and progress are made continually during the semester thru classroom activities, written homework, one written colloquia and the final

written and oral exam upon completion of the course program.

## Learning outcomes

- 1. Describe and critically evaluate the process of measurement in psychology
- 2. Citing basic measurement scales, limitations in their interpretation and arithmetic operations valid for data expressed on a specific measurement scale
- 3. Describing the basic concept of quantitative test theory and identifying the main issues it addresses
- 4. Explaining the logic of constructing composite tests and basic scaling models
- 5. Explaining the conditions and the social context of psychological testing appearance and development
- Explaining and interpreting the basic concepts of reliability of measurement, the basic principles of classical reliability
  - theory and parallel test model
- 7. Explaining, applying and comparing methods for empirical assessment of reliability and interpretation of its results
- 8. Explaining the problem of guessing in tests and analyzing the potential and adequacy of different correction methods
- 9. Describing the basic concepts of models of linear combinations and analyzing the relationship of total score defined as a linear combination and its parts
- 10. Explaining the logic and reasoning behind linear transformations of measurement results and interpreting adequately its results

- 1. Psychometrics and measurement introduction
- 2. Psychometrics and measurement
- 3. Scales of measurement
- 4. Introduction to the test theory basic concepts and definitions
- 5. Types of psychological tests and items
- 6. Scaling models in test theory
- 7. History of test development
- 8. Guessing on multiple choice test
- 9. Principles of test administration

- 10. Reviee of test psychometric properties11. Parallel tests model

- 11. Parallel tests model
  12. Reliability indicators
  13. Determinants of reliability
  14. Empirical methods for reliability assessment
  15. Consequences of low measurement reliability

## Introduction to work psychology

Name Introduction to work psychology

Organizational unit Department of Psychology

ECTS credits 5

ID 52606 Semesters Summer

Teachers Maja Parmač Kovačić, PhD, Assistant Professor (primary)

Zvonimir Galić, PhD, Associate Professor (primary)

Antun Palanović

Hours Lectures 30

Practicum 15

Prerequisites To enrol course it is necessary to pass course Introduction to test theory

Goal

**Teaching methods** 

**Assessment methods** 

## Learning outcomes

- 1.
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## Learning and higher cognitive processes

Name Learning and higher cognitive processes

Organizational unit Department of Psychology

ECTS credits 6
ID 35832
Semesters Summer

**Teachers** Andrea Vranić, PhD, Associate Professor (primary)

Marina Martinčević, M.Sc., Assistant

Hours Lectures 30

Seminar 30

**Prerequisites**To enrol course it is necessary to pass course Perception and memory

**Goal** The aim of the course is to inform and familiarize students with the different types

of learning and theories of learning, as well as with complex (higher) cognitive processes. Upon completing the course, students will be introduced to different forms of learning; they will be able to recognize their application in everyday situations and to integrate applied research findings on learning within one of the four main approaches to learning: behaviorism, cognitivism, social learning and constructivism. They will also be able to explain more important reasoning patterns and understand the processes underlying the different ways of reasoning and decision making, creativity and problem solving. Finally, they will understand the development of cognitive abilities and the possibilities of their empowerment.

**Teaching methods** Lectures and seminars (research proposal in the field of learning, laboratory

exercises in the field of conditioning, film analysis, assessment of creativity of

various products).

**Assessment methods** Seminar papers and presentations (30%), and written and oral exam (70%).

#### Learning outcomes

- 1. Interpreting basic psychological processes and traits (perception, memory, learning, motivation, emotion, personality, social behavior), and their neurobiological foundations and developmental mechanisms.
- Using scientific research methodology appropriate for solving problems in different fields of social affairs.
- 3. Independently planning and organizing work assignments in various professional settings.
- 4. Critically evaluating scientific findings from psychology and other similar and complementary scientific disciplines.
- 5. Independently creating, and performing oral and written presentations of results of various types of assignments to both experts and laymen.
- 6. Cooperating in team decision making and team work both responsibly and constructively.
- 7. Critically interpreting scientific and professional literature.

- 1. The models of the mind
- 2. Behaviorism. Learning by conditioning: classical and instrumental conditioning
- 3. Cognitivism: Cognitive theories of learning (Cognitive-behavioral and social cognitive theory)
- 4. Constructivism. Connectionism.
- 5. Attention. Mental representation and imagery.
- 6. Executive functions
- 7. Metacognition.
- 8. Cognitive plasticity and cognitive training

- Thinking and problem solving
   Reasoning and decision-making
   Cognitive style
   Creativity research and measurement. Cross-cultural studies on creativity.
   Language
   Thinking and reasoning

- 15. Development and training of cognitive abilities

# Measuring techniques in psychology

Name Measuring techniques in psychology Organizational unit Department of Psychology **ECTS** credits 3 ID 36853 Semesters Winter **Teachers** Robert Faber, M.Sc., Professional Associate (primary) Lectures Hours Exercise 15 Prerequisites None Goal **Teaching methods Assessment methods** Learning outcomes 1. 2. 3. 4. Content 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13.

14. 15.

## Methodology of teaching psychology

Name Methodology of teaching psychology

Organizational unit Department of Psychology

ECTS credits 5

ID 125497 Semesters Summer

Teachers Aleksandra Huić, PhD, Assistant Professor (primary)

Hours Lectures 30 Seminar 30

**Prerequisites**To enrol course it is necessary to pass course Educational psychology: learning

and teaching

Goal Students will be able to design psychology classes for different programs and

students

**Teaching methods** Lectures, seminars, e-learning, individual assignments, group assignments

**Assessment methods** Students build their portfolio consisting of their assignments, each assignment is

graded individually and the overall grade is the sum of individual grades.

### Learning outcomes

1. Students will be able to plan and prepare psychology classes.

- 2. They will be able to choose appropriate teaching methods
- 3. they will be able to choose and design appropriate forms for assessing students' progress and knowledge
- 4. Students will be able to apply the acquired knowledge about teaching in school or extracurricular teaching of children and adults

5.

- 1. Purpose and goals of education and teaching psychology
- 2. Planning, designing and preparation of classes
- 3. Teaching a class
- 4. Teaching methods: direct instruction
- 5. Teaching methods: skills instruction
- 6. Teaching methods: inquiry based teaching
- 7. Teaching methods: class discussion
- 8. Teaching methods: collaborative learning
- 9. Project based learning
- 10. Constructive alignment
- 11. Assessing student progress
- 12. Oral examinations
- 13. Written examinations
- 14. Evaluating teaching performance
- 15. Classroom management

## Military psychology

Name Military psychology

Organizational unit Department of Psychology

ECTS credits 3

ID 125503 Semesters Summer

Teachers Denis Bratko, PhD, Full Professor (primary)

Tomislav Bunjevac, Professional Associate

Hours Lectures 30

Prerequisites None

Goal Introduction to the basic knowledge of modern military psychology, with a brief

overview of the situation in this area in the Croatian defense system

**Teaching methods** Lectures and field-work

**Assessment methods** Written exam

### Learning outcomes

1. Integrating knowledge from different fields of psychology and managing complex situations by making judgments based on available information and by making socially and ethically responsible decisions.

- 2. Critically analyzing and creating efficient solutions of professional problems on an appropriate ethical and professional level.
- 3. Critically evaluating psychological findings in the context of social change and contributing creatively to the development of psychology in general and one's own work in particular.
- 4. Identifying, designing, and implementing psychosocial interventions suitable for attainment of specific goals in environments relevant for specific situation.
- 5. Analyzing needs and setting goals of psychosocial services in fields of applied psychology (work and organizational psychology, clinical and health psychology, pre-school and school psychology).
- 6. Evaluating psychosocial interventions with regard to the relevance of procedures and techniques used, the appropriateness of goals and the efficiency of outcomes.
- 7. Assessing and professionally interpreting findings about relevant characteristics of individuals, groups, and organizations with suitable methods (interviews, testing, observation etc.).
- 8. Identifying and respecting individual differences and designing suitable interactions with individuals and groups of different abilities, characteristics, and worldviews.
- 9. Creating and developing services and products designed for clients/users, psychologists or other experts all founded on psychological theories and methods.
- 10. Advancing current knowledge and professional methods by independently finding and valorizing contemporary sources of knowledge.

- 1. Subject, history and development of Military Psychology
- 2. Methods of Military Psychology
- 3. Military Psychologist in Croatian Army
- 4. Psychological foundations of learning and teaching in Army
- 5. Psychological selection in Army
- 6. Psychological preparation for Combat
- 7. Combat and Non-combat Stress in Army
- 8. Prevention of Combat stress consequences in Croatian Army
- 9. Socio-psychological peculiarities of military groups and commanding
- 10. Using psychological computer testing in Army field work
- 11. Negotiation and mediation in Army
- 12. Psychological peculiarity of international military operations
- 13. Psychology of Posttraumatic Stress Disorder caused by War Stress

- 14. Psychological foundations of special war15. Role of Artificial Intelligence in contemporary war conflicts

## Motivation and work behavior

Name Motivation and work behavior

Organizational unit Department of Psychology

ECTS credits 6

ID 117743 Semesters Winter

**Teachers** Zvonimir Galić, PhD, Associate Professor (primary)

Mitja Ružojčić, PhD, Postdoctoral Researcher

Nikola Erceg, Assistant

Hours Lectures 30

Seminar 15 Practicum 15

**Prerequisites** None

**Goal** The aim of this course is to acquaint students with the process of work motivation

and different approaches to motivating employees in organizations.

**Teaching methods** Lectures, exercises and seminars.

**Assessment methods** Students were evaluated on the basis of success in term exams (50%), seminar

papers (20%), final exam (25%) and teaching activities (5%).

### Learning outcomes

1. to compare different theories of work motivation and critically evaluate them

- 2. to assess attitudes towards work and distinguish different approaches to their measurement
- 3. to explain how job design, reward systems, and management practices affect motivation and work behavior
- 4. to critically analyze research on motivation and work behavior and apply scientifically established knowledge in practical work

- 1. Definition and conceptualization of work behavior and work motivation.
- 2. Needs and motivation for work I: Maslow's theory of the hierarchy of needs, McClelland's theory of learned needs, intrinsic and extrinsic motivation for work.
- 3. Needs and Motivation for Work II: Herzberg Theory; Model job characteristics
- 4. Personality, emotions and motivation to work.
- 5. Cognitive approaches to work motivation: VIE theories and Goal setting theory
- 6. Learning and work motivation: reinforcement theories and social cognitive theory
- 7. Justice and Motivation for Work: Equality Theory and Justice Theory.
- 8. Practical implications of motivational theories.
- 9. Attitudes towards work and work I: job satisfaction and quality of working life.
- 10. Attitudes towards work and work II: job involvement and organizational commitment.
- 11. Motivation and leadership I: basic concepts and types of managerial behavior.
- 12. Motivation and Leadership II: Personality, Skills and Motivation of Successful Managers.
- 13. Motivation and Leadership III: New Approaches to Leadership in Organizational Situational, Contingency, and Integrative Approaches to Leadership.
- 14. Motivation and Leadership IV: Leadership Effectiveness and the Leadership Myth.
- 15. Current research on work motivation.

## Movies and mental illness

Name Movies and mental illness
Organizational unit Department of Psychology

ECTS credits 4

ID 142661 Semesters Summer

**Teachers** Anita Lauri Korajlija, PhD, Associate Professor (primary)

Daniel Rafaelić, PhD

Hours Lectures 15

Seminar 30

**Prerequisites**To enrol course it is necessary to attend course Clinical assessment of

psychological disorders

Goal Students will analyze depictions of mental disorders in film and develop a critical

attitude towards the diverse film material they use, which is offered to them, which surrounds them or is imposed on them. Students will understand the role of film

media in maintaining the stigmatization of mental disorders.

**Teaching methods** Lectures, seminars, individual assignments

**Assessment methods** The knowledge is tested during the classes through mandatory reports (40% of the

grade), and at the end of the class with a written essay (60% of the grade). The ability of students to recognize filmic means of expression used in depicting mental disorders and to distinguish accurate from distorted depictions of mental disorders is assessed. During the course, through discussions about the films watched, students will critically assess the role of film material in showing and maintaining the stigmatization of mental disorders. In the final essay, through the screening of an independently selected film, students will integrate knowledge of filmic means of expression and clinical images of mental disorders in the analysis

of film material.

### Learning outcomes

- 1. Integrate knowledge from different areas of psychology, and making socially and ethically responsible decisions according to available information
- 2. Critically evaluate psychological knowledge in the context of social change and creatively contribute to the development of the profession and one's own practice
- 3. Identify and respect differences between people and appropriately create interaction with individuals and groups of different abilities, characteristics and worldviews
- 4. Evaluating ethical aspects of presenting psychopathology in movies

- 1. Relevant filmography and literature. Film as a medium; cinematography; film theory; the language of film.
- 2. Film as a media; the role of psychology in shaping film characters; history of psychology on film; psychologically conditioned film characters. Mental disorders throughout film history.
- Anxiety and stress. The influence of montage on the level of stress in viewers films by Oliver Stone and Martin Scorsese.
- 4. Obsessive-compulsive disorder (Aviator). PTSD (Girl and Death). Fears (Vertigo).
- 5. Mood disorders. Depression and film (Melancholy).
- 6. Bipolar disorder (Blue Sky). Film atmosphere as a factor of emotional experience. The use of film language in portraying the psychological states of characters.
- 7. Personality disorders. Selection of individual personality disorders and their fitting into the matrix of the film industry.

- 8. Schizophrenia. Symptoms of schizophrenia and film language (Beautiful mind). Film schizophrenia that is seen (Sophia's choice) and that is not seen (War of the Worlds). The role of special effects in creating other realities (Truman's show).
- 9. Addictions. Drugs (Requiem for a dreams). Alcohol (Cat on a hot tin roof). Imitation of opiate action in film language (The Other Side of the Wind).
- 10. Impulse disorders. Sexual problems and disorders in Woody Allen films. Violence.
- 11. Anorexia and bulimia on film (Youth Interrupted).
- 12. Dissociative disorders. Alfred Hitchcock's films (Psycho). "Multiple Personality" in Cinematography (Zelig; The Lord of the Rings).
- 13. Developmental disorders. Problematic adolescence. Alzheimer and film (MontyPython and Alzheimer film language).
- 14. Disorder of choice.
- 15. Ethical considerations

## Multivariate methods: models of dimensionality

Name Multivariate methods: models of dimensionality

Organizational unit Department of Psychology

ECTS credits 5

ID 198882 Semesters Winter

**Teachers** Damir Ljubotina, PhD, Full Professor (primary)

Hours Lectures 30

Seminar 15 Practicum 15

Prerequisites None

Goal To acquire knowledge and skills for the autonomous choice, assessment of

adequacy, and technical implementation of selected methods for multivariate data analysis as well as quantitative interpretation of the obtained results. Students will gain knowledge on the main concepts and principles and application of explorative

Factor analysis, Cluster analysis and confirmative factor analysis.

**Teaching methods** Lectures - predominantly performed in an interactive and, to a lesser extent, in a

classical form;

Auditory and computer-based exercises along with practical demonstrations of

empirical examples;

Students obligations include taking an active part during classes

(implementations of data analyses), completing assignments and homework - written reports on findings of conducted statistical tests and analyses.

**Assessment methods** Students' achievements has been assessed continually during the semester -

through work on assignments and data analyses within extensive written reports after each topic (80%) and optionally by final written exam upon the completion

of the subject (20%).

### Learning outcomes

- 1. To select and implement methods for multivariate data analysis included in the program of the subject.
- 2. Explain advantages and shortcomings of selecting particular modalities of multivariate data analyses in response to specific research problem.
- 3. To explain basic theoretical assumptions, logic and application of EFA, conduct analysis and interprete results
- 4. To explain basic theoretical assumptions, logic and application of Claster analysis, conduct analysis and interprete results
- 5. To explain basic theoretical assumptions, logic and application of CFA, conduct analysis and interprete results
- 6. To identify methodological factors which can threaten adequacy and validity of conducted multivariate analysis

- 1. Introduction problem of dimensionality, basic concepts of multivariate analysis
- 2. Introduction to explorative factor analysis (EFA), basic concepts and steps
- 3. EFA: adequacy of correlational matrix, FA models, models of factor extraction
- 4. EFA: criteria of factor significance, types of variables (manifest, latent), factor rotation methods
- 5. EFA: higher order factors, problem of invariance of factor solution, interpretation and validation of the results. Some methodological problems (item factorisation, bipolar constructs, sample selection)

- 6. First written report: EFA
- 7. Cluster analysis: theoretical assumptions and basic concepts, steps, choice of examine and variable samples, variable transformation, measures of similarity/dissimilarity
- 8. Cluster analysis: methods for objects clustering, interpretation of results, validation of claster solution
- 9. Cluster analysis: Cluster analysis for large samples, examples
- 10. Second written report: Cluster analysis
- 11. Confirmatory factor analysis: Introduction to CFA, basic concepts and application. Conceptual comparison of EFA and CFA. Difference between models and theories, graphical representation of the factor model; types of parameters in CFA
- 12. CFA: basic assumptions, data types, variance-covariance matrix, basic equations, model specification, model identification, parameter estimation
- 13. CFA: interpretation, model evaluation, criteria of model adequacy (fit)
- 14. CFA: model comparison, parameter restriction, model respecification, inadequate model fit analysis
- 15. Third written report: CFA

## Multivariate methods: prediction and classification models

Name Multivariate methods: prediction and classification models

Organizational unit Department of Psychology

ECTS credits 5

ID 198884 Semesters Summer

**Teachers** Vesna Buško, PhD, Full Professor (primary)

Tomislav Bunjevac, Professional Associate Una Mikac, PhD, Postdoctoral Researcher

Hours Lectures 30

Seminar 15 Practicum 15

Prerequisites None

Goal To acquire knowledge and skills for the autonomous choice, assessment of

adequacy, and technical implementation of selected methods for multivariate data

analysis as well as quantitative interpretation of the obtained results.

**Teaching methods** Lectures - predominantly performed in an interactive and, to a lesser extent, in a

classical form;

Auditory and computer-based exercises along with practical demonstrations of empirical examples;

Students obligations include taking an active part during classes (implementations of data analyses), completing assignments and homework - written reports on

findings of conducted statistical tests and analyses.

Assessment methods Students' achievements has been assessed continually during the semester -

through work on assignments and data analyses within exercises (20%), extensive written reports after each topic (60%) and optionally by final written exam upon

the completion of the subject (20%).

### Learning outcomes

- 1. To select and implement methods of multivariate data analysis included in the program of the subject.
- 2. To assess the adequacy of implementation of selected multivariate methods in terms of meeting statistical requirements and to explain own decisions on how to perform the analyses.
- 3. Explain advantages and shortcomings of selecting particular modalities of multivariate data analyses in response to specific research problem.
- 4. To conceive and formulate quantitative interpretation of the results of the statistical analyses implemented.
- 5. Critically assess the adequacy of implementation of multivariate data analyses covered by the subject in published scientific papers.

- 1. General linear model; bivariate and multivariate case (multiple regression and canonical problem); logical status of variables; general strategy of quantification of multivariate relationship, assumptions of multiple regression model; pragmatic and scientific usage of multiple regression analysis.
- 2. The elements of multiple regression analysis; the effects of standardization of predictor and criterion variables; evaluation of the outcome of multiple regression analysis.
- 3. Quantitative interpretation of regression coefficients and multiple correlation; the issue of collinearity of predictor variables; suppressor effects; partial and semipartial correlations;
- 4. Modalities of application of multiple regression analysis; hierarchical regression analysis; testing interaction effects;

- 5. Inferential statistics in multiple regression analysis: testing hypotheses on regression coefficients and multiple correlation; bias of R and beta weights; stability of regression equation; the effects of violation of statistical assumptions in multiple regression analysis.
- 6. Discriminant problem: definition, empirical examples, areas of application, general form of data matrix;
- 7. Logical status of variables in discriminant analysis (DA), basic idea on condensation of information, geometric representation;
- 8. General mathematical aspects in DA; linear and canonical case, multiple DA.
- 9. Assumptions in DA and the effects of violations;
- 10. Statistical aspects: parameters in DA and significance of discriminant functions; interpretation of discriminant functions;
- 11. Analytical approaches in the use of massive data ("Big data" analytics);
- 12. Concept and typical features of Big data; rationale and main types/purposes of implementations of the analyses dealing with the big data
- 13. Specificities of big data methodology (similarities/differences, advantages/shortcomings) compared to standard multivariate statistical analyses
- 14. Methodological requirements (including statistical assumptions) for the implementation of Big data analyses
- 15. Demonstrations of real data examples; interpretations of the results, scientific and practical applications and usage of Big data.

## Non-experimental methods in psychology

Name Non-experimental methods in psychology

Organizational unit Department of Psychology

ECTS credits 6

ID 215558 Semesters Summer

**Teachers** Željka Kamenov, PhD, Full Professor (primary)

Ena Uzelac, M.Sc., Assistant Iva Kapović, Assistant Jasmina Mehulić, Assistant

Hours Lectures 30

Seminar 15 Exercise 15

Prerequisites None

Goal The students will learn about non-experimental research methods in psychology.

They will be able to analyze and compare different research designs as well as recognize threats to internal and external validity. They will be able to administer appropriate procedures to manage these risks. They will be able to efficiently use different techniques for gathering and analyzing qualitative data. They will be able to critically evaluate different qualitative techniques and select appropriate

techniques when doing research.

**Teaching methods** Ex-catedra lectures.

Group discussion and student interaction.

Seminars. Practical work.

Individual and group assignments. Individual and group presentations.

Collaborative learning.

**Assessment methods** Written exams.

Individual and group assignments.

### Learning outcomes

- 1. Describe non-experimental research methods in psychology.
- 2. Analyze and compare different research designs
- 3. Analyze the impact of internal and external validity threats and administer appropriate procedures to manage these threats.
- 4. Create a survey questionnaire and conduct a survey.
- 5. Apply different techniques for gathering and analyzing qualitative data.
- 6. Critically evaluate different qualitative techniques and select an appropriate qualitative research design.
- 7. Create a quasi-experimental design appropriate for a specific research goal.
- 8. Prepare and moderate a focus group discussion.

- 1. Research approaches and research process paradigm. Multiple operationalizations.
- 2. Threats to internal and external validity in non-experimental designs. Procedures for reducing invalidity.
- 3. Designs that do not allow and do allow causal inference. Quasi-experimental designs.
- 4. Correlational designs.
- 5. Causal-comparative designs.

- 6. Survey methods. Data gathering in survey research. No response and missing data issues. Control of survey data gathering.
- 7. Creating a survey questionnaire.
- 8. Probabilistic and non-probabilistic sampling.
- 9. Qualitative designs. Characteristics of qualitative research and comparison to quantitative approach.10. Steps in qualitative research and creating a qualitative research design.
- 11. Types of qualitative research.
- 12. Samples in qualitative designs.
- 13. Interview. Types of interview. Asking questions and interviewer behavior.
- 14. Focus groups. Creating a focus group guide. Recruiting and motivating participants. Focus group moderator roles and tasks.
- 15. Qualitative data analysis.

## Organizational psychology

Name Organizational psychology
Organizational unit Department of Psychology

ECTS credits 6

ID 125499 Semesters Winter

**Teachers** Darja Maslić Seršić, PhD, Full Professor (primary)

Jasmina Tomas, PhD, Postdoctoral Researcher

Hours Lectures 45

Practicum 30

Prerequisites None

Goal To provide students with understanding the processes in modern organizations and

the application of psychological principles and theories in organizational settings. By the end of the course students will learn basic organizational theories, problems and approaches to enhancing team work, concepts and impacts of organizational climate and culture, and main approaches to organizational diagnosis and

development.

**Teaching methods** Lectures, methodical exercises, field exercises.

**Assessment methods** written exam, oral exam

### **Learning outcomes**

- 1. To define organizational strategy, structure and culture.
- 2. Identifying various strategies of organizational effectiveness management
- 3. Explaining organizational impacts of work motivation at the individual, group and organizational level
- 4. Identifying, designing, and implementing psychosocial interventions suitable for attainment of specific goals in the organizational context.

- 1. Organization and organizational behavior
- 2. organizational theories: classical, neoclassical and contemporary
- 3. Psychological models of organizational impact on individual behavior and the individual impact on organization.
- 4. Attitudes: organizational commitment, psychological contract
- 5. Work group and determinants of its effectiveness: group size, motivation of group members, group cohesiveness, communication and structure
- 6. Team and team efficacy
- 7. Team roles and team development
- 8. Organizational climate and culture; sources of organizational climate, its types and outcomes; socialization in organizational context and the concept of organizational culture.
- 9. Organizational culture management; organizational development
- 10. occupational well-being: stress and burnout, measurement of organizational stress
- 11. Work wellbeing management psychosocial resources of the organization
- 12. work-life balance; work recovery
- 13. Decision processes in organization
- 14. Organization and social context
- 15. Contemporary issues in organizational psychology in Croatia

# Participation in research

Name Participation in research
Organizational unit Department of Psychology

ECTS credits 2

**ID** 198864

**Semesters** Winter, summer

**Teachers** Damir Ljubotina, PhD, Full Professor (primary)

**Hours** Practicum 60

Prerequisites None

Goal

**Teaching methods** 

**Assessment methods** 

Learning outcomes

## Perception and memory

Name Perception and memory
Organizational unit Department of Psychology

ECTS credits 6
ID 35829
Semesters Winter

**Teachers** Andrea Vranić, PhD, Associate Professor (primary)

Marina Martinčević, Assistant

Hours Lectures 45 Seminar 15

Prerequisites None

Goal The aim of this course is to introduce students to the field of cognitive psychology,

more specifically to perception and memory. By completing the course, students will be introduced to the basic methodological approaches in the psychology of perception and memory, they will understand different scientific attempts and traditions, and be able to distinguish normative from pathological perception and memory processes. This course is instrumental and provides foundation for advanced courses in cognitive psychology (Learning and higher cognitive processes; Intelligence), as well as a series of general and applied courses in the

study of psychology.

**Teaching methods** Lectures, seminars and design and implementation of experiments regarding

perception and memory.

**Assessment methods** Obligatory written exam. The grade is formed via seminar assignments and

presentations (10%), and a written exam score (90%).

### Learning outcomes

- 1. Explain different theories of perception and memory, and familiarize with the most important authors in the field
- 2. Explain and compare contemporary models of perception and memory
- 3. Analyze adequacy scientific methodology in the field of memory and perception
- 4. Define the difference between sensation and perception and discuss the specifics of these processes within each sensory modality
- 5. Understand and differentiate memory systems according to the type of information stored and the mechanisms underlying the functioning of each system
- 6. Compare memory failures, omissions impairments

- 1. Cognitive psychology and human information processing
- 2. Introduction to perception. Methods in cognitive psychology.
- 3. Chemical perception. Psychophysics.
- 4. Physical perception. Placebo effect.
- 5. Auditory perception. Signal detection theory.
- 6. Visual perception. Top-down and bottom-up processing.
- 7. Attention cognitive system and theories of attention. Priming effect.
- 8. Introduction to the psychology of memory. Enoding, storage and retrieval of information in memory.
- 9. Sensory, short-term and long-term memory.
- 10. Working memory and executive functions.
- 11. Long-term memory: Organization of information and memory systems

- 12. Forgetting
  13. Memory failures and memory disorders
  14. False memories and credibility of testimony
  15. Metamemory and everyday memory

## Personality assessment

Name Personality assessment

Organizational unit Department of Psychology

ECTS credits 4

ID 124472 Semesters Winter

**Teachers** Ana Butković, PhD, Associate Professor (primary)

Martina Pocrnić, Assistant

Hours Lectures 15

Practicum 30

Prerequisites None

Goal Objective of this course is to enable students to gather knowledge about assessment

and measurement in the field of personality psychology, as well as acquainting students with most famous measuring instruments in the field. By the end of the course students will be able to assess personality from different theoretical perspectives, which will be helpful in their later work in different domains of applied psychology. Also, they should be able to develop and select appropriate

measuring instrument to solve both scientific and practical problems.

**Teaching methods** Lectures, exercises

**Assessment methods** Written exam.

### **Learning outcomes**

- 1. Assessing and professionally interpreting findings about relevant characteristics of individuals, groups, and organizations with suitable methods (interviews, testing, observation etc.).
- 2. Communicating conclusions and recommendations to clients/users and experts in a clear and justified manner, by using adequate professional terminology both in Croatian and in a foreign language.
- 3. Creating and developing services and products designed for clients/users, psychologists or other experts all founded on psychological theories and methods.
- 4. Critically analyzing and creating efficient solutions of professional problems on an appropriate ethical and professional level.

- 1. Introduction to personality assessment, Personality assessment from different theoretical perspectives (psychoanalytical perspective, trait perspective, cognitive perspective, implicit measurement)
- 2. Types of measuring instruments in personality psychology, Personality assessment problems, Multi-trait-multimethod approach
- 3. Data sources in personality psychology (self-assessment, peer-assessment, objective measures)
- 4. Overview and comparison of the most often used measuring instruments in personality psychology: Assessment of the five-factor models, Assessment of the Eysenck's and Cattell's personality theory, Assessment of HEXACO personality model.
- 5. Filling in different personality questionnaires
- 6. Interpretation of different personality questionnaires
- 7. Construction of personality measures, Strategies in development of measuring instruments in personality psychology
- 8. Assessment biases: social desirability, lying and response styles
- 9. Translating and adapting measuring instruments from other cultures.
- 10. Comparison and differences between self-assessment and peer-assessment.
- 11. Filling in and interpretation of personality questionnaires with self-assessment method and peer-assessment method.
- 12. The Five-factor model and development of the NEO-PI-R questionnaire
- 13. Using personality questionnaires in fields of applied psychology.

- 14. Introduction, use, and interpretation of idiographic methods of personality assessment (Q-sort technique, TAT).
- 15. User reactions to personality assessment.

## Personality theories

Name Personality theories

Organizational unit Department of Psychology

ECTS credits 4

ID 52602 Semesters Winter

**Teachers** Ana Butković, PhD, Associate Professor (primary)

Hours Lectures 15

Seminar 30

**Prerequisites**To enrol course it is necessary to attend course Psychology of Personality

**Goal** Acquiring knowledge on different personality theories, their potential application

and critical evaluation

**Teaching methods** lectures and seminars **Assessment methods** seminar, written exam

### Learning outcomes

1. To explain and analyze historical development and theoretical systems of different fields of psychology.

- 2. Interpreting basic psychological processes and traits (perception, memory, learning, motivation, emotion, personality, social behavior), and their neurobiological foundations and developmental mechanisms.
- Interconnecting and evaluating fundamental findings from both theoretical and applied psychological science.
- 4. Using foreign language in professional communication.
- 5. Critically interpreting scientific and professional literature.

- 1. Introduction
- 2. Importance of personality theories
- 3. History and development
- 4. Freud
- 5. Psychoanalytical approach
- 6. Critical comparison of theories from the psychoanalytical approach
- 7. Humanistic approach
- 8. Critical comparison of psychoanalytical and humanistic approach
- 9. Cognitive approach
- 10. Socio-cognitive approach
- 11. Critical comparison of psychoanalytical, humanistic and cognitive approach
- 12. Allport, Eysenck, Cattell
- 13. Trait theories approach
- 14. Critical comparison of all theories
- 15. Conclusion

## **Practice**

Name Practice

Organizational unit Department of Psychology

ECTS credits 6

**ID** 124471

**Semesters** Winter, summer

**Teachers** Damir Ljubotina, PhD, Full Professor (primary)

Hours Practicum 75

Prerequisites None

Goal Students will be enabled to perform professional tasks and to solve professional

issues in different aspects of applied psychology.

**Teaching methods** Observation, demonstration, mentor work

Assessment methods Students write report about their activities during time spent learning with mentor

in particular institution where applied psychology is used.

### Learning outcomes

1. Integrate theoretical and experiential knowledge within fields of applied psychology

2. To choose appropriate methodology to diagnose nature of problems of individuals and groups in different fields of practice

3. Effectively solve problems in specific field of psychology.

4. To use professional terminology in communication of their findings to other professionals and laymen.

5. To assess own need for lifelong professional training and education..

- 1. Practice of school psychologist
- 2. Practice of child psychologist
- 3. Practice of organisational or human resources psychologist
- 4. Practice of clinical psychologist
- 5. Practice of psychologist in social services
- 6. Practice of military psychologist
- 7. Practice of sport psychologist
- 8. Practice of psychologist in work medicine
- 9. Practice of forensic psychologist and court expert
- 10. Practice of psychologist in professional orientation
- 11. Practice of psychologist in penal institutions
- 12. Practice of health psychologist
- 13. Practice of counseling psychologist
- 14. Practice of psychologist in palliative care
- 15. Interdisciplinary cooperation and team work

## Practicum in methodology of teaching

Name Practicum in methodology of teaching

Organizational unit Department of Psychology

ECTS credits 6

ID 118176 Semesters Winter

Teachers Nina Pavlin Bernardić, PhD, Associate Professor (primary)

**Hours** Practicum 60

**Prerequisites**To enrol course it is necessary to pass course Methodology of teaching

psychology

**Goal** Students will practice teaching skills through the preparation and performance of

psychology classes. The aim is to develop practical aspects of teacher competence. Students will be trained to develop a lesson plan and reflexively observe teaching. Students will be able to apply the acquired teaching skills in school or

extracurricular teaching.

**Teaching methods** Exercises (holding classes in front of other students), attending demonstration

classes and teaching in high schools.

**Assessment methods** The grade is formed on the basis of written preparation of the lesson held in the

exercises, written feedback for one of the classes of colleagues in the exercises and

the exam lesson in school.

### **Learning outcomes**

1. Developing teaching materials for psychology lessons.

- 2. Critically analyzing one's own and others' performance of a psychology class.
- 3. Holding a psychology class in a high school.
- 4. Holding a psychology workshop for primary school or high school students.

- 1. Writing teaching preparations.
- 2. Analysis of students' work.
- 3. Review and analysis of videos of psychology lessons.
- 4. Giving feedback.
- 5. Development of teaching preparations.
- 6. Simulation of teaching sequences.
- 7. Students' performance of teaching lessons with video recording (1).
- 8. Students' performance of teaching lessons with video recording (2).
- 9. Students' performance of teaching lessons with video recording (3).
- 10. Analyses of teaching preparations and performance of lessons with feedback from other students and a teacher (1).
- 11. Analyses of teaching preparations and performance of lessons with feedback from other students and a teacher (2).
- 12. Analyses of teaching preparations and performance of lessons with feedback from other students and a teacher (3).
- 13. Attending demonstration classes in high schools and teaching psychology lessons with feedback from mentors (1).
- 14. Attending demonstration classes in high schools and teaching psychology lessons with feedback from mentors (2).
- 15. Attending demonstration classes in high schools and teaching psychology lessons with feedback from mentors (3).

## Practicum in psychology I

Name Practicum in psychology I

Organizational unit Department of Psychology

ECTS credits 7

ID 35833 Semesters Summer

**Teachers** Dragutin Ivanec, PhD, Full Professor (primary)

Francesca Dumančić, M.Sc., Assistant

Hours Exercise 60 Laboratory exercise 15

Prerequisites To enrol course it is necessary to pass course Statistics in psychology I

To enrol course it is necessary to pass course Introduction to methodology of

experimental psychology

Goal The goals of Psychological Practicum I are that by conducting psychological

individual and group experiments students will be able: (1) to identify and explain the basic principles of data collection in experimental conditions, (2) distinguish and explain the application of general and specific psychological methods, procedures and techniques in collecting results in the experimental research and (3) acquired competencies students can apply in interpretation of collected data with fundamental criticism in assessing the validity of results based on planned and conducted measurement, (4) to evaluate the logic and adequacy of selected statistical procedures in interpreting collected data, and (5) to write a scientific report based on the defined problem and the collected and statistically processed

results.

**Teaching methods** Practical work in laboratory. During semester up to 10 experimental studies in the

field of perception are organized. After explanation of theoretical framework and background of the aim of study, students are involved in research process as participants. After data collection students by his own under supervision of lecturer conduct statistical analysis of collected data. Based on used methodology, theoretical background and collected data, students write study report according

scientific rules.

**Assessment methods** Every single study report (up to 10 during semester) is evaluated and marked. The

final grade is formed as an average of all individual reports.

## Learning outcomes

- 1. Explain the methodological conditions for data collection on a particular research problem in simple experimental designs where the relationship of two variables is examined.
- 2. Operationalization measurement variables (IV and DV) in the study field of sensation and perception.
- 3. Statistical analysis and presenting outcome of own collected data.
- 4. Critical interpretation of study outcomes regarding theoretical framework and used research design.
- 5. Writing the final report according to all the principles of a scientific study report.

- 1. Methodology of examining sensations and perception ranging from basic processes in the formation of sensations to more complex processes of perception of space and time. Explanation of future exercises.
- 2. Approaches to measurement of absolute and differential sensation. Study conduction.
- 3. Absolute and differential sensation writing study report.
- 4. Methods of Theory of signal detection in sensation research. Study conduction.
- 5. Methods of TDS in sensation research writing study report.
- 6. The role of attention processes in sensation and perception. Study conduction and study report.
- 7. Constancy of perception and time perception. Studies conduction.

- 8. Constancy of perception - study report.
- Constancy of perception study report.
   Time perception study report.
   Possibilities of study of clairvoyance. Visual illusion. Studies conduction.
   Visual illusion. Study report.
   Clairvoyance study conduction and report.
   Perceptual speed. Study conduction.

- 14. Perceptual speed. Study report.
- 15. Concluding report knowledge test of all studies conducted.

## Practicum in psychology II

Name Practicum in psychology II

Organizational unit Department of Psychology

ECTS credits 7

ID 186864 Semesters Winter

Teachers Mirjana Tonković, PhD, Associate Professor (primary)

Francesca Dumančić, M.Sc., Assistant

Hours Exercise 60

Laboratory exercise 15

Prerequisites To enrol course it is necessary to pass course Practicum in psychology I

To enrol course it is necessary to pass course Statistics in psychology II

Goal Upgrading the competencies acquired in the Practicum I by practicing the

opgrating the competencies acquired in the Fracticum 1 by practicing the implementation of basic methodological contents with greater independence of students. In methodological terms, the emphasis is on acquiring knowledge and skills of more complex research designs related to: (1) the use and comparison of within- and between-subjects designs with emphasis on the need and possibilities of experimental control; (2) using more complex (factorial) designs with two or more independent variables and recognizing the possibilities and needs of ensuring internal validity by operationalizing independent variables, measuring dependent variable and controlling relevant factors; (3) defining of both research problems and research hypotheses (and distinguishing between research and statistical hypotheses); (4) selection of the appropriate statistical procedure and independent and adequate interpretation of the results; (5) improving the writing of scientific reports; (6) acquisition of specific knowledge in the field of learning and memory.

**Teaching methods** Laboratory exercises in which data related to the research problem are collected.

All students participate as subjects (respondents). After collecting data, students independently, with the guidance of teachers, analyze the results. Finally, based on

the results, students write a report that has elements of scientific work.

Assessment methods After each experiment, students will independently analyze the obtained data and

write a final report in the form of a scientific paper. These reports are graded, and based on these grades and according to pre-defined criteria, an overall final grade

is formed.

## Learning outcomes

- 1. Explain the methodological assumptions for quality data collection on a particular research problem in complex experimental designs where the relationship between the two variables is examined.
- 2. Compare within-subjects, between-subjects and mixed factorial design.
- 3. Define strengths, weaknesses and threats to internal validity of different experimental designs.
- Define research problems and hypotheses in the field of learning, memory and thinking.
- 5. Choose an appropriate statistical analysis.
- 6. Interpret the obtained results.
- 7. Improving the writing of a scientific report.
- 8. Acquisition of specific knowledge in the field of learning, memory and thinking.

- 1. Introduction: Experimental research designs and measurement techniques in the field of memory and skills acquisition.
- 2. Memory testing methods (experiment preparation and data collection)
- 3. Comparison of memory testing methods.
- 4. Serial position effect.

- 5. Short-term and working memory (experiment preparation and data collection)
- 6. Short-term memory search
- 7. Visual working memory
- 8. Long-term memory (experiment preparation and data collection)
- 9. Encoding specificity and long-term memory10. Constructive nature of memory
- 11. Learning (experiment preparation and data collection)
- 12. Spontaneous organization of material in learning.
- 13. Levels of processing and learning
- 14. Forgetting (experiment preparation and data collection)
- 15. Forgetting and retroactive inhibition.

## Practicum in psychology III

Name Practicum in psychology III

Organizational unit Department of Psychology

ECTS credits 7

ID 186888 Semesters Summer

**Teachers** Darja Maslić Seršić, PhD, Full Professor (primary)

Mirjana Tonković, PhD, Associate Professor

Denis Vlašiček, Assistant

Francesca Dumančić, M.Sc., Assistant

**Hours** Lectures 15

Exercise 30 Laboratory exercise 30

Prerequisites None

Goal Knowledge in advanced methodology of collecting, analyzing and presenting data

based on laboratory and field research in cognitive psychology, emotions and motivation. An advancement of fundamental knowledge in various fields of

experimental and applied psychology. Mastering of presentation skills.

**Teaching methods** Lectures and practicum. Students are divided in three groups according to three

broad research areas in general psychology: emotions, cognition and motivation. Course is project-oriented. Students participate in hypotheses definition, designing experimental and non-experimental quantitative research, data collecting and

analyzing, and research presentation.

## Assessment methods

#### Learning outcomes

- 1. To create relevant research objectives in various areas of applied psychology and to form research hypotheses.
- 2. Using advanced research designs and apply quantitative research methods with the aim of upgrading existing knowledge in psychology and improving professional work
- 3. To analyze research data by using complex statistical technics and advanced IT technologies.
- 4. Evaluating psychosocial interventions, critical analyzing and creating solutions to professional issues.
- 5. To evaluate psychological findings.
- 6. Clear and reasoned communication of own conclusions and recommendations

- 1. Introduction, module choosing
- 2. How to test theories? Research objective, hypothesis, design
- 3. Hypotheses in factorial designs, the concept of interaction; between subjects, within subjects and repeated measures research design
- 4. Factorial design: theoretical report 1
- 5. Factorial design: research report 2
- 6. research designs, validity control
- 7. Quasy-experimental design: theoretical report 3
- 8. Differences between groups and correlations between phenomena
- 9. Differences between groups and correlations between variables: research report 4
- 10. Intervening variables: moderators and mediators
- 11. Examining mediational and moderation effects: research report 5
- 12. Experimental, quasy-experimental and non-experimental research designs: theoretical report 6
- 13. Innovativeness in research: How to find and present own hypothesis and upgrade existing knowledge?
- 14. Innovativeness in research: theoretical report 7

15. How to defend a research project?

## **Prevention and Promotion in Mental Health**

Name Prevention and Promotion in Mental Health

Organizational unit Department of Psychology

ECTS credits 5

ID 198911 Semesters Winter

**Teachers** Anita Lauri Korajlija, PhD, Associate Professor (primary)

Hours Lectures 30

Seminar 30

Prerequisites None

Goal The aim of the course is to train students to promote mental health in various areas

of work of psychologists.

**Teaching methods** Lectures, group assignments, seminars

**Assessment methods** The knowledge is tested with group practical assignments.

### Learning outcomes

1. compare different theoretical models of mental health

- 2. explain the relationship between mental health and mental illness
- 3. identify and group risk and protective factors for mental health in a lifespan perspective
- 4. identify determinants of vulnerability and resilience to mental health in different social, economic and environmental contexts
- 5. recognize modern mental health challenges such as globalization, new technologies, information saturation and the like.
- 6. review different types of prevention programs with an emphasis on psychoeducation and self-help
- 7. create the basics of prevention programs for maintaining mental health in different contexts (family, preschool, school, organizational, etc.).

- 1. Models of mental health
- 2. relationship between health and mental health
- 3. relationship between physical health and mental health
- 4. Protective and risk factors of mental health in different periods of life.
- 5. Sex and gender as factors of vulnerability and resilience to mental health.
- 6. Individual and family determinants of vulnerability and resilience to mental health.
- 7. Social, economic and political determinants of vulnerability and resilience to mental health
- 8. Modern mental health challenges.
- 9. Stigmatization of mental disorders as a risk factor.
- 10. Spirituality and mental health.
- 11. Programs aimed at reducing the risk of mental disorders and / or maintaining mental health.
- 12. Basic principles of prevention of mental disorders.
- 13. Psychoeducation an intervention aimed at improving mental health
- 14. Self-help review of available techniques and evaluation of their effectiveness
- 15. Challenges of clinical psychologists in the field of health promotion

## **Psychodiagnostic methods**

Name Psychodiagnostic methods
Organizational unit Department of Psychology

ECTS credits 5

ID 160825 Semesters Summer

**Teachers** Damir Ljubotina, PhD, Full Professor (primary)

Hours Lectures 30

Seminar 15 Practicum 15

Prerequisites None

Goal Students will get acquainted with current and modern ideas, and ways how to

improve psychodiagnostic methods and instruments. Students will learn how to find and use information on current psychodiagnostic instruments and methods including validation and evaluation data. They will also be able to decide on an

optimal instrument for a given research problem

**Teaching methods** 2 hours of lectures, 1 hour of seminars and 1 hour of labs. In-class activities consist

of practical problem solutions, writing papers on a given topic, demonstration of methods and examples of psychological practices which include visits to

institutions that deal with psychodiagnostics

Assessment methods Student grades will be based on in-class activity assessments, project

accomplishment, and final written exam.

#### **Learning outcomes**

1. Cite and critically evaluate contemporary trend in psychodiagnostic and information sources about psychodiagnostic instruments

- Describe the formal and legal framework in which psychodiagnostic methods are used in Croatia and the world
- 3. Efficiently solve specific psychodiagnostic problems by choosing adequate methods and adequately interpret the results in accordance with the specific psychodiagnostic purpose
- 4. Find, evaluate and interpret available information on psychometric characteristics of specific psychodiagnostic instruments
- 5. Compare and evaluate advantages and disadvantages of specific psychodiagnostic methods and diagnostic instruments
- 6. Explain the specifics and methodological issues in psychodiagnostic application in specific contexts of research and applied psychology
- 7. Take responsibility for the validity of decision made based on chosen psychodiagnostic methods

- 1. Introductory information
- 2. Criteria for selecting an adequate method with regard to purpose(s) of measurement, technical, legal and ethical standards (APA, ITC, domestic standards, laws, categorization of psychodiagnostic methods);
- Sources of information about psychodiagnostic instruments (evaluative and non-evaluative representations and databases); Integrative overview of contemporary psychodiagnostic practice in Croatia and the world;
- 4. Overview and evaluation of different general diagnostic methods. The choice of relevant validity data specific to diagnostic procedures; The choice and adequacy of a specific method (instrument)
- 5. Information required for proving different forms of validity of diagnostic methods
- 6. Psychodiagnostic methods (self-report, test)
- 7. Psychodiagnostic methods (performance measures, observations)
- 8. Psychodiagnostic methods (biographical data, projective techniques)

- 9. Psychodiagnostic methods (interviews, situational tests, assessment centres)
- 10. Psychodiagnostic methods (others assessment, case analysis, documentation et al.)
- 11. Computer use in psychodiagnostic
- 12. Psychodiagnostic methods and instruments in field of emotional intelligence
- 13. Psychodiagnostic methods and instruments in field of cognitive abilities
- 14. Psychodiagnostic methods and instruments in field of stress and trauma
- 15. Psychodiagnostic methods and instruments in field of personality

## Psychological assessment of children

Name Psychological assessment of children

Organizational unit Department of Psychology

ECTS credits 5

ID 160756 Semesters Summer

**Teachers** Gordana Kuterovac Jagodić, PhD, Full Professor (primary)

Hours Lectures 30

Seminar 15 Practicum 15

**Prerequisites**To enrol course it is necessary to pass course Psychometrics

Goal The purpose of this course is to gain an understanding of basic principles,

approaches and methods of psychological assessment of children and to stress distinctions and particularities of that assessment in comparison to assessment of adults. In addition, the goal is to develop basics of interviewing children and parents, observation, and psychological testing. Furthermore, students will acquire administration skills with respect to several widely used standardized tests of particular aspects of child development and functioning, as well as learn how to

write assessment reports and apply ethical principles in assessment.

**Teaching methods** Lectures, seminars, exercises, field exercises, demonstrations, multimedia

Assessment methods Assessment of knowledge will be performed through individual and group

assignment on psychological instruments and by psychological report on the

assessment of a child. There will be final written and oral exam.

### Learning outcomes

- 1. To describe, differentiate and classify psychological disorders in childhood and adolescence
- To describe, differentiate, classify and choose appropriate methods of assessment of different aspects of child development and functioning.
- 3. To describe and differentiate particularities of psychological assessment of children in comparison to adult assessment
- 4. To choose appropriate psychodiagnostic instruments for the assessment of various aspect of child functioning and development.
- 5. To conduct methods of child interview, parent interview, technique of unfinished sentences, technique of testing and technique of psychological questionnaire in the assessment of one child.
- 6. To score and interpret the data from the assessment of one child for the psychological report.
- 7. To write a report form psychological assessment of one child.

- 1. Definition, approaches, types and contexts of psychological assessment of children.
- 2. Approaches to classification of child disorders and overview of determinants of child psychopathology.
- 3. Overview of the main classification systems of child psychopathology
- 4. Methods of child psychological assessment: observation
- 5. Methods of child psychological assessment: child and parent interview
- 6. Methods of child psychological assessment: testing
- 7. Methods of child psychological assessment: expressive and projective techniques
- 8. Assessment of family context of child development
- 9. Methods and instruments for screening of children
- 10. Assessment of socioemotional functioning and adaptive behavior of children
- 11. Assessment of development of infants and preschoolers
- 12. Assessment of cognitive development and intelligence of children
- 13. Neuropsychological assessment of children

- 14. Making recommendations based on test results. Principles of psychological reports writing.15. Ethical issues of child assessment

## Psychological disorders - theories and diagnostic procedures

Name Psychological disorders - theories and diagnostic procedures

Organizational unit Department of Psychology

ECTS credits 5

ID 118181 Semesters Summer

Teachers Nataša Jokić-Begić, PhD, Full Professor (primary)

Hours Lectures 30

Practicum 30

**Prerequisites**To enrol course it is necessary to pass course Clinical assessment of

psychological disorders

Goal The aim of the course is to enable students to review different etiological

explanations of mental disorders, and select appropriate psychodiagnostic techniques in their differentiation, and gain insight into the work of a clinical

psychologist in different contexts.

#### Teaching methods

#### Assessment methods

#### Learning outcomes

- 1. compare different etiological explanations of mental disorders (anxiety, depression, schizophrenia, sexual disorders, personality disorders, addiction)
- choose an appropriate etiological model of a particular disorder and support it with relevant scientific evidence
- 3. design a process of clinical assessment of mental disorders based on scientific facts
- 4. conduct a comprehensive clinical assessment, and interpret the findings in an understandable manner
- 5. describe and compare the work of clinical psychologists in different contexts (hospital, outpatient, forensic, counseling)

- 1. Etiological models in understanding mental disorders (biological, psychological and social)
- 2. Psychodiagnostics a process based on scientific facts?
- 3. Limitations of the psychodiagnostic process
- 4. The aetiology and diagnosis of anxiety and OCD spectrum disorders
- 5. Visit a psychotherapy counselling centre
- 6. The aetiology and diagnosis of addiction
- 7. Visit an addiction treatment centre
- 8. Mental health problems in children
- 9. Visit a child mental health's hospital
- 10. The aetiology and diagnosis of schizophrenia
- 11. Visit a forensic centre
- 12. The aetiology and diagnosis of mood disorders
- 13. Visit a psychiatric hospital
- 14. The aetiology and diagnosis of personality disorders
- 15. visit a prison's hospital

## Psychology as a science and profession

Name Psychology as a science and profession

Organizational unit Department of Psychology

ECTS credits 1

ID 35825 Semesters Winter

**Teachers** Denis Bratko, PhD, Full Professor (primary)

Tena Vukasović Hlupić, PhD, Assistant Professor

Hours Lectures 15

Prerequisites None

Goal This course is aimed at providing students with and overview and the basic

information about psychology as a social science, with the main goal of orienting

students in their future studies of psychology.

**Teaching methods** Concentrated lectures. Group discussions.

**Assessment methods** Written exam.

### Learning outcomes

1. To explain and analyze historical development and theoretical systems of different fields of psychology.

- 2. Using scientific research methodology appropriate for solving problems in different fields of social
- 3. To explain and analyze historical development and theoretical systems of different fields of psychology.
- Using scientific research methodology appropriate for solving problems in different fields of social affairs.

- 1. Introduction with the students and the course aims.
- 2. Introduction into psychology as a scientific discipline and as a profession.
- 3. Psychological methods.
- 4. Biological basis of psychology.
- 5. Senses and perception.
- Consciousness and states of consciousness.
- 7. Learning, memory, intelligence.
- 8. Thinking and speaking.
- 9. Motivation and emotions.
- 10. Personality.
- 11. Developmental psychology.
- 12. Psychological disorders and therapy.
- 13. Stress and health.
- 14. Social psychology: individuals and groups.
- 15. Applied psychology: different life domains.

## Psychology of adulthood and aging

Name Psychology of adulthood and aging

Organizational unit Department of Psychology

ECTS credits 5
ID 52594
Semesters Winter

Teachers Gordana Kuterovac Jagodić, PhD, Full Professor (primary)

Hours Lectures 30

Seminar 15

**Prerequisites**To enrol course it is necessary to pass course Child and adolescent psychology

Goal This course is designed to provide students an overview of the theoretical

This course is designed to provide students an overview of the theoretical postulates of lifelong development theory and its relevancy for studying change and continuity in psychological processes during adulthood. Students will understand and differ as well as critically evaluate methods and designs for studying development. Students will be able to list both normative and pathological changes in physical, sensory, cognitive, emotional and social changes during adulthood. After completion of the course students will understand determinants and mechanisms of developmental change and psychological adaptation on the biological changes, changes in social roles and life events in adulthood. Participation and activities in this course should reduce presence of myths and stereotypes towards elderly and aging process among students and enable them to understand developmental status of persons of different age therefore improving their professional and personal communication with them.

**Teaching methods** Lectures

Seminars: Interview paper (individual) and comparison presentation (goup)

Workshops Reaction papers Field work

Multimedia and internet

**Assessment methods** Final grades will be calculated as pondered value of grades of two written mid term

exams (30% each, or 60% for one final term exam), written assignment on identification of myths and stereotypes about aging (5%), written reflection paper on aging in art or literature (5%) and individual report on structured developmental interview with an adult person (25%). Class attendance and participation in

discussions during classes and seminars will be noted.

### Learning outcomes

- 1. To identify and critically evaluate some myths and stereotypes about elderly and about ageing.
- 2. To describe and compare fundamental theoretical approaches to development in adulthood.
- 3. To explain basic research methods and research designs of aging and development in adulthood, as well as their advantages and disadvantages.
- 4. To explain developmental changes during adulthood in aspects of physical, cognitive, emotional, social and professional development, as well as mental health and to recognize connections among them and critically evaluate them.
- 5. To conduct developmental interview with an adult or elderly person.
- 6. To synthesize knowledge on developmental changes in various aspects of functioning among persons in different developmental stages of adulthood (early, middle, late adulthood).
- 7. To recognize and apply knowledge on adult development and aging in the analysis of developmental path of one individual.
- 8. To use teamwork and presentation skills in critical thinking on development issues during adulthood.

- 1. Adult development and aging in contemporary world: basic concepts and myths about aging.
- 2. Theoretical approaches to adulthood development: fundamental postulates of lifespan theory of development
- 3. Theoretical approaches to adult development: biological, psychological and psycho social theories.
- 4. Methods for research of adult development and aging.
- 5. Physical changes during adulthood and aging: biological theories of aging and changes in body systems.
- 6. Health and health behavior in adulthood: factors of longevity, chronic conditions, functional health and disability.
- 7. Cognitive development in adulthood: attention, perception, memory
- 8. Intelligence in adulthood: changes and stability
- 9. Development of morality, searching for meaning of life and wisdom.
- 10. Personality in adulthood: changes and stability.
- 11. Close relations in adulthood: intimate partners, marriage, parenthood.
- 12. Close relations in adulthood: sibling relationships, inter generational relationships, friendship
- 13. Career development, leisure time, retirement during adulthood.
- 14. Health, coping with stress during adulthood and adaptation to aging.
- 15. End of life, coping with death and bereavement.

## Psychology of language

Name Psychology of language
Organizational unit Department of Psychology

ECTS credits 4

ID 132496 Semesters Summer

Teachers Mirjana Tonković, PhD, Associate Professor (primary)

**Hours** Lectures 30 Seminar 15

Prerequisites To enrol course it is necessary to pass course Practicum in psychology I

Goal The aim of this course is to give an overview of theories, methodologies and

research findings in the field of psychology of language. The aim is to practice asking relevant questions about the use of language and how it is possible to answer

them with research in the field of psychology of language.

**Teaching methods** Lectures and seminars.

**Assessment methods** Written and oral exam, seminars.

#### Learning outcomes

1. Design an experiment in the field of psychology of language.

- 2. Describe the areas of applied psychology of language and explain the importance of language research for the areas of applied psychology.
- 3. Recognize normal language development from one that deviates from common patterns and identify major language-related disorders.
- 4. Describe why language is important for the study of cognitive functions at different ages, in healthy individuals and in individuals with mental disorders.
- 5. Explain the role of culture in language development and use.
- 6. Explain language acquisition and language representation in the brain and language processes in children and adults.
- 7. Analyze the process of foreign language acquisition.
- 8. Compare speech comprehension and written text comprehension.
- 9. Analyze the role of language in human thinking.

- Introduction to language research: a historical overview and methods in psychological of language research.
- 2. Definition of language. Animal language.
- 3. Biological, cognitive and social foundations of language.
- 4. Language acquisition: phonological development, development of semantics and syntax.
- 5. Second language acquisition and bilingualism.
- 6. Language perception: visual word recognition, reading and speech comprehension.
- 7. Language comprehension: meaning of words, sentences and text.
- 8. Language production and speech.
- 9. Disorders of language production and comprehension.
- 10. The structure of the language system and the relationship with memory systems.
- 11. Language and representation of knowledge.
- 12. The role of language in perceptual and cognitive processes. Language and thinking.
- 13. The influence of culture on language.
- 14. Contemporary research in psychology of language.
- 15. Review and exam preparation.

## Psychology of music

Name Psychology of music

Organizational unit Department of Psychology

ECTS credits 4

ID 77850 Semesters Summer

**Teachers** Ana Butković, PhD, Associate Professor (primary)

Hours Lectures 30

Seminar 15

Prerequisites To enrol course it is necessary to pass course Psychology of Personality

**Goal** Familiarizing students with the field of music psychology.

**Teaching methods** Lectures and seminars

**Assessment methods** seminar work, written exam

### Learning outcomes

- 1. To explain and analyze historical development and theoretical systems of different fields of psychology.
- 2. Interpreting basic psychological processes and traits (perception, memory, learning, motivation, emotion, personality, social behavior), and their neurobiological foundations and developmental mechanisms.
- 3. Critically evaluating scientific findings from psychology and other similar and complementary scientific disciplines.
- 4. Using foreign language in professional communication.
- 5. Critically interpreting scientific and professional literature.

- 1. Introduction
- 2. Overview of the field
- 3. Origin and function of music
- 4. Perception
- 5. Bodily reactions to music
- 6. Emotional reactions to music
- 7. Music and brain
- 8. Music and development
- 9. Cognitive abilities
- 10. Personality
- 11. Music influence in everyday life
- 12. Musical preferences
- 13. Music and consumer behavior
- 14. Music and health
- 15. Conclusion

### Psychology of pain

Name Psychology of pain

Organizational unit Department of Psychology

ECTS credits 3
ID 51227
Semesters Winter

Teachers Dragutin Ivanec, PhD, Full Professor (primary)

Hours Lectures 30

**Prerequisites**To enrol course it is necessary to pass course Biological psychology I

Goal The aim of the course is that students can explain how psychology, as a science

and profession, theoretically and practically relates to the experience of physical pain, both acute and chronic. Students will acquire specific knowledge about the nature of pain with an emphasis on linking the psychological factors in modulation acute and chronic pain. Students will also adopt procedures for measuring and assessing pain in adults and children. They will be introduced to basic methods of

pain relief based on a psychological approach.

**Teaching methods** Lectures.

**Assessment methods** During semester there is will be knowledge test (colloquium), and on the end of

course written exam. The share proportion of colloquia in the total grade is 30%,

and the written exam 70%.

#### Learning outcomes

1. To explain difference between pain sensation and other sense modalities.

- 2. To explain a role of different psychological variable (learning, expectation, emotion, distraction) in modulation of pain sensation, and to explain mechanisms of such a modulation.
- 3. To illustrate methods and approaches in pain assessment in healthy and pain suffered subjects.
- 4. Distinguish the main psychological approaches in the treatment of acute or chronic pain and explain the theoretical basis of their application.

- 1. Pain sensation as a part of other sensation modalities similarities and differences.
- 2. Biological background of pain sensation. Receptors and central representation.
- 3. Theoretical frameworks in pain modulation explanation.
- 4. Approach for pain assessment in adults and children.
- 5. Individual difference in pain expression (the role of sex, gender, personality trait and culture).
- 6. Psychological state and modulation of pain perception the role of emotion and attention.
- 7. Expectation as factor of pain modulation.
- 8. Placebo effect and acute pain
- 9. Placebo effect documentary movie.
- 10. Chronic pain.
- 11. Psychological characteristics people suffered from chronic pain.
- 12. Adjustment to chronic pain.
- 13. Phantom limb pain.
- 14. Psychological approach in chronic pain treatment.
- 15. pre-knowledge test

### Psychology of parenting

Name Psychology of parenting
Organizational unit Department of Psychology

ECTS credits 6

ID 118183 Semesters Winter

**Teachers** Gordana Keresteš, PhD, Full Professor (primary)

Hours Lectures 45

Seminar 30

**Prerequisites** None

Goal To apply knowledge about theoretical approaches and research findings in the field

of parenting psychology in creating and implementing projects aimed at supporting

parents.

**Teaching methods** Lectures and service learning

**Assessment methods** Knowledge about theories and research in parenting psychology is evaluated

through written and oral exam. Service-learning projects are evaluated through

students diaries and reports on project progress and outcomes.

#### Learning outcomes

1. To create, implement, and evaluate scientifically-based preventive and interventive programs aimed at supporting parents and enhancing the quality of parent-child relationship

2. To analyze specificities of parenting in different phases and circumstances

- 3. Critically evaluate transactions between parent, child, and contexts in which they are embedded
- 4. To put a child's rights and best interests in focus while supporting parents

- 1. The structure of parenting and individual differences.
- 2. Self-perceptions of parenthood
- 3. Assessment of parenting behavior and self-perceptions of parenting
- 4. Models of parental influence. Preventive and intervention programs for parents.
- 5. Models of determinants of parenting behavior
- 6. Parent characteristics as determinants of parenting behavior
- 7. Contextual determinants of parenting
- 8. Child characteristics as determinants of parenting
- 9. Motivation for parenting, transition to parenting and phases of parenting
- 10. Specificities of parenting an infant
- 11. Specificities of parenting a preschool child
- 12. Specificities of parenting a school-age child
- 13. Specificities of parenting an adolescent
- 14. Parents and adult children
- 15. Parenting in specific circumstances (adolescent parents, single parents, lesbian and gay parents, parenting a child with atypical development, foster parents, adoptive parents)

### **Psychology of Personality**

Name Psychology of Personality
Organizational unit Department of Psychology

ECTS credits 7

ID 51230 Semesters Summer

Teachers Denis Bratko, PhD, Full Professor (primary)

Tena Vukasović Hlupić, PhD, Assistant Professor

Martina Pocrnić, Assistant

Hours Lectures 45

Seminar 30

Prerequisites To enrol course it is necessary to pass course Biological psychology II

To enrol course it is necessary to pass course Learning and higher cognitive

processes

**Goal** Objective of this course is to enable students to gather knowledge about personality

psychology. Focus of the course will be on contemporary models and issues currently dominant in personality psychology. By the end of the course students will familiarize themselves with methodology and different contemporary issues in personality psychology. This will enable them to follow the literature and understand the research logic in the field. Also, the course will be of assistance in

their later specialization in different domains of applied psychology.

Teaching methods Lectures, seminars, independent assignments, combined e-learning, multimedia

and network.

**Assessment methods** Two midterm and/or end term written exam.

#### Learning outcomes

1. Interpreting basic psychological processes and traits (perception, memory, learning, motivation, emotion, personality, social behavior), and their neurobiological foundations and developmental mechanisms.

2. Critically interpreting scientific and professional literature.

- 3. Independently creating, and performing oral and written presentations of results of various types of assignments to both experts and laymen.
- 4. Interconnecting and evaluating fundamental findings from both theoretical and applied psychological science.

- 1. Introduction to personality psychology (personality defined, levels of personality analysis, history and structure of the field, grand theories of personality and contemporary research in personality)
- 2. Research methods in personality psychology (approaches focused on individual or group differences, sources of personality data, research methods, strengths and weaknesses of different methods).
- 3. Traits and trait taxonomies (theoretical definition n of personality traits, identification of the most important traits, theoretical models and taxonomies of personality traits: Eysenck's, Cattell's and Five-factor model, Circumplex models of personality).
- 4. Theoretical and measurement issues in personality psychology (traits and prediction of behavior, situationism, interactionism and trait personality psychology, aggregation and prediction, personality measurement within different trait theories, self-reports and peer-reports).
- 5. Stability and change of personality dispositions (theoretical definition of "continuity" and "change" of personality, methodological problems in the study of personality stability and change, research results in the field of personality stability and change).
- 6. Physiological basis of personality traits (physiological basis of Eysenck's personality dimensions, sensitivity to reward and punishment: Gray's reinforcement sensitivity theory, biological basis of temperament: Cloninger's psychobiological theory, sensation seeking: Zuckerman's personality theory).

- 7. Evolutionary perspective in personality psychology (evolution and basic psychological mechanisms, individual differences and evolution, Five-factor model and , and evolutionarily relevant adaptive problems).
- 8. Behavior genetics and personality psychology (quantitative and molecular genetics, behavioral genetics methods: twin studies, adoption studies, and family studies, heritability, major findings from behavioral genetic research).
- 9. Social-cognitive perspective in personality psychology (basic characteristics of socio-cognitive approach, cognitive processes and personality, self-efficacy)
- 10. Emotion and personality (comparison of dimensional models of emotions and dimensional models of personality, personality and subjective well-being, emotions and processing of positive and negative information).
- 11. Sex, gender and personality (difference between sex and gender differences, sex differences in personality, masculinity, femininity and androgyny).
- 12. Personality and intellectual competence (personality and intelligence, personality and educational achievement, personality and creativity)
- 13. Culture and personality (differences in personality depending on the characteristics of different cultures, individualism and collectivism, cultural universality of personality models).
- 14. Personality and social interaction (selection, evocation and tactics of manipulation).
- 15. Personality and different life outcomes.

# Psychology of religion

Name	Psychology of religion
Organizational unit	Department of Psychology

**ECTS credits** 3 **ID** 51236

Semesters Summer

**Teachers** Šimun Šito Ćorić, PhD, Full Professor (primary)

Hours Lectures 30

Prerequisites To enrol course it is necessary to pass course Practicum in psychology I

Goal

**Teaching methods** 

**Assessment methods** 

Learning outcomes

1.

2. 3.

4.

5.

### Psychology of sex and gender

Name Psychology of sex and gender
Organizational unit Department of Psychology

ECTS credits 4
ID 80915
Semesters Winter

**Teachers** Željka Kamenov, PhD, Full Professor (primary)

Ivana Jugović, PhD, Scientific Associate

Hours Lectures 30

Seminar 15

**Prerequisites**To enrol course it is necessary to pass course Social perception and attitudes

Goal Students will be able to explain the role of gender in individual behavior

throughout different life stages and in different life domains. They will be able to differentiate between different theoretical approaches to gender and they will learn to apply appropriate psychological methods and techniques in their professional work pertaining to gender issues. Students will learn to recognize and take into account gender specificities in various domains of psychological work: in

education, organizations, psycho-social help.

**Teaching methods** Ex-catedra lectures.

Group discussion and student interaction.

Seminars.

Individual and group assignments.

**Assessment methods** Written exam.

Individual assignments. Individual seminars. Group assignments. Group presentation.

#### Learning outcomes

- 1. Differentiate between areas/specific characteristics with larger/smaller differences between men and women.
- 2. Critically evaluate research approaches focusing on gender differences.
- 3. Explain, compare and evaluate main theoretical approaches to explaining differences between men and women.
- 4. Critically evaluate and choose appropriate measurements to assess gender stereotypes and attitudes as well as gender role attitudes.
- 5. Explain the development and maintenance of gender roles and gender stereotypes. Assess the possibilities for reducing gender stereotypes.
- 6. Differentiate between psychological mechanisms used in the media to form the image of men and women.
- 7. Identify specific gender issues in education, family and at work with emphasis on practical implications for psychologists.
- 8. Create a workshop aimed at increasing gender sensitivity for laypeople/practicing professionals.

- 1. Introduction to the course and student tasks and obligations. History of women's rights issues. Gender discrimination issues in Croatia.
- Terminology.
- 3. Differences between men and women.

- 4. Different theoretical approaches to gender differences. Advantages and disadvantages of each theoretical approach.
- 5. Gender role socialization.
- 6. Sexual orientation and sexual identity. Position of LGB individuals in Croatia.
- 7. Gender stereotypes.
- 8. Methodology. Examples of measures and instruments.
- 9. Role of media in creating and maintaining gender roles and stereotypes. Psychological mechanisms underlying media influence.
- 10. Presenting group assignments focusing on different media influence on gender issues (informative shows; movies and TV shows; kids' shows; advertisements; video games; magazines).
- 11. Gender and sex in education. Unequal treatment of men and women in education.
- 12. Sex and gender in family. Unequal treatment of men and women in families. Division of work and concern for family members.
- 13. Sex and gender at work. Unequal treatment of men and women at work.
- 14. Implication of gender related issues for practicing psychologists. Presenting group assignments and a final discussion on gender sensitivity.
- 15. Strategies for reducing gender prejudice/discrimination workshop presentation.

### Psychology of sexuality

Name Psychology of sexuality
Organizational unit Department of Psychology

ECTS credits 5

ID 131607 Semesters Winter

Teachers Nataša Jokić-Begić, PhD, Full Professor (primary)

Tanja Jurin, PhD, Assistant Professor

Hours Lectures 30

Practicum 30

**Prerequisites**To enrol course it is necessary to pass course Clinical assessment of

psychological disorders

Goal Acquiring competencies to understand the complexities of the field of psychology

of human sexuality.

**Teaching methods** lectures, discussions, seminars, practical exercises

**Assessment methods** seminar presentation, teaching activity, knowledge exam result

#### Learning outcomes

1. Define basic theories and models that contribute to the explanation of human sexuality.

- 2. Distinguish basic, but also modified approaches to understanding the cycle of sexual response.
- 3. Explain the similarities and differences in sexual behavior and experience and attitudes.
- 4. Critically analyze gender and age characteristics of sexual behavior and their changes through generations.
- 5. Discuss the differences in the notions of love and intimacy in sexuality.
- 6. List and understand risky sexual behaviors.
- 7. Describe and distinguish clinical pictures of quantitative and qualitative disorders of sexual drive.

8.

- 1. Defining human sexuality
- 2. History, perspectives and research on sexuality
- 3. Biopsychosocial approach to sexuality
- 4. Sexual behaviors and sexual attitudes
- 5. The sexual response cycle: different models and characteristics
- 6. Sexuality, love, and intimacy
- 7. Development of sexuality from childhood to old age
- 8. Sexual orientation, transgender, transsexual
- 9. Stigmatization of sexual minorities
- 10. The term normality in sexuality, the notion of sexual health, the preservation of sexual health
- 11. Sexual problems and disorders in women
- 12. Sexual problems and disorders in men
- 13. Risky and preventive sexual behaviors
- 14. Sexual disorders in mental and physical disorders and diseases
- 15. Characteristics of sexual problem counseling and treatment of sexual disorders

### Psychology of trauma

Name Psychology of trauma

Organizational unit Department of Psychology

**ECTS credits** 4 **ID** 52609

Semesters Summer

Teachers Lidija Arambašić, PhD, Full Professor (primary)

Hours Lectures 30

Seminar 15

**Prerequisites**To enrol course it is necessary to pass course Introduction to clinical psychology

Goal To acquaint students with basic knowledge about stressful and traumatic events,

about losses and about mental states of stress, trauma and the grieving process. Explain the basic principles of providing support to people under stress, and traumatized and grieving people. Explain the methodological difficulties in

conducting research in the field of traumatic psychology.

**Teaching methods** Lectures, discussions, exercises

Assessment methods Verification of knowledge, attitudes and beliefs in the field of traumatic

psychology is conducted during classes through discussions and demonstration

exercises.

#### Learning outcomes

- 1. Compare stressful and traumatic events and losses
- 2. Describe indicators of the mental state of stress, trauma and the grieving process
- 3. List the short-term and long-term consequences of stress, trauma and grief processes and ways to prevent and mitigate them
- Explain the basic principles of providing support to people after stressful and traumatic events and after losses.
- 5. Explain methodological difficulties and ethical issues of research in the field of traumatic psychology
- 6. Recognize the need to care for professionals working with traumatized people

- 1. Theoretical models of stress.
- 2. Types of stressful events and reactions to stressful events.
- 3. Traumatic events and trauma.
- 4. Traumatic and posttraumatic reactions.
- 5. Characteristics of different types of losses reaction to loss.
- 6. Theoretical approaches to the grieving process.
- 7. Goals, characteristics and outcomes of the grieving process. Duration of grief.
- 8. Factors influencing the grieving process.
- 9. Difficult or complicated grief.
- 10. Losses and the grieving process in childhood and adolescence.
- 11. Principles of providing support to people in a state of stress, trauma and during the grieving process
- 12. Prejudices and myths about providing support to traumatized people.
- 13. Basic elements of professional support.
- 14. Possible difficulties and dangers in providing support to traumatized people.
- 15. Specifics of conducting research in the field of traumatic psychology and ethical issues.

### **Psychometrics**

Name **Psychometrics** 

Department of Psychology Organizational unit

**ECTS** credits

117745 ID Winter Semesters

**Teachers** Vesna Buško, PhD, Full Professor (primary)

Damir Ljubotina, PhD, Full Professor (primary)

Blaž Rebernjak, PhD, Assistant Professor

Hours Lectures

30 Practicum

**Prerequisites** None

The program offers a basis for acquiring the skills and knowledge for the Goal

application of psychometric theory in the development, validation and evaluation of psychodiagnostic instruments and their usage. After the completion of the subject, students are expected to be able to critically evaluate the utility of instruments intended for psychological research and practice, considering their

metric quality derived under the existing test theories.

**Teaching methods** Lectures in classical and interactive form:

Auditory, laboratory, and computer exercises: Students obligations also include group assignments, taking part in discussions, group or individual presentation, and homework on topics assigned on classes and

exercises.

Assessment is being done continually during the semester - through practical Assessment methods

> assignments within exercises, active participation of a student during lectures, written homework, written and/or oral colloquia, and exam after the completion of

subject.

#### Learning outcomes

- to explain fundamental concept and assumptions behind each of the major test theories;
- to differentiate models behind the development and evaluation of measurement procedures;
- to differentiate basic steps in the development of measurement procedures following the assumptions of classical test theory and item response theory;
- to analyze factors potentially influencing validity of interpretation of test scores depending on the purpose and/or specific testing conditions;
- to select adequate measurement instrument for a given purpose of testing;
- critically evaluate available validity evidence on the utility of selected instruments in the specific testing circumstances:
- 7. to design and explain the procedure of testing administration and outcomes intended for a particular purpose.

- General model of the construction of composite tests and scales (classical test theory (CTT); theory of behavioral domain samples, item response theory, (IRT));
- 2. Steps in the composite test development; the analysis of metric quality of a test;
- Item analysis and selection; item characteristics in comparison to the metric characteristics of composite
- Test structure and the characteristics of total test scores; 4.
- Introduction to the modern test theory item response theory: basic assumptions and models; 5.
- Item response theory: parameter estimation, the concept of information within IRT;
- Item response theory: test analysis and development; examples of IRT applications;

- 8. Comparisons of CTT and IRT
- 9. Models based on CTT: the models of parallel, tau-equivalent, and congeneric tests;
- 10. Generalizations of CTT in the context of latent variable models;
- 11. Latent state and trait theory (LST);
- 12. the analyses of specific sources of test score variability in the context of models based on CTT and LST;
- 13. demonstration of problems of biasness and fairness of test scores in the context of LST models;
- 14. Applications of testing: selection problem; test as a selection instrument;
- 15. Decision making theory; decision strategies in the selection procedures; regression model and the method of multiple cutoff scores.

## **Psychotherapy schools**

Name Psychotherapy schools
Organizational unit Department of Psychology

ECTS credits 4

ID 117746 Semesters Winter

Teachers Anita Lauri Korajlija, PhD, Associate Professor (primary)

Hours Lectures 30

Prerequisites None

Goal To introduce students with the general principles of psychotherapeutic and

counseling activities and with the theoretical and practical foundations of the most

important directions in psychotherapy and psychological counseling.

**Teaching methods** Lectures

**Assessment methods** Written exam

#### Learning outcomes

1. describe the principles of psychotherapeutic and counseling activities and the theoretical and practical basis of the most important directions in psychotherapy and psychological counseling

- 2. to distinguish therapeutic directions according to their founders and the most famous representatives, theories and models of personality that underlie them, explanations of the occurrence of mental disorders and according to the mechanisms of therapeutic action
- 3. recognize the qualities and shortcomings of certain therapeutic directions in the treatment of certain psychological difficulties
- 4. recognize how psychotherapeutic directions have affected each other

- 1. general about clinical interventions
- 2. Psychoanalytic therapy
- 3. Existentialist therapy and client-centered therapy
- 4. Gestalt therapy
- 5. Transactional analysis
- Reality therapy
- 7. Behavior therapy
- 8. Cognitive-Behavioral therapy
- 9. Feminist therapy
- 10. Systemic family therapy
- 11. Integrative therapy
- 12. Prevention sciences
- 13. 10 basic questions and answers about psychotherapy
- 14. Comparison of psychotherapeutic directions
- 15. Therapeutic approaches in working with traumatized children

### Quantitative test interpretation

Name Quantitative test interpretation
Organizational unit Department of Psychology

ECTS credits 6
ID 97279
Semesters Winter

Teachers Vesna Buško, PhD, Full Professor (primary)

Una Mikac, PhD, Postdoctoral Researcher

Hours Lectures 30

Exercise 15 Laboratory exercise 15

**Prerequisites**To enrol course it is necessary to pass course Introduction to test theory

Goal Learning on fundamental psychometric issues, rationale behind the evaluation of

the psychological test score quality; learning procedures of the assessment and quantification of metric quality of the results of psychological testing, principles

of their evaluation and quantitative interpretation.

**Teaching methods** Lectures - in classical ex catedra and an interactive form;

Exercise - auditory, laboratory, and computer exercises; Students' obligations also include work on group assignments, group discussions

and presentations, homework on topics assigned on classes and exercises.

assignments within exercises, active participation of a student during lectures, written homework, written and/or oral colloquia, and exam after the completion of

subject.

#### Learning outcomes

- 1. After the completion of the subject students are expected to understand the problem of indirect measurement and differentiate related concepts of construct, variable, factor, and test score.
- 2. to define, explain, and compare basic psychometric characteristics of psychological measurement instruments
- 3. to understand the meaning of evaluation of the quality of psychological measurement
- 4. to apply the procedures for the assessment and quantification of metric characteristics of the results of psychological testing
- 5. to understand and explain the principles of evaluation and quantitative interpretation of psychological test scores
- 6. to apply statistical reasoning in the evaluation of empirical indices of the quality of test scores
- 7. to evaluate scientific findings in psychology and related disciplines in the context of available methods for the assessment of relevant hypothetical constructs
- 8. to select and apply appropriate computer programs and software to derive relevant quantitative indices of metric quality of the test scores

- 1. Test score interpretation; relative and absolute score interpretations; evaluation of test score interpretations for the intended uses of a test; norm-related and criterion-related test score interpretation;
- 2. relations among psychometric characteristics; rater reliability; quantification; determinants, objectivity of different types of psychological tests;
- 3. test score discrimination (introduction to the theory of test discrimination); definition, quantification, determinants, indices, relations to indicators of other metric characteristics of psychological tests.
- 4. validity of results of psychological measurement; general validity theory; definition, quantification, relations to other psychometric features;

- 5. Types and sources of validity evidence; assessment and quantification of validity depending on metric quality and dimensionality of predictor and criterion variables;
- 6. Formal models for the validity assessment regression model;
- 7. Criterion validity: bivariate case (rationale, regression equation; characteristic of variables in bivariate regression);
- 8. Criterion validity: multivariate case (psychometric interpretation of multiple correlation, regression coefficients and partial/semipartial correlations, evaluation of multiple regression equation);
- 9. Inferential statistics of regression parameters; the issue of biasness of multiple correlation coefficient; cross-validation;
- 10. estimates of the magnitude of the criterion validity coefficient depending on quality of validation samples (the effects of homogenization and heterogeniety of samples)
- 11. Classification problem; psychological profile analysis: definition, rationale, formal characteristics, comparisons, usage, validity indices based on profile analysis
- 12. Formal models for the validity assessment factor model; rationale, purpose, definition, application;
- construct validity: apriori and empirical methods for validity assessment, multifactor model of the raw test score structore;
- 14. Factor analysis (FA); multifactor problem; basic problems in FA; fundamental factor theorem;
- 15. methods for determining the number of latent factors; factor solution interpretation; methodological assumptions and requirements for the adequate usage of FA.

# Selecting and developing employees

Name Selecting and developing employees Organizational unit Department of Psychology 7 **ECTS** credits 124470 ID **Semesters** Summer **Teachers** Maja Parmač Kovačić, PhD, Assistant Professor (primary) Antun Palanović Mitja Ružojčić, PhD, Postdoctoral Researcher Nikola Erceg, Assistant 30 Hours Lectures 45 Practicum **Prerequisites** None Goal **Teaching methods Assessment methods Learning outcomes** 1. 2. 3. 4. 5. 6. 7. 8. Content 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14.

15.

## Self-concept and self-presentation

Name Self-concept and self-presentation

Organizational unit Department of Psychology

ECTS credits 4

ID 95304 Semesters Winter

**Teachers** Margareta Jelić, PhD, Associate Professor (primary)

Hours Lectures 30

Seminar 15

**Prerequisites**To enrol course it is necessary to pass course Social perception and attitudes

Goal Mastering the basic theoretical perspectives and empirical findings related to the

self and ways of self-presentation. Understanding the factors that affect self-concept and how it is related to behavior in different situations and with different

people. Expanding the repertoire of self-presentation strategies.

**Teaching methods** Lectures, seminars, individual assignments

**Assessment methods**The knowledge test is conducted during classes through various individual and

group tasks and a written exam after completing the course. The final grade is formed on the basis of a written exam, seminar paper and

assignments that the student should submit during the semester.

#### Learning outcomes

- 1. Students will be able to state theoretical perspectives in the field of self and explain their basic assumptions.
- 2. Students will be able to explain self-presentation strategies and identify them by example, and connect each strategy with the goal to be achieved.
- 3. Students will be able to explain how self-esteem is related to behavior in different situations.
- 4. Students will be able to choose adequate self-esteem measures given their strengths and weaknesses and the goal of the research.
- 5. Students will be able to critically judge the methods used in self-esteem and self-perception research.

- 1. Self: Definition of self; similarities and differences from related constructs.
- 2. Developmental and socialization differences in the content of self-concept.
- 3. Self in a broader social context. Sources of self-knowledge.
- 4. Structure of self: Traditional division of self: cognitive, affective and active self. (Descriptive, evaluative, and motivational aspects of self.)
- 5. Cognitive self: Self-schema. Self-awareness and self-esteem. Differentiation and integration of self-concept.
- 6. Self-esteem: The structure and level of self-esteem.
- 7. Explicit and implicit self-esteem
- 8. New constructs in the field of self-perception. Narcissism. Self-compassion. Fear management theory.
- 9. Basic self-motives: self-assessment, self-enhancement and self-verification.
- 10. Self-enhancing biases, the above-average effect, unrealistic optimism, defensive pessimism, false consensus. Self-regulation.
- 11. Self-presentation: Self-concept and interpersonal behavior. Self-monitoring. Private and public self-awareness.
- 12. Individual differences in self-awareness and self-presentation abilities. Self-presentation and personality traits.
- 13. Self-presentation strategies with regard to the desired goal. Self-handicapping. Theory of strategic self-presentation.
- 14. Self-presentation and social networks.

15. seminars

# Social identity and intergroup relations

Name Social identity and intergroup relations

Organizational unit Department of Psychology

ECTS credits 6

ID 117747 Semesters Winter

**Teachers** Dinka Čorkalo Biruški, PhD, Full Professor (primary)

Iva Kapović, Assistant

Hours Lectures 30

Seminar 15 Practicum 15

Prerequisites None

Goal Gaining knowledge about the processes underlying development of social

identities and intergroup relations; introducing major theories of social identity and categorization processes, development of intergroup conflicts and their mitigation.

**Teaching methods** Lectures, seminars, exercises, independent project tasks, mixed e-learning

**Assessment methods** Participation in the class 5 %, individual mid-term paper 5%, two project tasks

15%, two colloquia (mid-term exams) or written exam with a possibility of oral

exam 75%.

#### Learning outcomes

1. Describing socialization processes in formation of social roles and social identity.

- Comparing causes of stereotype and prejudice development, connecting those concepts with everyday social situations and experiences.
- 3. Describing development and role of social identity and related social processes within and between groups.
- 4. Analyzing factors and theories of intergroup conflict development. Comparing patterns of conflict development and conflict mitigation.
- 5. Connecting group belonging and related personal experiences.
- 6. Creating new ideas about possibilities for community intergroup reconciliation.

- 1. Culture and intergroup behavior. Acculturation processes and factors influencing them. Culture and values. Individualism and collectivism, individualistic and collectivist societies and cultures.
- 2. Social norms, social roles and social power, social identity. Gender roles and gender similarities and differences. Evolutionary approach and sociopsychological theories of gender differences.
- 3. Intergroup perception, social categorization, perception of ingroup and outgroup, group bias. Theories of stereotype development and preservation.
- 4. Social identity approach: social identity theory and social categorization theory.
- 5. Ethnic and national identity. Ethnocentrism and nationalism. Patriotism and other forms of attachment to large groups.
- 6. Prejudice and discrimination. Traditional and modern forms of prejudice. Causes of prejudices; social, motivational and cognitive factors. Prejudice and everyday life: use of language and group-based jokes.
- 7. Prejudices and authoritarianism. Classical approach to authoritarianism, right-wing authoritarianism. Socialization of prejudice and discrimination. Comparing prejudice and discrimination.
- 8. Intergroup conflict: development, mitigation and resolution. Propaganda as a form of preparing and maintaining the conflict. Intractable conflict and genocide.
- 9. Theories of conflict. Frustration-aggression theory, classical approach and contemporary advancement. Relative deprivation theory.
- 10. Social protests and social action. Theoretical explanations and models of participation.

- 11. Realistic conflict theory and Robbers Cave experiment. Social learning and intergroup conflict. Game theory and intergroup conflict.
- 12. Theories of conflict: intergroup threat theory. Intergroup emotions and their role in conflict.
- 13. Strategies for conflict resolution: contact hypothesis classical approach and contemporary advancement.
- 14. Strategies for conflict resolution: negotiation, mediation and arbitration.
- 15. Intergroup reconciliation and social reconstruction of communities after conflict.

### Social perception and attitudes

Name Social perception and attitudes

Organizational unit Department of Psychology

ECTS credits 6
ID 51233
Semesters Summer

**Teachers** Željka Kamenov, PhD, Full Professor (primary)

Jasmina Mehulić, Assistant

Hours Lectures 30

Seminar 15 Practicum 15

**Prerequisites**To enrol course it is necessary to pass course Practicum in psychology II

Goal Students will be able to define the domain of social psychology and to distinguish

it from other areas of psychology and other social sciences. They will learn the importance of understanding subjective interpretations of one's social world and the effect these subjective interpretations have on behavior. Students will be able to understand how people form impressions of others and why those impressions are sometimes biased. Students will become familiar with the most important theories and empirical findings regarding attitudes and how they change. They will

be able to choose and apply relevant measuring techniques.

**Teaching methods** Ex-catedra lectures.

Group discussion and student interaction.

Seminars. Practical work.

Individual and group assignments. Individual and group presentations.

Collaborative learning.

**Assessment methods** Written and oral exams.

Individual and group assignments.

#### Learning outcomes

- 1. Students will be able to define the domain of social psychology and to distinguish it from other areas of psychology and other social sciences.
- 2. Critically evaluating scientific findings and research in the area of social psychology.
- 3. Explain and compare different sources of self-knowledge and illustrate different impression management techniques.
- 4. Students will be able to understand how people form impressions of others and why those impressions are sometimes biased.
- 5. Differentiate between different attitude measurement methods and techniques and understand their pros and cons.
- 6. Students will be able to construct and apply relevant attitude measures.
- 7. Students will become familiar with the most important theories and empirical findings regarding attitudes and how they change, as well as to explain the interaction of attitudes and behaviors.
- 8. Individually create a persuasive message.

- 1. Introduction to social psychology. Methodology in social psychological research.
- 2. Self-concept. Self-awareness and self-consciousness. Sources of self-knowledge.
- 3. Self-esteem. Impression management and self-monitoring.

- 4. Self-presentation. Primacy effect.
- 5. Impression formation. Implicit personality theories. Self-fulfilling prophecy.
- 6. Basics of attribution theory. Kelley's covariation model.
- 7. Attribution bias.
- 8. Attitudes definitions, structure. Consistency theories balance theory, congruency theory, theory of cognitive dissonance.
- 9. Methods and techniques for measuring attitudes.
- 10. Comparing different attitude measures.
- 11. Thurstone and Likert scale construction.
- 12. Dissonance reduction.
- 13. Persuasive communication.
- 14. Attitude inoculation. Theory of psychological reactance.
- 15. Interaction of attitudes and behavior.

### Statistics in psychology I

Name Statistics in psychology I

Organizational unit Department of Psychology

ECTS credits 6
ID 35827
Semesters Winter

Teachers Dragutin Ivanec, PhD, Full Professor (primary)

Denis Vlašiček, Assistant

Francesca Dumančić, M.Sc., Assistant

Hours Lectures 30

Exercise 30

Prerequisites None

Goal Students will be able to explain the fundamental logic of the statistical approach in

psychological research; select and use adequate statistical procedures in the process of statistical analysis of results from the domain of descriptive statistics. Students will be able to choose an adequate statistical procedure when testing the null hypothesis in cases with two samples, and make correctly interpretation of the such obtained statistical analysis. The aim is to be able to differentiate the conditions for selecting adequate statistical procedures according to the type of

collected data.

**Teaching methods** Lecture and practical work.

**Assessment methods** During semester two colloquia will be held, the results of which will form an

integral part of the final assessment. At the end of the semester, a knowledge test is conducted with a written exam and, if necessary, an oral exam. Two Colloquia

share proportion of 50% in the total grade, the same as written exam.

#### Learning outcomes

- 1. Describing statistical approach in psychology research.
- 2. Choosing appropriate measures of central tendency of data.
- 3. To explain the source of data variability in psychological measurement and ability to choose appropriate index of variability.
- 4. To calculate and interpret the data of measurement on standardized scales.
- 5. Graphically presenting observed data.
- 6. To explain base logic of nul-hypothesis testing.
- 7. Using t-test in testing difference between two means.
- 8. Adequate using chi-square test in nul-hypothesis testing.

- 1. Statistics methods in psychology research and professional work.
- 2. Comparison and relation between statistical and clinical approach in psychology.
- 3. Basic terms on general linear model in statistical reasoning.
- 4. Central tendency in observed data.
- 5. Mean, median, mod.
- 6. Measures of data variability.
- 7. Rules of graphic data display.
- 8. z-scores, percentiles
- 9. Normal distribution and its characteristics.
- 10. Relation between sample and population. Confidence inference on parameter interval.
- 11. Statistical nul-hypotesis.
- 12. t-test for testing nul-hypothesis.
- 13. Using chi-square test in testing difference in data distribution.

- 14. Relation chi-square test and t-test.15. Test for distribution normality. Data transformation for achieving normality of distribution.

### Statistics in psychology II

Name Statistics in psychology II

Organizational unit Department of Psychology

ECTS credits 6
ID 35830
Semesters Summer

Teachers Dragutin Ivanec, PhD, Full Professor (primary)

Denis Vlašiček, Assistant

Francesca Dumančić, M.Sc., Assistant

Hours Lectures 30

Exercise 30

**Prerequisites**To enrol course it is necessary to pass course Statistics in psychology I

Goal Students is will be able to explain the purpose of calculating the correlation

between variables in psychological research and the background of having a large number of correlation coefficients. Students will be able to calculate and interpret outcome of different correlation analysis. They will be able to explain the logic of analysis of variance and recognize the conditions for the application of an adequate model of analysis of variance, conduct statistical procedure and adequately interpret obtained statistical outcome for ANOVA models. They will be able to explain the purpose of the existence of non-parametric statistical procedures, and be able to apply them adequately in statistical analysis and to interpret the obtained

results accordingly.

**Teaching methods** Lecture and practical work.

**Assessment methods** During semester two colloquia will be held, the results of which will form an

integral part of the assessment. At the end of the semester, a knowledge test is conducted with a written exam and, if necessary, an oral exam. Two Colloquia

share proportion of 50% in the total grade, the same as written exam.

#### Learning outcomes

- 1. Using bivariate correlation coefficient in linear prediction.
- 2. Logic of ANOVA models in nul-hypothesis testing.
- 3. Calculation and interpretation outcome in ANOVA models.
- 4. Indicate underlying assumptions in using parametric and nonparametric statistical tests.
- 5. Analysis and adequate interpretation in using nonparametric statistical tests.
- 6. To explain logic of correlation. To explain a necessity for existence of a large number of correlation coefficients.
- 7. Selection, calculation and interpretation of correlation coefficients.

- 1. Covariation between variables.
- 2. Correlation coefficients: Pearson r; Spearman rho, Serial correlation, non-linear correlation.
- 3. Coefficients of correlations for categorical variables (Fi-coefficient, Cramer V, Contingency coefficient)
- 4. Prediction based on correlation.
- 5. Partial correlation.
- 6. Multiple correlation.
- 7. One-way analysis of variance for independent samples.
- 8. One-way analysis of variance for repeated measures.
- 9. Factorial analysis of variance.
- 10. Size effect and post-hoc tests in ANOVA models.
- 11. Nonparametric statistical tests in nul-hypothesis testing.
- 12. Median test. Rank order tests for two independent samples.

- 13. Kruskal-Wallis test. Sign test.14. Kruskal-Wallis test
- 15. Friedman test.

### Structural equation modeling

Name Structural equation modeling
Organizational unit Department of Psychology

ECTS credits 5

ID 184949 Semesters Winter

Teachers Vesna Buško, PhD, Full Professor (primary)

Hours Lectures 30

Practicum 30

**Prerequisites** None

Goal To learn the logic, basics and main procedures involved in the structural equation

modeling methodology; to learn basic principles of application of the methodology

and the skills for usage of software for the structural equation analyses.

**Teaching methods** Lectures - predominantly performed in an interactive and, to a lesser extent, in a

classical form;

Auditory and computer-based exercises along with practical demonstrations of

empirical examples;

Students obligations include individual work on data analyses and testing structural equation models; group discussions and presentations of outcomes/interpretations of data analyses; explanations of parameters and

statistical coefficients.

Assessment methods Students' achievements has been assessed continually during the semester -

through work on assignments and data analyses as well as by final written exam or an empirical work prepared in a form of professional or scientific paper after

completion of the subject.

#### Learning outcomes

- 1. to define fundamental approaches and strategies in structural equation modeling methodology
- 2. to understand presentations of the results of the analyses of structural equation models in published psychological research
- 3. to be able to specify and perform tests of measurement and structural models on a set of empirical data and to evaluate the outcomes of own analyses
- 4. critically assess the adequacy of implementation and interpretation of the results of the structural equation analyses in published papers
- 5. to evaluate the adequacy of choice of particular modeling strategy in selected practical examples

- 1. Fundamental concepts, mathematical and logical definitions in the area of structural equation modeling;
- Basic aspects of structural equation modeling methodology, rationale and specificities compared to other multivariate techniques;
- 3. Characteristics of structural equation modeling methodology: Theoretical, statistical and mathematical aspects;
- 4. Basic logic of the analyses and the nature of inferences;
- 5. Main strategies/approaches to the analyses of structural equation models;
- 6. Types of alternative models; the concept of nested models; examples: path analysis, confirmatory factor models;
- 7. Equivalent models: the problem and possible solutions
- 8. Terminology in structural equation analyses: symbolic and graphical notation;
- 9. General model of linear structural equations: measurement and structural model;
- 10. Main types of variables in structural equation analyses

- 11. Steps in latent variable analyses
- 12. Model specification; identification of model and parameters
- 13. Methods for the estimation of model and parameters; Evaluation of model fit, comparison with empirical data; types of indices and specific meanings
- 14. Areas of application; examples: path analysis with manifest variables; CTT models, LST theory models, latent change models, multigroup models; modeling of mediation and moderation effects
- 15. Methodological issues and limitations in the applications of structural equation analyses

### Summer school of psychology

Name Summer school of psychology
Organizational unit Department of Psychology

ECTS credits 5

ID 198863 Semesters Summer

**Teachers** Ivana Hromatko, PhD, Associate Professor (primary)

Meri Tadinac, PhD, Full Professor

Una Mikac, PhD, Postdoctoral Researcher

**Hours** Seminar 30

Field exercises 45

Prerequisites None

Goal Students will gain experience in designing and implementing a research project

through collaborative learning and teamwork with colleagues and teachers

**Teaching methods** Field work

Assessment methods None

#### Learning outcomes

1. Investigate and discuss current knowledge in the field of psychology that summer school deals with

- 2. Effectively communicate to the public the importance of the topic and the implementation of research in order to raise funds and apply the knowledge gained in practice
- 3. Integrate knowledge gained through research and teamwork for the purpose of their own professional development
- 4. Collaborately interpret and present research findings
- 5. Apply complex procedures for processing the collected data
- 6. Conduct empirical research in accordance with the ethical standards of the profession
- 7. Apply relevant methodology and select or construct research instruments in the field
- 8. Through teamwork, select socially relevant research problems and collaboratively create relevant research

- 1. behavioral immune system
- 2. pandemic
- 3. love life during pandemic
- 4. sex life during pandemic
- 5. mating strategies
- 6. disgust
- 7. formulation of hypotheses
- 8. online surveys
- 9. data collection
- 10. creating questionnaires
- 11. data analysis
- 12. team work
- 13. seeking sponsors
- 14. transport organization
- 15. organization of accommodation

# Technology and sustainable development

Technology and sustainable development Organizational unit Department of Psychology 3 **ECTS** credits 36858 ID **Semesters** Winter, summer **Teachers** Damir Ljubotina, PhD, Full Professor (primary) Robert Faber, M.Sc., Professional Associate 30 Hours Lectures

None

Goal

Name

**Teaching methods** 

**Prerequisites** 

**Assessment methods** 

### Learning outcomes

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- 3.
- 4.

- Content
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### Theory and practice of vocational guidance

Name Theory and practice of vocational guidance

Organizational unit Department of Psychology

ECTS credits 4

ID 142704 Semesters Winter

Teachers Maja Parmač Kovačić, PhD, Assistant Professor (primary)

Hours Lectures 30

Practicum 15

**Prerequisites** None

Goal Introduce students to theories and methods of vocational guidance and train them

for initial work in the field of vocational guidance.

**Teaching methods** Lecture, methodical and practicum exercises, field work, independent project tasks

Assessment methods Class attendance, project assignments, final knowledge test, written exam, oral

exam.

#### Learning outcomes

1. Define the area of career guidance and career development

- 2. Assess the individual characteristics of the individual that influence the choice of occupation
- 3. Critically evaluate the main theories and methods of career guidance
- 4. Independently design and implement a career guidance procedure

#### Content

- 1. Determination of vocational guidance
- 2. Historical overview of the development of the area.
- 3. Differential theories (Theory of adaptation to work, Holland's theory of occupation choice, Prediger's factor model of interest, Myer-Briggs typological theory)
- 4. Developmental theories (Super's theory of professional development, Career construction theory)
- 5. Sociological theories (Theory of limitations and compromises)
- 6. Sociological theories (Socio-cognitive career theory, Krumboltz theory of social learning)
- 7. Professional informing: definition and methods of professional informing
- 8. Professional informing: getting to know the world of work

9.

- 10. Professional counseling: getting to know the characteristics of an individual
- 11. Vocational guidance in the Croatian Employment Service
- 12. Career guidance in Croatia: a review of new research
- 13. Active job search: writing an application
- 14. Active job search: writing a resume
- 15. Professional guidance on real examples

# Use of computers in data analysis

Name Use of computers in data analysis Organizational unit Department of Psychology 5 **ECTS** credits ID 131594 **Semesters** Summer **Teachers** Blaž Rebernjak, PhD, Assistant Professor (primary) Lectures Hours Practicum 45 **Prerequisites** To enrol course it is necessary to pass course Statistics in psychology II Goal **Teaching methods Assessment methods** Learning outcomes 1.

Content

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