

Program

37th STAR Conference

Wednesday July 6 – Friday July 8, 2016

Faculty of Humanities and Social Sciences
University of Zagreb

Under the auspices of the Mayor of Zagreb Mr. Milan Bandić

WELCOME NOTE



Professor Nataša Jokić-Begić

President of the Organizing Committee

Dear friends and colleagues,

Welcome to the 37th STAR conference in Zagreb, Croatia!

The annual Stress and Anxiety Research Society (STAR) conferences provide a unique opportunity to share, learn and discuss recent theoretical and applied developments in the fields of stress, anxiety and coping. In this setting, STAR has been exceedingly active in providing an opportunity to disseminate research and clinical findings in an international forum.

The theme of the 2016 conference is **Stress and Anxiety in a Changing Society**. In Croatia and the wider Balkan region, the last 25 years have been characterized by a period of high turbulence. We have experienced massive changes to our social systems and national borders, which culminated in war and a subsequent economic crisis that continues to this day. In addition, this region has been faced with the changes experienced by today's societies worldwide, such as those related to globalization, new technologies and new norms regarding respect for individual diversity and human rights. While these challenges offer a wealth of new opportunities, they also act as potential sources of stress and anxiety. At the conference, we hope to encourage discussion and reflection on the interesting changes faced by all of us, no matter where we find ourselves in the world. During paper and poster sessions, keynote lectures, workshops and various social events, you will have an opportunity to share ideas, gain new knowledge, establish social contacts and derive inspiration.

We are very pleased to announce that participants at the 37th STAR conference will have an opportunity to listen to invited lectures from top experts in the field of stress and anxiety. We are also very proud that participants at the conference represent 33 countries from around the world, whose work you will be able to hear within 12 symposia, 120 oral presentations and 61 poster presentations. This year's STAR Conference also offers participants chances for additional training during 7 different workshops.

The 37th STAR conference is hosted by the Department of Psychology in the Faculty of Humanities and Social Sciences at the University of Zagreb, which is also acting as the official conference venue. The Department of Psychology at the University of Zagreb is the leading centre for psychology studies in Croatia with a strong academic tradition spanning over 80 years. The University of Zagreb (est. 1669) is the oldest university in South-Eastern Europe. With its comprehensive programs and over 50,000 full-time undergraduate and postgraduate students, the University is the most highly recognized teaching institution in Croatia. The Faculty of Humanities and Social Sciences is the leading humanities and social sciences faculty in Croatia, with high results achieved in both teaching and research.

We hope that the 2016 STAR conference will be a stimulating and inspirational experience in academic, professional and social spheres. In addition to a rich scientific program, we invite you to participate in the informal social activities that we have prepared, where we hope that further exchange of ideas and cooperation among all participants – scientists, researchers, practitioners and students – will be encouraged.

It is our great pleasure to warmly welcome you to the 37th International STAR Conference. We invite you to enjoy the rich and intensive academic program, experience the welcoming atmosphere of the University of Zagreb and explore the pleasures of the city of Zagreb.

Nataša Jokić-Begić



Professor Brian Hughes

President of STAR Society

Dear colleagues,

I am delighted to welcome you to the 37th Annual Conference of STAR: The Stress and Anxiety Research Society.

STAR is a truly global research society with a strong focus on the concepts of stress, anxiety, and coping. We have a mission to promote the study of these concepts, in order to progress both our understanding and our development of applied practice. As a multidisciplinary community, STAR provides a unique platform for behavioural, social and health scientists from right across the world.

As well as a strong emphasis on applied and experimental research in stress and anxiety psychology, STAR conferences also focus on social, political, and policy-related aspects of these subjects.

Our conference has travelled the world for nearly four decades, and we are pleased to now visit the beautiful city of Zagreb. The themes of the conference related to a wide range of conceptual and applied topics of both perennial and contemporary significance.

The schedule for STAR 2016 incorporates a vibrant sequence of keynote addresses from leading figures in stress and anxiety research, as well as paper sessions, workshops, exhibitions, and social activities.

The conference team has prepared an outstanding programme, and STAR 2016 is set to be a truly excellent occasion. It is our pleasure to be in Croatia, to grow, to explore, and to learn.

Dobrodošli!

Best wishes,

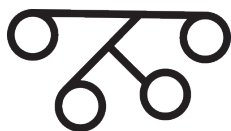
Brian Hughes

INTRODUCING ORGANIZERS



Stress and Anxiety Research Society

The Stress and Anxiety Research Society (STAR) is a multidisciplinary, international organization of researchers who share an interest in problems of stress, coping, and anxiety. Its members, from more than 35 countries, meet annually to exchange research findings and clinical applications on a wide range of stress and anxiety related phenomena. STAR conferences provide a unique opportunity to learn, not just about stress and anxiety, but also how psychology is studied and practiced throughout the world. STAR has been exceedingly active in providing an opportunity to share research and clinical findings in an international forum.



Faculty of Humanities and Social Sciences, University of Zagreb

The University of Zagreb is the oldest university in Croatia and among the oldest universities in South-Eastern Europe. The Faculty of Humanities and Social Sciences is the largest Faculty at the University and offers more than 100 study programs. From 2005/2006, the Faculty has offered new programs in accordance with the Bologna process (42 BA and 33 MA programs). At the Faculty of Humanities and Social Sciences, students are provided with opportunities to explore various fields in the humanities, such as history, archaeology, philosophy, ethnology, anthropology, art history, languages, literature and linguistics, and the social

sciences, such as psychology, sociology, information sciences and pedagogy. The Faculty of Humanities and Social Sciences is committed to assuring excellence and expanding the boundaries of knowledge and insight through teaching and research carried out within a wide range of scholarly fields.



Center for Clinical Psychology, Zagreb

The Center for Clinical Psychology is an organization engaged in the monitoring, promotion and research of mental health and providing psychological counseling and treatment. The Center for Clinical Psychology promotes a cognitive behavioral approach in the treatment of psychological difficulties and disorders.

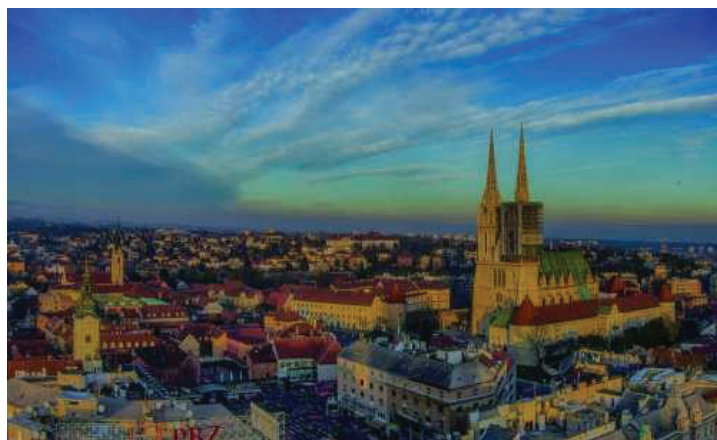
INTRODUCING ZAGREB

Zagreb is the capital city of the Republic of Croatia. As the largest city in Croatia with a wealth of cultural, gastronomic and touristic experiences on offer, it represents both a modern and traditional middle European metropolis. Since the first historical records of what was then known as Kaptol in 1094 and the declaration of Gradec as a free royal city in 1242, Zagreb has been and remains an important transportation hub for this part of Europe. The rich and interesting history of this city is marked by historical battles, a devastating earthquake, technological progress and the growth of the city over the banks of the river Sava. As we know it today, Zagreb is a bustling city filled with museums, theatres, cultural sites, sculptures and more.

One of the interesting things to see and experience in the very centre of Zagreb is the funicular. After 1-min climbing, you will have a spectacular view from the old part of the town (Gornji grad).

If you enjoy walking and socializing in the outdoors, you might be interested in visiting Nature Park Medvednica, which can be reached in only 20 minutes by car from the city centre. It offers opportunities for active or passive relaxation – you can walk through untouched nature and taste different traditional food dishes in one of the mountain lodges or you can relax at some of the wellness centres. If you stay at the top of Medvednica mountain until sunset, you will have an opportunity to see the most beautiful night view of Zagreb.

For more ideas, please check <http://www.infozagreb.hr/>



CONFERENCE INFORMATION

Organising Committee

Nataša Jokić-Begić, Anita Lauri Korajlija, Tanja Jurin, Lidija Arambašić, Dražen Begić, Marijana Glavica, Sonja Grđan, Željka Kamenov, Gordana Kuterovac Jagodić, Iris Marušić, Vanja Putarek, Claire Sangster Jokić, Maša Tonković Grabovac

Scientific Committee

Dean Ajduković, Nehami Baum, Menachem Ben-Ezra, Petra Buchwald, Dinka Čorkalo Biruški, Jasminka Despot Lučanin, Vesna Gavrilov-Jerković, Moshe Israelashvili, Veljko Jovanović, Nina Knoll, Aleksandra Luszczynska, David Manier, David Mcilroy, Kathleen Moore, Fadia Nasser-Abu Alhija, Pamela Rackow, Tobias Ringeisen, Albert Sesé, Meri Tadinac, Vlasta Vizek Vidović, Anita Vulić-Prtorić, Ivanka Živčić-Bećirević

Conference Venue

All conference sessions will take place at the Faculty of Humanities and Social Sciences, which is located in the wider city centre of Zagreb (address: Ivana Lučića 3, 10000 Zagreb, Croatia).

Walking from the central city square (Ban Jelačić Square) to the conference venue will take you 20 to 25 minutes. From Ban Jelačić Square you can also reach the Faculty by tram line number 13 travelling in the direction Savišće. On this tram, you must exit at tram station Sveučilišna aleja on Avenija Vukovar street. Walking south from the tram station for approximately 6 minutes, you will see the Faculty building on the left side, behind a large parking site. From the central train station (Glavni kolodvor), the easiest way to reach the Faculty is by foot. This walk will take approximately 15 minutes. You can also get a taxi (call 1414, 1717, 1212) or Uber, or even rent a bike.

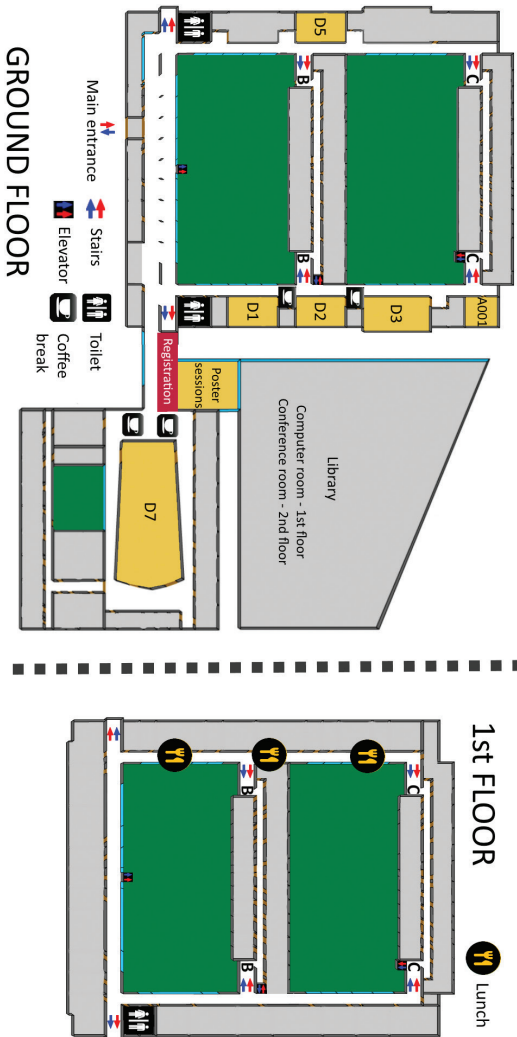
GPS coordinates: N 45° 47.827'; E 015° 58.359'

The faculty is designed to guarantee easy access for persons with disabilities.

Smoking within and in front of the conference building (as in all public buildings) is strictly forbidden by law.

Registration/Information Desk

The registration/information desk can be found in the lobby on the ground floor. You can easily find it if you turn right when you enter the building. There are also many (voluntary) staff members available to assist you with any queries and questions you may have. We shall do our utmost to help with any problems that may arise. You will be able to recognize the volunteer STAR staff by their yellow coloured T-shirts. You can reach us at +385 98 901 85 19.



Conference Rooms (see the map)

Plenary Sessions: Hall D7 (ground floor)

Sessions and Workshops: Halls D1, D2, D3, D5, A203 (2nd floor), and Conference and Computer Room in the Library (1st and 2nd floor)

Poster Sessions: Library entrance hall (ground floor)

Presentation Guidelines

Keynote lecture – 60 min

Oral presentation – 15 min

The official language of the Conference is English.

A media projector with a PC will be provided in each conference room. So that all materials can be uploaded before each session begins, we kindly ask presenters to provide their presentations in electronic format to the person in charge in the session lecture hall 15 minutes prior to the start of their session. It is advisable for presentation to be reachable in different ways (e.g. from memory stick, via e-mail, via drop box etc.)

The Poster Sessions take place in the Library entrance hall (ground floor). Posters should be set up in the morning (before the morning sessions) and must be displayed until the end of the evening sessions. At your designated poster location (poster's number in the programme will be written on the poster panel), you will find all materials needed to set up the poster. Our volunteers will also be glad to help you with this.

Presenters are expected to be present beside their poster and available for discussion during the morning coffee break.

In the program the presenters are indicated by italic font.

Internet Connection

During the conference, it will be possible to access free wi-fi at the Faculty. The network name is **ff-local**. Participants will get the password during registration and it will be posted in every conference room.

The eduroam roaming access service is also available at the Faculty.

You can follow conference news and view photos at

<https://www.facebook.com/starconference2016>.

Emergency Numbers

In case of fire, accidents, etc., you can contact the general emergency number 112. Simply state the nature of the problem and police / fire brigade / ambulance will be dispatched.

In case you need medical attention, please contact the registration/information desk on the ground floor. They will contact a doctor or make other arrangements to suit your needs. The telephone number of the registration/information desk is +385 98 901 85 19.

Opening Ceremony

The opening ceremony will be held at **12:30** on **Wednesday, July 6th, 2016** in **Lecture Hall D7** at the **Faculty of Humanities and Social Sciences**.

Welcome Reception

The welcome reception will be held at **The Dverce Palace** (Katarina Square 6 in the Upper Town, Gornji grad) on **Wednesday, July 6th, 2016** from **20:00**.

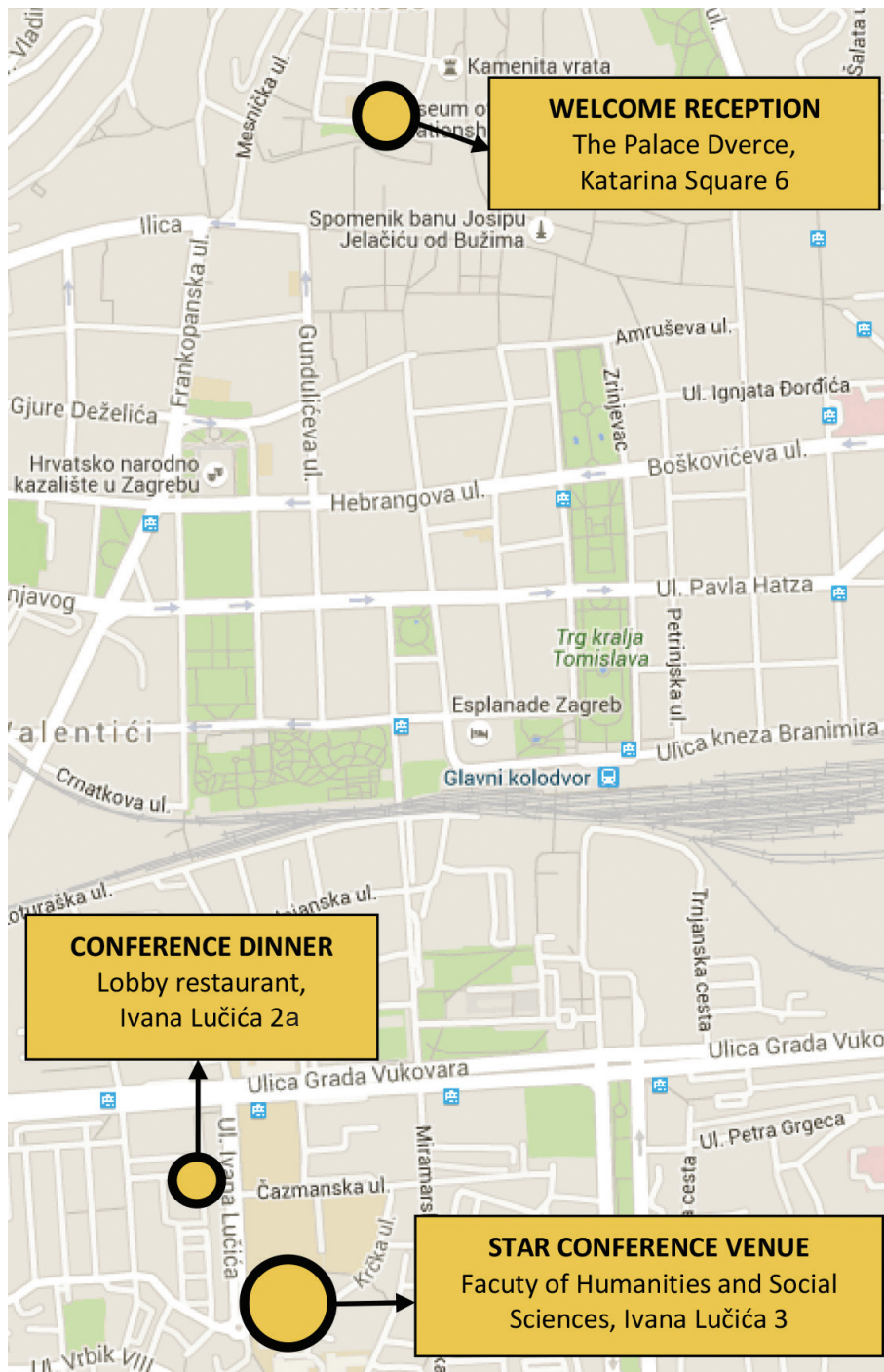
The Dverce Palace (former Buratti Palace) is a property of the City of Zagreb used for representative events organized by the Mayor and City Council. The building rests on the city walls and gained its current appearance in the 19th century following a reconstruction carried out by the architect Kuno Waidmann. The last private owner of the palace, contessa Klotilda Buratti, gave it to the city of Zagreb and, since that time, it has been used for numerous gala banquets. To get to the palace, it is best to go on foot. It is a 30 minute walk from the Faculty, in the city centre.

Dress Code: Casual

Conference Dinner

The conference dinner will be held on **Thursday, July 7th, 2016** at **20:00** in the **restaurant Lobby, Ivana Lučića 2a**. It is located just 3 minutes walk from the conference venue. You can easily find it if you exit the Faculty building and turn right down the street. On the opposite side of the street you will see a modern business complex with Lobby restaurant located in the front.

Dress code: Casual



Coffee Breaks

Coffee and snacks will be offered in front of the lecture halls (D1 to D3) and in the Library entrance hall during program breaks.

Lunches

Conference lunches will be held in the **1st floor lobby of the Faculty**, from **13.00-14.00** on **Thursday, July 7th** and on **Friday, July 8th**. Please be sure to bring your lunch vouchers in order to gain access.

37th STAR ethno antistress zone

During the conference, we invite you to relax in the ethno antistress zone provided in the Faculty Lobby.

Our ethno antistress zone, jointly conceptualized by psychologists and ethnologists, is a space for relaxation and contemplation in a surrounding of traditional Croatian arts and crafts. In the antistress zone, you will discover and even participate in the unique artistic activities such as making your own lace, colouring STAR(wo)man or making a personalized brooch. You will also have an opportunity to sample a “magic” nectar prepared from an ancient recipe. Throughout the conference, we are also honoured to be able to exhibit the ‘Shelter for Feeling’ by multimedia artist Akiko Sato, on the 1st floor of the Faculty, room A-122. We hope you will find time in the antistress zone to be a unique, multi-sensory experience.

The Ethno antistress zone has been realized as a joint enterprise between the Department of Psychology and Department of Ethnology at the Faculty of Humanities and Social Sciences, along with the Ethnographical Museum in Zagreb, the “Klobok” Society in Čakovec and the “Lace Makers Association Danica Brössler” in Lepoglava (more details on page 48).

PROGRAM OVERVIEW

Wednesday, July 6th					
	D1	D2	D3	D5	
9:00-12:00	Pre-conference Workshop Conceptual and Methodological Issues in the Study of Minority Stress and Health of LGBT Populations (D1)		Pre-conference Workshop The Prevention and Treatment of Anxiety Disorders in Children and Adolescents (Conference Room, Library)		R e g i s t r a t i o n
11:00-12:00	STAR Board Meeting				
12:30-14:00	Opening ceremony & Presidential Address: Brian Hughes (D7)				
14:00-15:30	Symposium Death on Live - Media Exposure to Trauma and Posttraumatic Reactions	Symposium Psychosocial Contributors to Wellbeing	Stress and Coping in the Elderly Population	Stress, Anxiety and Health	
15:30-16:00	Coffee Break – STAR 2017 and Beyond				
16:00-17:00	Keynote: Ilan H. Meyer (D7)				
17:00-18:30	Stress Research in Sport Psychology	Psychological Consequences of Traumatic Events and Disasters	Coping Strategies and Mechanisms	Social Anxiety	
20:00-late night :)	Welcome Reception				

Thursday, July 7th

	D1	D2	D3	D5	Library	
8:30-10:00	Stress in the Family Context	Symposium Psychological Dimensions of Economic Precarity	Psychosocial Consequences of War	Occupational Stress: Teachers		
10:00-11:00	Distinguished Spielberger Address: Nazanin Derakhshan (D7)					
11:00-11:30	Coffee Break and Poster Session					
11:30-13:00	Stress and Resilience in Vulnerable Groups	Occupational Stress and Burnout in Various Groups of Employees	Symposium Aging in the Flames of War and Terrorism	School Anxiety		P o s t e r
13:00-14:00	Lunch & National Representative Meeting					s e s s i o n
14:00-15:00	Keynote: Rita Rosner (D7)					
15:00-16:30	Symposium Minority Stress Processes and Health in Lesbians, Gay Men and Bisexuals	Anxiety, Stress and Coping in the Age of New Media	Occupational Stress: Helping Professions, Firefighters and the Military	Academic Stress and Burnout in University and Secondary School Students	In-conference Workshop Stress Vulnerability: Its Nature, Assessment and Coping with it	
16:30-17:00	Coffee Break					
17:00-18:30	Symposium Minority Stress and Mental Health in Transgender Individuals	Symposium Coping with Political Violence: Insights from Cultural and Life Cycles	Parental Stress and Trauma	Symposium Dealing with Stress and Anxiety in Learning Settings	Symposium Psychosomatic Influences on Health	
20:00-late night :)	Dinner					

Friday, July 8th

	D1	D2	D3	D5	
8:30-10:00	Psychosomatic Symptoms and Disease	Symposium From Cognition to Emotion	Stress and Coping: Children, Adolescents and Young Adults	Measuring Stress, Anxiety and Resilience	P o s t e r s e s s i o n
10:00-10:30	Coffee Break and Poster Session				
10:30-12:00	Open Meeting: Discussion on the Future of STAR	Stress and Coping: Older Adults and Their Caregivers	Intra-Family Conflicts and Violence	Symposium Measuring General Distress: Using the Clinical Outcomes in Routine Evaluation	
12:00-13:00	Keynote: Darja Maslić Seršić (D7)				
13:00-14:00	Lunch				
14:00-15:30	Mental Health Problems and Disorders Related to Stress	Stress and Anxiety Reducing Interventions	Symposium Stress and Intimate Relationships	Post-conference Workshop Treatment of Prolonged Grief Disorder (Conference Room, Library)	
15:30-16:30	Closing Ceremony & Business Meeting (D1)				
17:00-20:00	Post-conference Workshop How to Use the CORE or Other Routine Outcomes Measures Most Effectively (D1)	Post-conference Workshop Working with Parents of Anxious Children: Using the Therapeutic Approach of Non-Violent Resistance (NVR) (A-203)	Post-conference Workshop Introduction to Moderation and Mediation Analysis in R (Computer Room, Library)		

Wednesday July 6, 2016

09:00-12:00, Room: D1
Pre-conference Workshop

Conceptual and methodological issues in the study of minority stress and health of LGBT populations

Ilan H. Meyer

09:00-12:00, Conference Room, Library
Pre-conference Workshop

The Prevention and Treatment of Anxiety Disorders in Children and Adolescents

Cecilia A. Essau

11:00-12:00, Department of Psychology
STAR Board Meeting

12:30-14:00, Room: D7
Opening Ceremony
Presidential Address: Brian Hughes

14:00-15:30, Room: D1
**Symposium – Death on Live: Media Exposure to Trauma
and Posttraumatic Reactions**
Chair: Amit Shrira **Discussant:** Robin Goodwin

Association between Media Use, Acute Stress Disorder and Psychological Distress
Robin Goodwin, *Yuval Palgi*, Osnat Lavenda, Yaira Hamama Raz, Menachem Ben-Ezra

The interaction between media consumption level and use of social media on PTSD symptoms during a period of terrorist attacks

Sara Cohen-Fridel, Yaakov Hoffman, Amit Shrira

The relationship between trauma exposure and PTSD symptoms is moderated by the mutual effects of one's control over media exposure in conjunction with external locus of control

Yaakov Hoffman, Amit Shrira, Ehud Bodner, Sara Cohen-Fridel, Ephraim Grossman

The effects of perceived media control on post-traumatic stress symptoms: The moderating role of prejudicial attitudes

Yoav Bergman, Yaakov Hoffman, Sara Cohen-Fridel, Ehud Bodner, Amit Shrira

Media use and PTSD symptoms among older adults exposed to missile attacks

Yuval Palgi, Amit Shrira

14:00-15:30, Room: D2

Symposium – Psychosocial Contributors to Wellbeing

Chair: Kathleen Moore

Resilience through the lens of coping

Erica Frydenberg

Resilience and coping: Cut from the same cloth?

Kathleen Moore

Resilience and Coping of Vulnerable Adolescents at School

Paulina Arenas-Landgrave, Petra Buchwald

Social support from the perspective of the provider: Effectiveness of Provided Social Support Inventory (EPSSI)

Krys Kaniasty, Jessica Ann Brown

14:00-15:30, Room: D3

Stress and Coping in the Elderly Population

Chair: Gordana Kuterovac Jagodić

Experience of Stress and Anxiety in Older Adults with Type II Diabetes

Maria Antonia Rodriguez

Depression and Related Factors in Older Adults Experience Spousal Bereavement

Başak Öksüzler, Gülay Dirik

Coping Behavior in Aging: Russia and Bulgaria Perspectives

Olga Strizhitskaya, Lilia Babakova

Ageing and suicidal ideation

James Erskine, Lia Kvavilashvili, George Georgiou

14:00-15:30, Room: D5
Stress, Anxiety and Health
Chair: Anita Lauri Korajlija

Health-protective behaviors and professional development of students: Gender aspect
Marina Petrash

Reactivity and perseveration: Independent dimensions of emotion and differential relationships with mental health?

Penelope Hasking, Mark Boyes

How does anxiety sensitivity contribute to the experience of perimenopausal distress in pre- and early perimenopausal ages?

Ljiljana Muslić

Perceived environmental assets of resilience in relation to complex mental health in a representative Hungarian adolescent sample

Melinda Reinhardt, Ágota Örkényi, Gyöngyi Kökönyei

Self-efficacy: Mediator or moderator?

Ralf Schwarzer

The effectiveness of group intervention on enhancing cognitive emotion regulation strategies in breast cancer patients: A two-year follow up

Yaira Hamama Raz, Ruth Pat-Horenczyk, Shlomit Perry, Salomon M. Stemmer

15:30-16:00
Coffee Break – STAR 2017 and Beyond

16:00-17:00, Room: D7
Keynote: Minority Stress and the Health of LGBT Populations
Ilan H. Meyer
Chair: Željka Kamenov

17:00-18:30, Room: D1
Stress Research in Sport Psychology
Chair: Mirjana Tonković

Comparison of cognitive emotion regulation strategies and competitive state anxiety at Hungarian national ice-hockey team players of 20-years before World Championships in 2014 and 2015

Laszlo Toth, Agnes Szemes, Eva Kallay, Robert Balazsi, Attila Nagy, Kornel Sipos

Stress Research in Sport Psychology – Three Limitations and Future Directions
Ohad Nahum

Clinical Sport Psychology – Beyond Performance and Psychopathology
Ohad Nahum

17:00-18:30, Room: D2
Psychological Consequences of Traumatic Events and Disasters
Chair: Krys Kaniasty

The experiences of preschool children in the military operation "Zuk Eitan": "Suddenly there was a scary warning siren"

Bilha Paryente, Michal Gatenio-Kalush

Mental Health Reactions and World Views Following the Charlie Hebdo Terror Attack
Menachem Ben-Ezra, Elazar Leshem, Robin Goodwin

Acute stress disorder and peritraumatic dissociation as a predictor of posttraumatic stress disorder with regards to trauma type

Andrea Jambrošić Sakoman, Anita Lauri Korajlija

Community adaptation a year and a half after a natural disaster

Helena Bakić, Dean Ajduković

Psychological Distress and its Correlates Related to Environmental Concerns and Social Functioning among College Students in Tokyo after the Great East Japan Disaster (March 11, 2011)

Toshi Sasao, Kota Tamai, Anna Bokszczanin, Krys Kaniasty

17:00-18:30, Room: D3
Coping Strategies and Mechanisms
Chair: Lidija Arambašić

Coping Strategies and Healthy Lifestyle Habits in Adulthood

Olga Strizhitskaya

Endorsement of Paranormal and New Age Beliefs: Measuring a Unique Form of Coping

Emma Lowrie

The complexity of coping: An alternative approach to assessing coping – adaptation relationships

Patryk Stecz

The Role of Hope in Coping: Presentation of Lazarus's Approach

Monika Małkiewicz, Jan Terelak

A developmentally-grounded examination of social support, the negative effects of supportive relationships, stress, anxiety and age

Nikos Thomacos

Daily Stress and Dyadic Coping in Chinese Couples: Exploring Between and Within-person Processes

Feng Xu, Peter Hilpert, Tom Bradbury, David Atkins, Guy Bodenmann

17:00-18:30, Room: D5
Social Anxiety
Chair: Vesna Vlahović Štetić

Social Anxiety and the Cortisol Response to Social Evaluation in Adolescence: A Longitudinal Study

Esther Van den Bos, Mattie Tops, Michiel Westenberg

Attachment Styles and Social Anxiety

Pelin Bintaş-Zörer, Gülay Dirik

Social Anxiety and Early Maladaptive Schema Domains

Gülay Dirik, Pelin Bintaş-Zörer

Predictors of Social Anxiety in Female and Male High School Students

Gülendam Akgül, Gülay Dirik

Loneliness is Associated with Cardiovascular Reactivity to Acute Psychological Stress

Eoin Brown, Ann-Marie Creaven, Stephen Gallagher

**From 20:00, at the Dverce Palace, Katarina Square 6
Welcome Reception**

Thursday July 7, 2016

08:30-18:30, Library Hall

Poster Session

Presenters will be present beside their poster and available for discussion during the morning coffee break

1. Predictor of complex problem solving skills in Slovak university students
Matúš Grežo, Ivan Sarmány-Schuller
2. Do positive emotions increase life satisfaction by building resilience?
Milica Lazić, Veljko Jovanović, Vesna Gavrilov-Jerković, Dragana Brdarić, Dragan Žuljević
3. Personal resilience and temperament in adolescents
Joanna Grądział
4. Social physique anxiety among bodybuilders
Divna Blažev, Veronika Blažev
5. Perfectionism, perfectionistic self-presentation and eating attitudes among bodybuilders
Mirta Blažev, Veronika Blažev
6. Differences in stress level and subjective quality of life between working and non-working full-time students
Lana Cvrtila, Matea Mijić, Mirta Perković, Josipa Erdeši, Gorka Vuletić
7. The mediating role of teachers' emotions and burnout in explaining the relationship between perceived principal support and work engagement
Irena Burić, Izabela Sorić, Ana Slišković, Ivana Macuka, Zvezdan Penezić
8. Discriminating scholar and clinical adolescent samples from disadvantaged communities through the MMPI-A: Basis for the development of resilience
Blanca Barcelata, Consuelo Durán
9. Group-level work engagement: A mediator between job-related emotions and work behaviours
Sonja Grđan, Maša Tonković Grabovac, Jasmina Tomas

10. **The effect of repetitive exposure to neutral stimuli on attention bias in socially anxious individuals: A preliminary study**
You Kyung Lim, Soo Hyun Park
11. **Personal resources index as a factor in occupational stress among civil servants**
Liudmyla Karamushka, Denus Kurytsya, Vladimir Ivkin
12. **Transgenerational transmission of complicated grief: Exaggerated grief in female twin adolescents as a reflection of masked grief of their mother**
Ljiljana Karapetrić Bolfan, Vlatka Boričević Maršanić, Davorka Šarić
13. **Positive effects of day hospital treatment on stress coping strategies**
Slobodanka Kezić, Ana Majdančić, Iva Sergo, Sandra Caratan, Igor Filipčić, Marijana Hajmburger, Silvia Brkić
14. **Fatigue and sense of hope in patients suffering from cancer**
Katarzyna Chelmecka, Boguslaw Block
15. **Chronic disease as a moderator the relationship of coping with stress and quality of life**
Dorota Kalka, Monika Pawłowska
16. **Sleep Quality, Stress and Life Satisfaction in Retirement Home Residents**
Adrijana Košćec Bjelajac, Jasminka Despot Lučanin, Damir Lučanin, Eva Anđela Delale, Martina Knežević, Ivana Hanzec
17. **Domestic violence in families of the Roma: Barriers to recognition and treatment**
Sanja Cukut Krilić
18. **Teaching children mindfulness and relaxation techniques – challenges of modern clinical practice**
Ana Kordić, Iva Zečević, Višnja Škevin, Ljubica Paradžik, Vlatka Boričević Maršanić
19. **Chronic Stress Disrupted the Balance between Goal-Directed System and Habit System in Human Brain**
Chenjie Dong, He Wang, Ziwen Peng
20. **Stress and Conversion Disorder**
Vesna Grgić, Iva Nemčić Moro, Iva Zečević
21. **Treating PTSD caused sleeping disorders with neurofeedback – a case study**
Josipa Bosak, Ana Vodanović Kosić, Sanja Martić-Biočina

22. Indirect Effect of Work-Related Exposures to Trauma on PTSD Symptoms in Firefighters: The Mediating Roles of Social Support and Self-Efficacy
Magdalena Lesnierowska, Magdalena Kaczmarek, Roman Cieslak
23. Metacognitions about Smoking in a Turkish Sample
Leyla Alma, Adviye Esin Yilmaz
24. Predictors of adjustment problems and life satisfaction in University students
Ana Kurtović, Iva Vuković, Martina Gajić
25. The influence of perceived discrimination against women on their anxiety: The protective role of collective self-esteem
Roza Bazinska
26. The role of control in coping with workplace bullying: Evidence across three studies
Yael Livne, Goussinsky Ruhama
27. The relationship between self-disclosure and depressive symptoms in family caregivers of Alzheimer's dementia patients
Inha Kim, Tae-hyun Kim
28. The effects of emotional labor on social anxiety and depression in Korean bank clerks: Moderating effect of emotional clarity
Sujin Cho, Soo Hyun Park
29. Perceived peer influence on body dissatisfaction in early and late adolescence
Inja Erceg Jugović, Gordana Kuterovac Jagodić
30. When the body talks: From trauma to psychosomatic disorders
Joana Proença Becker
31. Faces of social anxiety: Fear of intimacy and anxiety in interpersonal relationships among Croatian young adults
Anita Vulić-Prtorić, Renata Glavak Tkalić
32. Coping with stress and quality of life in people with spinal cord injury experiencing symptoms of autonomic dysreflexia in Poland and Great Britain
Monika Stasiak, Olszewski Henryk

08:30-10:00, Room: D1
Stress in the Family Context
Chair: Gordana Keresteš

Child cortisol levels, parenting stress and respiratory disease in preschool children
Catarina Pedro, Ana Luisa Papoila, Sara S. Dias, Iolanda Caires, Pedro Martins, Nuno Neuparth

Daily Life Stress and Coping in Families with Deaf and Blind Teenagers
Nadezhda Mikhailova

Vulnerability and Resilience of Military Families
Sanela Dursun

Multiple Mediators for Peer Aggression and Happiness in Arab Adolescents Exposed to Parent-Child Aggression
Qutaiba Agbaria, Hod Orkibi, Belle Gabriel-Fried, Tammie Ronen, Liat Hamama

Late singlehood: Israeli religious Jewish families who deal with society's unacceptance of delayed marriage – Mothers and daughters perspectives
Asnat Dor

08:30-10:00, Room: D2
Symposium – Psychological Dimensions of Economic Precarity
Chair: Jasmina Tomas

Who can break the cycle of poverty? Predictors of perceived employability among young unemployed people who grew up in poverty
Mitja Ružojčić, Jelena Ogresta, Ana Tokić Milaković

Does social capital predict successful job search? A longitudinal study of the individual experiences during transition from college to work
Ivona Čarapina, Darja Maslić Seršić

Why is job insecurity climate detrimental for employees and organizations? A multi-level analysis of its indirect effects on job-related emotions and behaviour of young scientists
Jasmina Tomas, Maša Tonković Grabovac, Sonja Grđan, Darja Maslić Seršić, Hans De Witte

Review of 30 years of longitudinal studies on the association between job insecurity and health and well-being. Is there causal evidence?

Hans De Witte, Jaco Pienaar, Nele De Cuyper

08:30-10:00, Room: D3

Psychosocial Consequences of War

Chair: Dinka Čorkalo Biruški

Perceived victimization in conflict and social reconstruction: A mediating role of emotional responses towards the outgroup

Dinka Čorkalo Biruški, Ivan Tomić

Memories of Holocaust-Related Traumatic Experiences, Sense of Coherence (SOC), and Survivors' Subjective Well-Being (SWB) in Late Life: Some Puzzling Findings

Moshe Zeidner

The Quality of Life of Children living in an environment with a risk security

Shulamith Kreitler, Miriam Billig, Yasmin Alkalay

Post-traumatic Growth: The Contributing Resources

Krys Kaniasty, Lea Zanbar, Navit Ben-Tzur, Menachem Ben-Ezra

Vulnerability for mood disorders and aggressive behaviour in offspring of mothers exposed to the ten-day war

Urška Smrke, Lilijana Šprah

Emotional and behavioral symptoms in offspring of male veterans with combat-related Posttraumatic stress disorder

Vlatka Boričević Maršanić, Branka Aukst Margetić, Ljubica Paradžik, Ljiljana Karapetrić Bolfan, Svebor Javornik

08:30-10:00, Room: D5

Occupational Stress: Teachers

Chair: Iris Marušić

Psychological crisis intervention in Croatia: yesterday, today and tomorrow

Lidija Arambašić

Identification of Beginning U.S. Teachers' Risk for Stress and Occupational Health

Richard Lambert, Paul Fitchett, Christopher McCarthy, Lauren Boyle, Maytal Eyal

Personal and Professional Correlates of Beginning Teachers' Fear of Failure

Fadia Nasser-Abu Alhija

Perceived Demands and Resources among Early Career Teachers Linking Risk for Stress with Professional Mobility

Christopher McCarthy, Sally Lineback, Lauren Boyle, Paul Fitchett, Richard Lambert

Risk for Stress among Elementary Teachers

Richard Lambert, Christopher McCarthy, Paul Fitchett, Maytal Eyal

Examining within- and between-school characteristics of secondary teachers at-risk for occupational stress

Paul Fitchett, Richard Lambert, Christopher McCarthy, Lauren Boyle, Maytal Eyal

10:00-11:00, Room: D7

Distinguished Spielberger Address: Emotional Vulnerability and the Road to Resilience

Nazanin Derakhshan

Chair: Brian Hughes

11:00-11:30, Library Hall

Coffee Break and Poster Session

11:30-13:00, Room: D1

Stress and Resilience in Vulnerable Groups

Chair: *Margareta Jelić*

The effectiveness of using role models for the promotion of immigrant Adolescents' Resilience

Moshe Israelashvili, Lilach Zagai

Do bicultural integration and social support enhance adaptation among immigrants?

Not always: An attachment theory perspective

Yoav Bergman, Gabriel Horenczyk

Stressors among refugees in Croatia

Jelena Heštera, Martina Čarija, Kristina Perišić

Minority stress in the face of changes in LGB rights in Croatia

Petra Kožljan, *Margareta Jelić*

Analysis of prisoners' mental health, social support and resilience in terms of some demographics

Umut Çivgin, Zübeyit Gün

Using Minority Stress Theory to understand the mental health concerns of sexual minorities from Black and Minority Ethnic communities (BME)

Zaqia Rehman

11:30-13:00, Room: D2

Occupational Stress and Burnout in Various Groups of Employees

Chair: Maša Tonković Grabovac

The mediating role of emotional labor in the relationship between stressful relationships with customers and burnout

Dorota Szczygiel

ERI and psychological strain: The case of strategic choice

Lior Oren, Abira Reizer, Avital Berger

Recovery from work – Is it yet another name for work-stress coping strategies?

Maša Tonković Grabovac, Emina Nezirević, Anita Lauri Korajlija

Identifying three types of job demands and their unique relationships with psychological empowerment and burnout

Yael Livne, Sarit Rashkovits

Emotional Burnout and Coping Behaviour in the Professional Activity in Adulthood: A Comparative Analysis

Marina Petrash

11:30-13:00, Room: D3

Symposium – Aging in the Flames of War and Terrorism

Chair: Amit Shrira

Symptoms of posttraumatic stress disorder among older adults exposed to ongoing and intense time-limited missile attacks: A differentiated outlook

Amit Shrira, Dov Shmotkin, Yuval Palgi, Yaakov Hoffman, Ehud Bodner, Menachem Ben-Ezra, Howard Litwin

The relationship between missile warning time and post-traumatic stress disorder symptoms in young and older adults

Yaakov Hoffman, Amit Shrira, Ehud Bodner, Sara Cohen-Fridel, Ephraim Grossman

The relationship between age and psychological and mental health factors following the Charlie Hebdo terror attack in Paris: A comparison between young and older adults

Menachem Ben-Ezra, Elazar Leshem, Robin Goodwin

Posttraumatic Reactions and Mental Health Dimensions: Findings from the Longitudinal Survey of Older Adults Exposed to Missile Attacks in Southern Israel

Ehud Bodner, Amit Shrira, Yuval Palgi

The Reciprocal Effects of Posttraumatic Stress Disorder Symptoms and Subjective Age: Findings from the Longitudinal Survey of Older Adults Exposed to Missile Attacks in Southern Israel

Yuval Palgi, Amit Shrira, Ehud Bodner, Menachem Ben-Ezra

11:30-13:00, Room: D5

School Anxiety

Chair: Irma Brković

Predictors and consequences of test anxiety

Vanja Putarek, Vesna Vlahović-Štetić, Mihael Kozina

Adolescents' physio-affective responses when conducting experiments in biology classes

Tobias Ringeisen, Nina Minkley, Lukas B. Jousek, Tobias Kärner

Perfectionism, Foreign Language Anxiety and Foreign Language Learning

Marina Sheveleva, Tatiana Permyakova

The role of personality, self-concept and defensive motivation in predicting math anxiety

Iris Marušić, Jelena Matić

Does running away from math run in the family? The role of parental math anxiety on children's math performance

Emine Erktin, Samet Sarigol

13:00-14:00, 1st floor lobby of the Faculty
Lunch

13:00-14:00, A-203
National Representatives Meeting

14:00-15:00, Room: D7
Keynote: Prolonged Grief Disorder
Rita Rosner
Chair: Lidija Arambašić

15:00-16:30, Conference Room, Library
In-conference Workshop

Stress Vulnerability: Its Nature, Assessment and Coping with it
Shulamith Kreitler

15:00-16:30, Room: D1
Symposium – Minority Stress Processes and Health in Lesbians, Gay Men,
and Bisexuals: Innovations in Research with Diverse Populations
Chair: Ilan H. Meyer

To conceal or not to conceal one's sexual orientation? LGB's minority stress in Croatia

Aleksandra Huić, Margareta Jelić, Željka Kamenov

Using the Minority Stress Theory to Describe Substance Use and Mental Health Disparities among Lesbian, Gay, and Bisexual Youth

Michael Marshal

A Qualitative Approach to Understanding Minority Stress, Identity, and Health in the Context of Social Change

David Frost, Phillip Hammack, Bianca Wilson, Stephen Russell, Marguerita Lightfoot, Ilan H. Meyer

Thorny Issues in Minority Stress Measure Development

Sheree Schrager, Jeremy Goldbach, Shannon Dunlap, Jeremy Gibbs

15:00-16:30, Room: D2

Anxiety, Stress and Coping in the Age of New Media

Chair: Moshe Israelashvili

How stress is depicted on internet and how might this affect consumers?

Branka Bagarić, Nataša Jokić-Begić, Dragana Markanović

What qualifies as stress? A qualitative analysis of online messaging boards and Facebook

Joško Jurman, Branka Bagarić

Stress Responses to Horror based Video Game Experiences: Exploring Immersion levels, Context and Virtual Reality

Mark Doyle, Nick Hampton, Panoraia Andriopoulou, Greg Neil, Brian Wink

An Exploration of the Relationship between Coping Mechanisms, Video-games and Mental Health: A Mediation Analysis

Mark Doyle, Nick Hampton, Panoraia Andriopoulou

Interactions of emotion and anxiety in the filtering efficiency of visual working memory

Nick Berggren, Hannah Curtis, Nazanin Derakhshan

15:00-16:30, Room: D3

Occupational Stress: Helping Professions, Firefighters and the Military

Chair: Darja Maslić Seršić

From Neuroticism through Exhaustion and Self-Efficacy Change to Disengagement: New Findings on Job Burnout Development in Firefighters

Magdalena Kaczmarek, Magdalena Lesnierowska, Roman Cieslak

Adjustment to Civilian Life among Male and Female Veterans of the Canadian Armed Forces

Kerry Sodom, Krystal Hachey, Jill Sweet, James Thompson, Mary Beth MacLean, Linda VanTil

Military training of psychological resistance in Portugal: The role of military cohesion, self-esteem and anxiety on resilience

Alexandra Saraiva, *Celia Sales*, Luis Faisca

Connection between workplace stress and emotional intelligence among pediatric nurses

Ana *Bogdanić*, Marina Grubić, Dragica Beštak

The relationship between daily hassles and occupational stress in dentistry

Linda Jones

Impact on Therapists of Working with Sex Offenders: Gender Findings

Nehami Baum

15:00-16:30, Room: D5

**Academic Stress and Burnout in University and
Secondary School Students**

Chair: Ivanka Živčić-Bećirević

How Do Different Students Manage their Stress?

Fadia Nasser-*Abu Alhija*

Can problem-solving skills help university students alleviate stress?

Ines *Jakovčić*, Gorana Birovljević, Ivanka Živčić-Bećirević

Burnout in students of health studies

Zrinka *Pukljak Iričanin*, Melita Rukavina

Will I burn out if I try to study more?

Tajana *Ljubin Golub*

Stress, anxiety and depression among emerging adults

Ivanka *Živčić-Bećirević*, Sanja Smojver-Ažić, Tamara Martinac Dorčić, Jasminka Juretić

16:30-17:00

Coffee Break

17:00-18:30, Room: D1

**Symposium – Minority Stress and Mental Health in Transgender
Individuals**

Chair: Nataša Jokić-Begić

Classification of gender identity related diagnoses in ICD-11

*Baudewijntje P.C. Kreukels, Titia F. Beek, Thomas D. Steensma, Annelou L.C. de Vries,
Peggy T. Cohen-Kettenis*

**Identifying Determinants of Mental Health and Suicidality: The Rural Transgender
Wellness Project**

Adina Smith

Influence of Stressors and Quality of Life in Persons with Gender Dysphoria

Jasmina Barišić, Dragana Duišin

Mental Health of Transgenders in Turkey: Crossing the Bridge

Koray Başar

**Understanding transsexuality: What do students of psychology and medicine know
about transsexualism?**

Nataša Jokić-Begić, Karla Milevoj, Anita Lauri Korajlija, Tanja Jurin

17:00-18:30, Room: D2

**Symposium – Coping with Political Violence: Insights from Cultural and
Life Cycles**

Chair: Orna Braun-Lewensohn

Bedouin adolescents: Are their coping resources stable over time?

Orna Braun-Lewensohn

**"It is not easy but we can cope with it": From being a university student to a combat
soldier and back – A salutogenic analysis**

Tal Litvak Hirsch

**The place of religious faith among youth in the case of political conflict and its re-
lationship with attitudes towards war and peace**

Tehila Kalagy

**Coping resources and patterns among social practitioners contending with chronic
war-stress in their community**

Liraz Cohen Biton, Ephrat Huss

17:00-18:30, Room: D3
Parental Stress and Trauma
Chair: Meri Tadinac

Women's Stress in the Beginning of Fertility Treatments – What Role do Internal and Interpersonal Resources Play?

Vera Skvirsky, Orit Taubman-Ben-Ari, Shirley Ben Shlomo, Yosef Azuri, Eran Horowitz

Anxiety during pregnancy and postpartum

Sandra Nakić Radoš, Meri Tadinac, Radoslav Herman

Anxiety and fears among pregnant women and their attitude towards the fetus

Svetlana Savenysheva, Anna Golubih

Role-Identity Discrepancy in Parents' Partial Loss of their Children

Nehami Baum

Oppression and Humiliation: The meaning reconstructed by mothers of homicide victims to the traumatic loss

Michal Mahat-Shamir

Stress experienced by parents in the neonatal intensive care units

Mima Kostović Srzentić, Zrinka Pukljak Iričanin, Marina Grubić, Ana Bogdanić, Boris Filipović Grčić

17:00-18:30, Room: D5

Symposium – Dealing with Stress and Anxiety in Learning Settings

Chair: Frances Hoferichter **Discussant:** Krys Kaniasty

Self-efficacy, test anxiety and academic success: A longitudinal validation based on Schwarzer's theory of self-regulation

Julia Roick, Tobias Ringeisen

Coping of Turkish and German primary school children

Stefanie Morgenroth, Petra Buchwald

Motivational and emotional changes in the case of individual success or failure in an oral examination

Christina Bermeitinger, Clara Hellweg, Christoph Andree, Tobias Ringeisen

Students' socio-motivational relationships with teachers, amygdala response to teacher's negative facial expressions and relation to test anxiety

Diana Raufelder, Lydia Pöhland, Sabrina Golde, Robert Lorenz, Anne Beck, *Frances Hoferichter*

17:00-18:30, Conference Room, Library

Symposium – Psychosomatic Influences on Health

Chair: Stephen Gallagher **Discussant:** Ann-Marie Creaven

Precarious employment is associated with a lower cortisol awakening response

Rachel Sumner, *Stephen Gallagher*

Different patterns of cardiovascular reactivity to stress predict different pathways to disease

Anna Phillips, Ryan Brindle, Annie Ginty, Tessa Roseboom, Douglas Carroll, Susanne de Rooij, Geoff Der

Openness and Physiological Responses to Recurrent Social Stress

Wei Lü, Zhenong Wang, *Brian Hughes*

Psychosocial Stress Predicts Blunted Nocturnal Blood Pressure Dipping in Healthy Adults

Ann-Marie Creaven, Siobhán Howard, Jack E. James, Brian Hughes

In eager anticipation: Blood pressure and heart rate in rugby spectators before and after a competitive match

Siobhán Howard, Gerard Fitzgerald

From 20:00, at Lobby Restaurant, Ivana Lučića 2a

Dinner

Friday July 8, 2016

08:30-16:30, Library Hall

Poster Session

Presenters will be present beside their poster and available for discussion during the morning coffee break

1. Correlations between perceived parental stress, parental competence and parental perfectionism in mothers of elementary school children
Neva Čapin, Kristina Kosmat, Sonja Grđan
2. Personality traits and negative emotional states: Gender differences and the Dark Triad
Anja Wertag
3. Sensory processing sensitivity, coping strategies and negative psychological symptoms
Kristina Vujnović Malivuk, Anja Wertag, Ivana Hanzec
4. Severity of somatic symptoms in adolescence: How distressing they are?
Anita Vulić-Prtorić, Slavka Galić
5. Youth talk about their needs and support following a major earthquake
Ruth Tarrant, Nicola Pine, Antonia Lyons, Janet Leathem
6. Investigating Mental illness in a Diverse LGB Population: Lived Experiences of the South Asian LGB Community
Zaqia Rehman
7. A functional correlate of the two polarities of depressive experience model
Jaime Silva Concha
8. Interactions with difficult customers as a source of stress among service workers: The mediating role of negative emotions
Dorota Szczygiel, Roza Bazinska
9. The moderating role of emotional intelligence in the relationship between emotional labor and emotional exhaustion
Dorota Szczygiel, Lukasz Baka

10. **Trait anxiety and perfectionism of Croatian judo players**
Rebeka Prosoli, Margareta Jelić, Renata Barić
11. **Burnout among young athletes: The role of coping styles and perfectionism**
Maja Vidaković, Marina Štambuk, Zrinka Greblo Jurakić
12. **Resilience: A Social and Emotional Construction**
Joana Proença Becker
13. **Predicting emotional difficulties among children based on compulsive Internet use and cyberbullying victimization**
Tea Brezinščak, Ana Marija Španić, Gordana Buljan Flander
14. **Intervention proposal: Problem Solving Therapy applied to children and their primary caregivers**
Simon Trejo, Emilia Lucio
15. **Pessimism and Automatic Thoughts during Learning in Health Studies' Students**
Olivera Petrak, Melita Rukavina
16. **Workaholism, psychological strain and depression among new retirees: Does marital satisfaction and self-esteem moderate the associations?**
Lior Oren, Yif'a Ben Noon
17. **Gender and Cross-cultural Differences in Somatic Reactions to Stress**
Tea Lukačić
18. **The adequacy of social support in the context of resources of units**
Anna Katarzyna Zaleszczyk
19. **Medically unexplained syndromes – looking for common reasons**
Aleksandra Smotrycka, Agnieszka Kulik, Natalia Kajka
20. **More than a characteristic of development: Utility of the Social Anxiety Scale for Adolescents for measuring social anxiety**
Clíodhna O'Connor, Amanda Fitzgerald
21. **Supported employment and stress – A study of a cohort of psychiatric patients**
Fabio Tassi, Franco Babici, Giulia Pasquazzo, Alessia Lusina, Antonino Riolo
22. **Satisfaction with life depending on explicit and implicit attitudes towards high-calorie food in stressful situations caused by obesity**
Monika Pawłowska

23. Proactive coping as a mediator in relationships of positive emotionality with quality of life among Type 2 diabetes patients.
Dorota Kalka
24. Comparison of perceived barriers in responding to domestic violence between health care professionals
Urška Smrke, Saša Zorjan, Lilijana Šprah
25. Cognitive-behavioral therapy of obsessive-compulsive disorder in children and adolescents
Ljubica Paradžik, Davorka Šarić, Nela Ercegović, Anica Biško, Silva Capurso
26. Sleep Beliefs, Sleep Characteristics and Circadian Typology in Students of Helping Professions
Ljubica Škvorc, Adrijana Košćec Bjelajac
27. Impulsivity in Panic Disorder Patients
Hilal Yigit, Atila Erol
28. Emotionally charged interactions with patients and employees' burnout: The mediating role of emotional dissonance and the moderating role of supervisor support
Yael Livne, Ruhama Goussinsky
29. Developing the Premenstrual Changes Inventory (PCI)
Albert Sesé, Rafael Jiménez, Alfonso Palmer, Juan José Montaña

08:30-10:00, Room: D1
Psychosomatic Symptoms and Disease
Chair: Siobhán Howard

Conscientiousness as a moderator of blood pressure reactivity during stress exposure in women

Amanda Sesker, Siobhán Howard, Brian Hughes

The Relationship of Personality Characteristics and Coping Strategies with Anxiety in Irritable Bowel Syndrome Patients

Cennet Yastıbaş, Gülay Dirik

Depression, anxiety and stress among patients with chronic pulmonary diseases before and after pulmonary rehabilitation program and in comparison to healthy controls

Latinka Basara, Tajana Jalušić Glunčić, Tanja Jurin

Posttraumatic stress in childhood cancer survivors

Ana Bogdanić, Marina Grubić, Sunčana Rokvić

Hawks and Doves among us: An evolutionary medicine perspective

Meri Tadinac, Ivana Hromatko, Lena Kotrulja

08:30-10:00, Room: D2
Symposium – From Cognition to Emotion: Understanding Implications of Transfer Induced Cognitive Change in Emotional Vulnerability and Resilience

Chair: Emmanuel Ducrocq, Berna Sari **Discussant:** Nick Berggren

Active worrying reduces working memory capacity

Berna Sari, Ernst Koster, Nazanin Derakhshan

The impact of cognitive control training on working memory capacity and emotional vulnerability in breast cancer survivors

Jessica Swainston, Nazanin Derakhshan

Training attentional control to reduce the impact of state anxiety on tennis performance: A combined approach using laboratory and field based methods

Emmanuel Ducrocq, Nazanin Derakhshan

The worrying mind in control: A cognitive training study in high worriers

Maud Grol, Anne Schwenzfeier, Johannes Stricker, Nazanin Derakhshan, Colette Hirsch, Eni Becker, Elaine Fox

08:30-10:00, Room: D3

Stress and Coping: Children, Adolescents and Young Adults

Chair: Nina Pavlin Bernardić

Differences in stress and coping between institutionalized and non-institutionalized children

Emilia Lucio, Consuelo Durán, Edith Romero

Resilience: The comparative roles of family functioning and school connectedness

Vicki McKenzie

Children's coping types and parental practices perception

Karla Brito, Emilia Lucio

General life stress of parents of adolescents: Its sources and relationship with parenting

Gordana Keresteš, Irma Brković

The stress of 'forced adulthood': Comparing young people in India and the UK

Raginie Duara, Anna Madill, Siobhan Hugh-Jones

Perceived parent and peer trust and its relations to anxiety sensitivity, pathological worry and GAD symptoms

Svjetlana Salkičević, Doris Čuržik

08:30-10:00, Room: D5

Measuring Stress, Anxiety and Resilience

Chair: Blaž Rebernjak

Using the Strengths and Difficulties Questionnaire (SDQ) in both clinical and community samples

Iva Zečević, Vlatka Boričević Maršanić, Helena Hamilton

Stressors Experienced during Combat Deployment among Canadian Armed Forces Members: Factor Structure of a Combat Exposure Scale

Kerry Sodom, Isabelle Richer, Kimberley Watkins, Jennifer Born, Mark Zamorski

Validating the Rosenberg Self-Esteem Scale with Australian Education major students using Rasch modelling

Richard O'Donovan, John Ehrich, Shu Chao

Psychometric assessment of the 10-item Connor-Davidson Resilience Scale
John Ehrich, Angela Mornane, Tim Powers

10:00-10:30, Library Hall
Coffee Break and Poster Session

10:30-12:00, Room: D1
Open Meeting: Discussion on the Future of STAR
Chair: Albert Sesé

10:30-12:00, Room: D2
Stress and Coping: Older Adults and Their Caregivers
Chair: Andrea Vranić

Knowledge on cognitive aging and job-related well-being: Ageism as moderator?

Ana Raguž, Andrea Vranić, Anita Lauri Korajlija

The Predictive Roles of Perceived Social Support, Early Maladaptive Schemas, Parenting Styles, and Schema Coping Processes in Depression Levels of Primary Caregivers of Dementia Patients

Elçin Yorulma, Özlem Bozo

Tai Chi and its Effect on Perceived Stress Level of Older Adults

Hala Tamim, Theresa Kim

Older adult suicide: Why are men so vulnerable, and why the variability among men?

Silvia Canetto

Psychological aspects of living with a spouse with Parkinson's disease

Miša Bakan

10:30-12:00, Room: D3
Intra-Family Conflicts and Violence
Chair: Claire Sangster Jokić

Coping with domestic violence: Experiences of victims in the health care setting
Sanja Cukut Krilić, Melita Zver Makovec

Different aspects of anxiety symptoms in children who witness domestic violence
Bruna Profaca, Sena Puhovski, Gordana Buljan Flander

Violence against Children: Raising Awareness amongst Arab Women Students
Amal Taha-Fahoum

Coping, perceived control, positive thinking, self-control and social support as predictors of adolescent outcomes in marginalized settings
Blanca Barcelata, Raquel Rodriguez, Maria Elena Marquez-Caraveo

Losses as potential sources of aggression and violence
Lidija Arambašić

10:30-12:00, Room: D5
Symposium – Measuring General Distress: Using the Clinical Outcomes in Routines Evaluation – Outcome Measure (CORE-OM) in Various European Contexts
Chair: Nataša Jokić-Begić **Discussant:** Chris Evans

CORE-OM in Europe (and beyond)
Chris Evans

CORE-OM: Why official translation is important?
Anita Lauri Korajlija, Tanja Jurin, Nataša Jokić-Begić

The validation and standardization of CORE-OM in Albanian
Blerta Bodinaku, Dan Pokorny

Validation of the Portuguese Version of the Clinical Outcomes in Routine Evaluation Outcome Measure (CORE-OM)
Chris Evans, Luis Faisca, Paula Alves, Carla Moleiro, Celia Sales

CORE-OM in cognitive behavioral therapy practice
Ana Staničić

Convergent Validity of CORE-OM on a Sample of Free-of-charge Psychotherapy Clients in Serbia

Dragan Žuljević, Vesna Gavrilov-Jerković, Veljko Jovanović, Milica Lazić, Ivan Jerković

The Use of CORE Measures in Randomised Controlled Trials

Juan C. Medina, Adriana Trujillo, Guillem Feixas

12:00-13:00, Room: D7

Keynote: Contemporary Challenges of Coping with Unemployment

Darja Maslić Seršić

Chair: Anita Lauri Korajlija

13:00-14:00, 1st floor lobby of the Faculty

Lunch

14:00-15:30, Room: D1

Mental Health Problems and Disorders Related to Stress

Chair: Vlatka Boričević Maršanić

Mind Maps as a tool for coping with educational stress in children with ADHD

Natalia Kajka

Looming cognitive style, anxiety sensitivity and anxiety as predictors of different stress coping strategies in panic disorder and non-clinical population – implications for CBT

Doris Čuržik

Investigation of Resilience among Adolescent Girls with Anorexia Nervosa

Andrea Kövesdi, Petra Bokor, Nagy László, Enikő Csilla Kiss

Alerting, orienting and conflict monitoring in children with anxiety disorders: Evidences from an emotional Attention Network Task

Mandy Rossignol

Somatization – unrecognized mental health problem in children and adolescents

Vlatka Boričević Maršanić, Nela Ercegović, Iva Radoš, Tomislav Franić

14:00-15:30, Room: D2
Stress and Anxiety Reducing Interventions
Chair: Damir Ljubotina

Changes in trait brainwave power and coherence, state and trait anxiety after three-month Transcendental meditation (TM) practice

Helena Tomljenović, Dražen Begić, Miro Jakovljević, Zora Maštrović

The Effectiveness of Forgiveness Therapy from a Non-Religious Framework in Counseling, Peace-building, PTSD and Trauma Work

James Dincalci

Randomized controlled trial of exercise and biofeedback interventions for highly stressed adults: Preliminary findings of psychological effects

Amy Welch, Melissa Rixon, Emily Sokolowski

"We are all in it together": Benefits of participation in collective emotional gatherings and communal coping in the aftermath of a collective trauma

Anna Włodarczyk, Nekane Basabe, Dario Páez, Bernard Rimé, Loreto Villagrán, Carlos Reyes, Felipe E. García, Larraitz Zumeta, Magdalena Bobowik, Alberto Amutio, Zlatko Šram

FRIENDS for Life: An effective intervention to reduce anxiety in a young Irish sample?

Siobhán Howard, Cáit O'Sullivan

Constructivist Psychotherapy for Anxiety: Understanding the Role of Cognitive Conflicts

Clara Paz, Juan C. Medina, Olga Pucurull, Guillem Feixas

14:00-15:30, Room: D3
Symposium – Stress and Intimate Relationships
Chair: Željka Kamenov

Adolescent dating violence perpetration and victimization: The role of school norms for dating behavior

Ajana Löw, Dean Ajduković

Time perspective, perceived stress, self-control and relationship satisfaction in heterosexual dating relationships

Aleksandra Huić, Tina Krznarić, Željka Kamenov

How problematic are (perceived) partner's negative behaviors for relationship satisfaction?

Margareta Jelić, Željka Kamenov, Aleksandra Huić

Ladies need a break from work: Partners' recovery from work and relationship satisfaction
Svjetlana Salkičević, Maša Tonković Grabovac, Ajana Löw

Actor and partner effects of attachment on young couples' dyadic coping
Lana Batinić, Željka Kamenov

Relationship satisfaction of mental health patients - the role of individual and dyadic coping with stress
Ivana Bahun, Aleksandra Huić

14:00-17:00, Conference Room, Library
Post-conference Workshop

Treatment of Prolonged Grief Disorder
Rita Rosner

14:00-20:00, Computer Room, Library
Post-conference Workshop

Introduction to Moderation and Mediation Analysis in R
Blaž Rebernjak

15:30-16:30, Room: D1
Closing Ceremony & Business Meeting

17:00-20:00, Room D1
Post-conference Workshop

How to use the CORE or Other Routine Outcomes Measures Most Effectively
Chris Evans

17:00-20:00, Room A-203
Post-conference Workshop

Working with Parents of Anxious Children: Using the Therapeutic Approach of Non-Violent Resistance (NVR)
Ohad Nahum

MORE DETAILS ABOUT 37TH STAR ETHNO ANTISTRESS ZONE

Akiko Sato: "Shelter for the feeling" / Lace Tent Project, 2007-2008,
in collaboration with 10 lacemakers from "Lace Makers Association Danica Brösller"
Space installation 140 x 280 cm



Akiko Sato was born in Mie Japan, spent part of her childhood in Philippines. She attended Kuwasawa Design School in Tokyo, Japan, where she studied interior architecture. She moved to Seattle, USA, where she holds BFA from Cornish College of the Arts. Akiko Sato is a multi media artist, currently lives in Croatia. Her works stem from collaborative theater work, to installation, performance, and community involving art work.

"I moved to Croatia in the year 2003. A major difference from the last time I moved was that, this time, I was a mother. I was breast-feeding my daughter and with the help of jet lag, I was often left in the silence in the midst of darkness. Beyond the

window there was something unknown and strange, a new world I did not know well. As I was lying in bed, my eye followed the movements of the wind captured in the shadow of lace. A soft pattern was moving along the floor and the window pane. Punto in Aria stitches in the air, as some call lace. I was in a dream, I was embraced by the beautiful shadow of lace.

Each culture is like the current of a stream, with a group of people who share time together. I felt like a ball of sponge just thrown into a different current, floating on the surface of the water. I had to start collecting new knowledge. Just like the sponge when it gets heavy with water and sinks, I too had to sink into the stream to become a part of it, and to feel much more comfortable. The mother-in-law, whom I had never met, gazes very kindly at me, smiling in the photograph. If she was alive, she would probably have gladly helped me by giving me various advices. Thinking about it, I remember how my father-in-law gave me a bag full of lace saying: 'Would you be interested in taking this, I don't need it since there is no woman in the house.' It was my first contact with lace in Croatia. Stains on the lace appeared to me like a door to a time-machine, sweeping me into the real life of when this lace had been used. Smells of good soup from the kitchen, how to wash white linen, a lullaby that everybody knows, the magic words that turn every child's worries into a smile. I took the pieces of lace into my hand, one by one, unfolding with them all the household tips, elements of home, things that my daughter deserves to have.

I use the tent metaphorically in my work, as a basic unit of home, a portable home, which one can fold and take away to the next destination. The process of the Lace Tent Project was a quenching experience, as it progressed, the earliest perception of the lace tent I had envisaged was slowly replaced with what grew to be a solid reality reinforced by many people's efforts, ideas and help.

The tent was formed with infinite stories of the rural life of Lepoglava women, poem of obsessive quest for beauty in the microscopic world of lace."

STAR(wo)man brooch, made by KLOBOOK



KLOBOOK is a therapeutic group for individuals being treated for cancer at the psychiatric hospital Čakovec. This program, led by psychologist Andreja Bogdan and psychiatrist Živko Mišević, aims to provide psychological support to oncology patients. It also includes an occupational therapy-led program in which participants make decorative crafts, pictures, greeting cards and jewelry using various techniques and materials. The creativity and enthusiasm of this group of 20 individuals helped inspire and create STAR(wo)man brooch. Each brooch has been individually crafted with great joy and care and, as such, we believe it will contribute to a unique and unforgettable experience for participants at the 37th STAR Conference in Zagreb.

Lepoglava Lace, The Lepoglava Lace Cooperative

Lepoglava is a town in the northwestern part of Croatia, well-known for its rich natural and cultural heritage, especially its old tradition of lace making and international lace festivals that have been held there since 1997. The skill of making Lepoglava lace, along with those from the islands of Pag and Hvar, was inscribed in the UNESCO List of Intangible Cultural Heritage in 2009. Bobbin lace based

on Danica Brössler's designs is still made in Lepoglava and it carries the name of "Lepoglava lace".

The Lepoglava Lace Cooperative participated at the exhibitions held at the Museum of Lace in Volgodna (Russia) and in the Chinese cities of Shanghai, Shenzhen and Guangzhou. Since 2013, the association has been making jewelry with Lepoglava lace (necklaces, bracelets, earrings and brooches). The jewelry has been successfully presented as a diplomatic gift at the national level, and their new owners are the Swedish queen, Japanese princess and the Dutch queen.

Snježana Varović found her inspiration in the beauty of Lepoglava lace, its motifs and "bobbin lace" technique. Flower lace petals, made by metalized thread, are complimented by glass beads, various stones or Swarovski crystals, and are shaped into necklaces or chain threads.



Every single piece of jewelry, necklace, chain, earring, or a bracelet, is a new and unique creation made for a specific occasion, dress or a person. She says: "I love creating pieces for a person I know, because the final creation has a part of their personality embedded in it."

ACKNOWLEDGEMENTS

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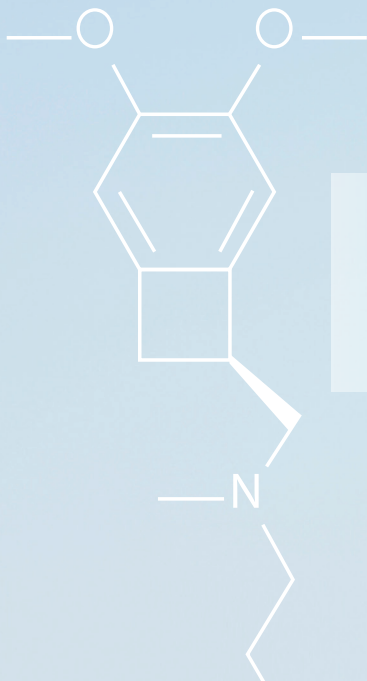
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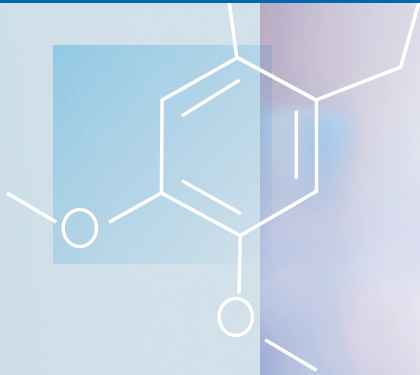


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